

An Ignatian Silent Retreat Fri Feb 2 – Sun Feb 4, 2024

Retreat Team: Greg Celio SJ, Kathy Collins, Andrea Fontana, Ross Hays, Maria Ochoa Vazquez, Natch Ohno SJ, Stephanie Ragland, Brooke Rufo Hill

FRIDAY

4:00 pm	Arrive, Get Settled	Retreat Center
5:30 pm	DINNER	Dining Room
6:30 pm	Retreat Overview and Introductions	Water View Rm
7:30 pm	BREAK	
7:45 pm	Reflection I: Principle and Foundation/First Week of the Spiritual Exercises <i>Silence begins</i>	Water View Rm

SATURDAY

7:45 am	Morning Prayer (optional)	Water View Rm
8:15 am	BREAKFAST	Dining Room
9:00 am	Reflection II: Second Week	Water View Rm
9:30 am	<i>Time for prayer, reflection, and spiritual direction</i>	
12:00 pm	LUNCH <i>Time for prayer, reflection, and spiritual direction</i>	Dining Room
4:30 pm	Ritual of Healing and Reconciliation	Water View Rm
6:00 pm	DINNER	Dining Room
7:15 pm	Reflection III: Third Week	Water View Rm

SUNDAY

7:30 am	Mass (optional)	Chapel
8:15 am	BREAKFAST	Dining Room
9:00 am	Reflection IV: Fourth Week/Contemplatio	Water View Rm
9:30 am	<i>Time for prayer, reflection, and spiritual direction</i>	
11:30 am	Retreat Closing and Sharing of Graces	Water View Rm
12:30 pm	LUNCH <i>silence ends</i>	Dining Room
2:00 pm	Pack, Clean Up, and Depart	