

The example below assumes that you enter Seattle University with junior standing (90 credits), have earned a transferable associate's degree, and have successfully completed the following:

Seattle University Course Number and Title	Washington State Community College Common Course Number
Language 1150, 1250, and 1350 KINE 1100/1101 Applied Human Anatomy and Lab and KINE 1200/1201 Applied Human Physiology and Lab	Foreign Language or ASL 121, 122 and 123 or demonstrated proficiency BIOL& 241 and BIOL& 242

Visit the Transfer Equivalency Guide on the Transfer Tools site for more information on how your credits may transfer to SU: <https://www.seattleu.edu/registrar/transfer-tools/>. Some courses not listed on the Transfer Equivalency Guide may still transfer to SU. For courses not found on this tool, compare course descriptions with SU's course catalog to determine equivalent courses at your college/university: <http://catalog.seattleu.edu/>

*This is a sample and not the only way to complete this plan. Number of credits are in parentheses. \*Some classes have prerequisites.*

## Year 1

Fall	Winter	Spring	Steps for Success
UCOR Module II* (5)	UCOR Module II* (5)	HIST 1200, 1210, or 2310 (5)	<input type="checkbox"/> Meet with Advisor <input type="checkbox"/> Draft Educational Plan <input type="checkbox"/> Get Involved <input type="checkbox"/> Attend KINE Internship Fair
KINE 2200 Biomechanics* (4)	KINE 1300 Health and Wellness (5)	KINE 3300 Physical Activity Across the Lifespan* (5)	
KINE 2201 Biomechanics Lab* (1)	KINE 2300 Exercise Physiology* (4)	KINE 3400 Principles of Human Nutrition* (5)	
KINE 2400 Motor Control and Learning* (4)	KINE 2301 Exercise Physiology Lab* (1)		
KINE 2401 Motor Control and Learning Lab* (1)			

## Year 2

Fall	Winter	Spring	Steps for Success
KINE 2100 Exercise Psychology *(5)	UCOR Module II* (5)	KINE 4950 Internship (5)	<input type="checkbox"/> Apply for Graduation on MySeattleU <input type="checkbox"/> Finalize Educational Plan <input type="checkbox"/> Attend Career Events <input type="checkbox"/> Post Grad Planning
KINE 3100 Professional Standards in Kinesiology* (3)	KINE 4950 Internship *(5)	UCOR Module III* (5)	
KINE 4100 Research Methods* (5)	KINE 3200 Exercise Programming* (4)	General Elective (5)	
General Elective (2)	KINE 3201 Exercise Programming Lab* (1)		

## University Core Requirements

UCOR classes are listed in the sample plan by what module is recommend. See below for UCOR course titles listed by Module. See [my.seattleu.edu](http://my.seattleu.edu) for prerequisites and [www.seattleu.edu/core](http://www.seattleu.edu/core) for course descriptions. Honors and Matteo Ricci students have different Core requirements.

### Module I

~~UCOR 1100 Academic Writing Seminar~~  
~~UCOR 1200 Quantitative Reasoning~~  
~~UCOR 1300 Creative Expression & Interpretation~~  
~~UCOR 1400 Inquiry Seminar in the Humanities~~  
~~UCOR 1600 Inquiry Seminar in the Social Sciences~~  
~~UCOR 1800 or 1810 Inquiry Seminar in the Natural Sciences~~

\*Module I waived with a DTA degree

### Module II

UCOR 2100 Theological Explorations  
UCOR 2500 Philosophy of the Human Person  
UCOR 2900 Ethical Reasoning

### Module III

~~UCOR 3100 Religion in a Global Context~~  
\*UCOR 3100 waived with a DTA degree  
Choose one:  
UCOR 3400 Humanities and Global Challenges  
OR  
UCOR 3600 Social Sciences and Global Challenges

## Important Major Information

- Credits in Major: 68
- Minimum Major GPA: 2.00 (some scholarships may require higher)
- College of Arts and Sciences Requirements: 20 credits
  - HIST 1200, 1210 or 2310
  - Modern Language 1150, 1250, 1350 or demonstrated proficiency
- All KINE courses must be graded a C- (1.7) or better.

## Resources for Success

- Map out your own plan through My.SeattleU.edu
- Meet with a Career Coach from Career Engagement Office
- Sign up for academic support with Learning Assistance Programs
- Explore career options at the “What Can I Do with This Major” page
- Learn more about academic advising on the Advising Services page

## Notes



Use MySeattleU Student Planning to plan your courses and work closely with your academic advisor on your educational plan. You are responsible for knowing information and tracking changes.  
Contact your Advising Center for support.

**Arts & Sciences Advising**  
[ASCAdvising@seattleu.edu](mailto:ASCAdvising@seattleu.edu)  
**Seattle U Advising Services**  
<http://www.seattleu.edu/advising>