Roommate Agreement

Communication is the most important factor in building a good roommate relationship. Many roommates assume they know how each other feels and do not discuss issues. These assumptions are not always correct and can lead to conflict. The Roommate Agreement will help you begin the process of discussing issues that have been found to be common sources of conflict. Once a potential conflict is identified, it can be resolved through compromise before a major problem arises.

Your RA is

**Breaking the Ice**

Is this the first time you are sharing a room?

Our hobbies and interests include:

Our lifestyle choices include (vegetarian, smoking, etc.):

**Studying**

Our preferences for studying include (ex. studying with the TV on? Studying with music? Studying in silence?):

Where will we do most of our studying?

**Sleep**

Most weeknights, each of us expects to go to sleep by this time:

Most weekend nights, each of us expects to go to sleep by this time:

What is okay to do in the morning while one roommate is still sleeping?

**Care of the Room**

Indicate how frequently and who will be responsible for the following:

<table>
<thead>
<tr>
<th>What</th>
<th>Who</th>
<th>How Often/When</th>
</tr>
</thead>
<tbody>
<tr>
<td>Empty trash, recycling, compost</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Vacuum</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Clean sink and vanity</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

If the condition of the room becomes a concern for either roommate(s), we agree to address the concern by:
**Guests in our Room**

We agree that overnight guests of the same sex, who is **not** in an amorous relationship (girlfriend, boyfriend, partner, etc.) with a roommate, **will** or **will not** be allowed to stay in the room (**circle one**).

How much notice should be provided to the other roommate(s) before an overnight guest visits?

**Sharing Belongings**

Circle whether you give permission for your roommate(s) to use the following items:

<table>
<thead>
<tr>
<th>Roommate Name:</th>
<th>TV/Video Games</th>
<th>Furniture (desk, bed, chairs)</th>
<th>Appliances (fridge/microwave)</th>
<th>Clothing</th>
<th>Food</th>
<th>Computer</th>
<th>Cell Phone</th>
<th>Personal Care Items</th>
<th>Other Items:</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Y /N /Ask</td>
<td>Y /N /Ask</td>
<td>Y /N /Ask</td>
<td>Y /N /Ask</td>
<td>Y /N /Ask</td>
<td>Y /N /Ask</td>
<td>Y /N /Ask</td>
<td>Y /N /Ask</td>
<td>Y /N /Ask</td>
</tr>
</tbody>
</table>

**Communication**

What causes you stress and how do you express stress? How can your roommate(s) help manage your stress or not add to your stress?

How will we tell each other if something is bothering us? (examples: confront it right away, ask RA for advice, etc.)

*Add additional pages if necessary!*