



# EDUCATION ABROAD BUDGET WORKSHEET

The purpose of this budget is to provide an estimate of how much studying abroad is going to cost. Actual spending may vary.  
Bring this completed worksheet to a meeting with a Student Financial Aid Counselor.

**Education Abroad Program:** Sophia University Exchange (Tokyo, Japan)  
**Program Type:** SU-Exchange **Program Term(s):** Spring Semester (Spring Quarter)

## SU Tuition & Fees\*

These costs appear on your SU bill.

		Education Abroad Program	Compared to SQ expenses on SU campus
Item	Details	Cost (USD)	Cost (USD)
<b>Tuition</b>	Students studying abroad on this program will be billed 1 quarter of SU tuition per semester.	<b>15855</b>	<b>15855</b>
<b>Technology Fee</b>	Students are billed \$175/quarter.	<b>175</b>	<b>175</b>
<b>Recreation Fee</b>	Students are billed \$100/quarter while on campus.	<b>N/A</b>	<b>100</b>
<b>A. Total Tuition &amp; Fees</b>		<b>16030</b>	<b>16130</b>

## Additional Estimated Expenses

		Education Abroad Program	Compared to SQ expenses on SU campus
Item	Details	Cost (USD)	Cost (USD)
<b>Books/Materials</b>	A good estimate is \$300 per term if information is not provided.	<b>225</b>	
<b>Housing</b>	Cost of housing varies by program and housing type.	<b>3000</b>	
<b>Food</b>	Cost of food varies by program and personal eating habits.	<b>2000</b>	
<b>Airfare</b>	Estimate cost of roundtrip ticket to program location. Search the web or consult a travel agent for actual price.	<b>1500</b>	
<b>Local Transportation</b>	Local transportation could include bus fare, trains, taxis, etc.	<b>500</b>	
<b>Personal Spending</b>	Personal spending depends on lifestyle and may include toiletries, clothing, nights out, souvenirs, etc.	<b>1500</b>	
<b>Medical/Travel Insurance</b>	Students participating in an SU-Exchange program will be automatically enrolled in Global Medical Insurance through CISI. The price listed here reflects an estimated expense of \$1.61/day.	<b>200</b>	
<b>Passport</b>	\$145 for a new passport and \$110 to renew (only if needed). The expiration date must be at least six months after scheduled return from program location.		
<b>Visa</b>	Cost of visa plus required photos, documents, and/or travel expenses to and from the nearest consulate.	<b>200</b>	

This budget is authorized by the Education Abroad Office as a cost estimate.

\*Based on 2020-2021 tuition and fees and subject to change.

<b>Emergency funds</b>	Recommended to allocate \$500 for emergencies.	<b>500</b>	
<b>Other</b>	Please Specify:		

**B. Total Estimated Additional Expenses**

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**Financial Aid**

*These awards are subtracted from your total SU bill.*

Item	Details	Education Abroad Program	Compared to SQ aid on SU campus
		Amount (USD)	Amount (USD)
<b>Federal &amp; State Aid</b>	Regardless of whether studying on SU campus or abroad, students will receive <b>1 quarter of Federal &amp; State Aid</b> towards Spring Quarter.		
<b>SU Scholarships &amp; Grants</b>	Students studying abroad for one quarter on this program will receive <b>1 quarter of SU Aid</b> . Divide annual award by 3 to determine how much SU aid will be applied towards one quarter abroad and one quarter on SU campus.		
<b>Additional Aid</b>	This includes any additional aid students receive during this term on campus and/or any study abroad scholarships.		

**C. Total Financial Aid**

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**Total Out-of-Pocket Expenses (A + B – C)**

Education Abroad Program	Compared to SQ expenses on SU campus
<b>D.</b>	<b>E.</b>

**Difference (D – E)**

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