

CORNISH COLLEGE OF THE ARTS  
SEATTLE UNIVERSITY

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# DANCE

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## First Year Supplies and Materials 2025-2026

This supply list is for all incoming Dance students at Cornish. It includes both attire and equipment required for a successful year in the Dance program. Please read this document thoroughly to ensure you're ready to go before classes begin!

### Content:

1. Required Supplies and Materials 2025-2026
2. Recommended Supplies and Materials 2025-2026
3. Laptop Requirements and Recommendations

## 1. Required Supplies and Materials 2025-2026

As you enter Cornish, you are expected to acquire supplies just as you would buy textbooks. Below is a list designed to encompass the basic needs of many first-year required studio courses. All supplies will continue to be useful throughout your years of study at Cornish. Additional supplies may need to be purchased throughout the year for specific classes, projects, or personal work outside of class.

We would like you to have these supplies for the first day of each class except where otherwise noted. There is no need to have everything be brand new or brand name in clothing or books! You are welcome to search online for used, refurbished, or rental copies of textbooks. You can also check with the Cornish library to see if texts are available in electronic form and they have a textbook rental program for students who qualify. You can reach the library at [libraryref@cornish.edu](mailto:libraryref@cornish.edu). You can also get in touch with the Dance Department Chair at [aswersky@cornish.edu](mailto:aswersky@cornish.edu) if you have questions.

## **Dance Attire:**

### **Physical Practices/Technique Courses:**

- ☐ Leotards (any color, dancer's choice)
- ☐ Tights (any color, dancer's choice)
- ☐ Ballet slippers (canvas, split sole)
- ☐ Other dancewear: Unitards, leggings, etc., or athleisure/movement clothing. Do not feel that your clothing needs to be form fitting, it can be loose and breathable if you prefer.
- ☐ Socks for dancing
- ☐ Dance Shoes for Street Styles classes
- ☐ Knee pads
- ☐ Sketchbook/notebook and drawing pencils (for creative projects, choreography notes, and in class writing exercises)

### **General Equipment/Dancewear:**

- ☐ Warm-up clothing (sweatpants, sweaters)
- ☐ Hair ties and hairpins (to secure hair away from face)
- ☐ Water Bottle
- ☐ Dance bag (to carry all supplies)

## **2. Recommended Supplies and Materials 2025-2026**

All recommended supplies are optional but are recommended because you may want to have them on hand while studying at Cornish and after you graduate.

### **Dance Equipment:**

- ☐ Yoga mat (for conditioning and somatic practices)
- ☐ Foam roller and/or massage balls (for muscle release and conditioning)
- ☐ TheraBands or resistance bands (various strengths)
- ☐ KT Sports Tape
- ☐ Ice Packs
- ☐ Bandages

- ☐ Icy Hot
- ☐ Tiger Balm
- ☐ Arnicare gel
- ☐ Percussion massager like a Theragun
- ☐ Braces or supportware that you may need in order to maintain the health of your body.
- ☐ Pointe shoes (as needed, consult with instructor)
- ☐ Ballet skirt (this is 100% optional)

### 3. Incoming Student Laptop Requirements and Recommendations

Having a laptop is one of the most important tools for your academic and professional development as a Dance student. While you do not need the most high-end computer that supports intensive visual arts tasks, a reliable laptop will be essential for your coursework, research, and creative projects.

**Note:** In your Junior year you will be taking Digital Dance Studies which will incorporate video editing. Additionally, If you plan to take any visual arts or design classes as part of your college or open electives, you may want to consider investing in a more powerful laptop and an external SSD Drive. While Cornish does have a visual arts and design computer lab available for students to use, many students prefer the flexibility of being able to complete their editing, visual arts, and design work from any place they choose. If you are fine with using the facilities on campus, a standard MacBook Air or a standard PC will suffice.

Please contact the Admissions Team at: [admission@cornish.edu](mailto:admission@cornish.edu) should you have any questions or need advice on the purchase of a laptop.

If you need financial assistance in purchasing a laptop, please contact your financial aid counselor at [finaid@cornish.edu](mailto:finaid@cornish.edu) for guidance in identifying any available options. Some students can borrow more in private loans or Parent Plus loans for the first year that they can use when purchasing a laptop.

## **Apple Laptop Examples:**

### **Apple Standard Specifications:**

- MacBook Air
- Apple M1 or M2 chip (or newer)
- 8GB Unified Memory
- 256GB SSD Storage
- 13-inch display
- Magic Keyboard
- Force Touch trackpad
- \$999.00 and up (with Apple for Education pricing)

### **Apple Enhanced Specifications (if you plan on taking visual arts or design electives):**

- MacBook Pro
- Apple M2 or M3 chip
- 16GB Unified Memory
- 512GB SSD Storage
- 13-inch or larger display
- Magic Keyboard with Touch ID
- Force Touch trackpad
- \$1,299.00 and up (with Apple for Education pricing)

## **Windows Laptop Examples:**

### **Windows Standard Specifications:**

- Dell XPS 13 or similar
- Intel Core i5 processor
- 8GB RAM
- 256GB SSD Drive
- 13-inch display
- \$800.00 and up

## **Windows Enhanced Specifications (if you plan on taking visual arts or design electives):**

- Dell XPS 15 or similar
- Intel Core i7 processor
- 16GB RAM
- 512GB SSD Drive
- 15-inch display
- \$1,200.00 and up

## **External Storage (if you plan on taking visual arts or design electives):**

- It is highly recommended to have an external hard drive for backup and additional storage. An example of a solid option is below.
  - Samsung T7 Portable SSD

## **Important Note:**

Only follow supply list information provided by Cornish Admissions or your program's Chair. If you have any doubts or need clarification, please connect with your admissions counselor or department coordinator.

## **Additional Resources:**

You may purchase your supplies and dancewear from any place you see fit. Additionally, if you need to purchase dance supplies while in Seattle, some local dancewear shops include: Dancewear Center and Centerstage Dance Shop.

If you have any questions or need further assistance, please do not hesitate to reach out to your admissions counselor directly, or email the Admissions Office at:

[admission@cornish.edu](mailto:admission@cornish.edu).

We look forward to welcoming you to campus and seeing the incredible work you will create!