Member Position Description

What is HAWC?
HAWC is a student organization that exists to assess and address student health and wellness needs through education, prevention, and peer support.

Strong applicants are…
- Passionate about learning how to increase wellness in the SU community, especially related to physical wellness, mental health, alcohol and other drugs education, and healthy relationships
- Dedicated to engaging others in ways that are kind and culturally competent
- Committed to developing trusting relationships among Seattle U students to promote connection and a sense of belonging
- Reliable and follow through with commitments
- Communicative and thrive as a member of a team
- Creative and able to think beyond what has already been done

Responsibilities
- Provide individual peer support to students
- Plan and implement campus wellness programs rooted in research as a team to serve campus needs
- Attend all team meetings (2 hr/wk), and all HAWC programs to support fellow team members
- Maintain office hours (2 hr/wk) in order to serve the team, office, and campus community
- Team members will also fulfill a role giving them responsibility for a functional area of the team. Specialization opportunities may include:
  - Engagement
  - External Communications
  - Event Logistics
  - Marketing
  - Budget
  - Office Management
  - Team Training
  - Campus Partnership
Perks of the Position

- Receive over 40 hours of training including two national certifications:
  - Mental Health First Aid
  - Certified Peer Educator
- Access to Wellness and Health Promotion office
- Experience in large and small scale event planning, implementation, and assessment
- Practice facilitating group workshops and individual sessions about health
- Dedicated access to an advisor who will provide both support and challenge
- Ongoing professional development opportunities including webinars, conference, etc.

Length of Term

- A full academic year (fall, winter, and spring quarters)
- All positions selected this spring will officially start September 2020.

Conflicts

Membership in the Health and Wellness Crew is unlike any other student leader position on campus. It is a significant commitment with tremendous rewards and we ask that you carefully consider all requirements as you decide to apply. Due to scheduling conflicts, we are aware that the following positions cannot be held at the same time as HAWC. We invite you to speak with us directly as you determine which leadership opportunity will be best for you next year.

- Connections Leadership Program (CLP)
- Orientation Advisor (OA)
- Resident Assistant (RA)

Questions

If you have questions about the position or the application process, please contact the HAWC Advisor:
Zac Galván
Program Coordinator
Wellness and Health Promotion
206-220-8561
galvanzchar@seattleu.edu