

Matthew Sorg

MLIS, MA, LMHC, EMDRIA Certified
Term Faculty, Department of Psychology
Seattle University
Seattle, WA

EDUCATION

Master of Arts, Psychology <i>Seattle University</i> — Seattle, WA <i>Concentration: Clinical Mental Health Counseling</i> <i>Internship: Community Mental Health</i>	June 2023
Bachelor of Science, Psychology, Summa Cum Laude <i>Washington State University</i> — Pullman, WA	May 2021
Master of Library and Information Science <i>University of Washington</i> — Seattle, WA	June 2009
Bachelor of Arts, English <i>Reed College</i> — Portland, OR <i>Thesis: Aesthetics and Style in Velvet Goldmine</i>	May 2002

LICENSURE, CERTIFICATION & POSTGRADUATE TRAINING

Licensed Mental Health Counselor, Washington State (#LH70020278; expires 7/2026)
EMDRIA Certified, November 2025
Certified Librarian, Washington State, June 2010

Postgraduate Clinical Training

• Ketamine-Assisted EMDR <i>Ketamine Assisted EMDR Institute</i>	Feb 2026
• Coherence Therapy and Memory Reconsolidation <i>Coherence Psychology Institute</i>	Jan 2026
• Essentials of Psychedelic Therapy <i>Fluence</i>	Dec 2025
• Hakomi Personhood Series <i>Seattle Hakomi</i>	Nov 2025–Present
• Journey Clinical Didactic and Experiential KAP Training <i>Journey Clinical</i>	Oct 2025
• EMBARK Open-Access Psychedelic Facilitation Model <i>Cybin</i>	Sep 2025
• Four Blinks – Flash Technique <i>EMDR Cleveland</i>	Jun & Sep 2025
• Advanced Flash Technique <i>Philip Manfield, PhD & Lewis Engel, PhD</i>	May 2025
• The Flash Technique: Basic Principles & Protocols <i>Philip Manfield, PhD</i>	Apr 2025
• Emotionally Focused Therapy for Couples <i>ICEEFT</i>	Jul 2024
• EMDR Certification Series (20 hrs consultation) <i>Christie Sprowls, PsyD</i>	Mar 2023–Feb 2024
• EMDR Therapy Basic Training	Nov 2022 & Jan 2023

TEACHING EXPERIENCE

Term Faculty, Department of Psychology

Feb 2024–Present

Seattle University — Seattle, WA

Courses Taught:

PSYC 4270: Introduction to Counseling (Fall 2025)

PSYC 5910: Crisis Intervention (Summer 2025)

PSYC 2150: Abnormal Psychology (Spring 2025)

PSYC 2050: Writing for Research in Psychology (Fall 2024, Winter 2025, Spring 2025, Fall 2025, Winter 2026, Spring 2026)

- Create browser-based Writing Toolkit providing automated feedback across 14 writing dimensions
- Design and maintain three-layer academic integrity system integrating policy, process documentation, and metadata analysis
- Collaborate with Psychology Department faculty and Library staff on course learning objectives and curriculum

Graduate Teaching Assistant

Sep 2021–Aug 2022

Seattle University — Seattle, WA

- Graded and provided feedback on papers for 121 students across four undergraduate psychology courses
- Developed and presented guest lecture on psychedelic clinical trials for Intro to Psychology

Teaching Assistant

Sep 2021–Aug 2022

Washington State University — Pullman, WA (Remote)

- Facilitated asynchronous discussions for Theories of Personality, Abnormal Psychology, and Learning Theory

Visiting Lecturer

Mar 2014–Jun 2014

University of Washington Information School — Seattle, WA

Courses Taught:

INFX 5492: XML Structures & Information Architecture (Spring 2014)

Graduate Assistant

Sep 2007–Jun 2009

University of Washington Information School — Seattle, WA

- Consulted with faculty to develop online versions of courses and advised on best practices for use of the online learning platform
- Supported strategic planning efforts and online course development for Information School administration

CLINICAL & CRISIS SERVICES

Clinical Practice

Psychotherapist, Private Practice

Aug 2023–Present

Epoché Psychotherapy — Seattle, WA

- Provide trauma-focused psychotherapy (EMDR, Brainspotting, Flash Technique) for adults
- Focus areas: complex/attachment trauma, LGBTQ+ concerns, men's mental health, anxiety/depression
- Offer Ketamine-Assisted Psychotherapy through Journey Clinical partnership
- Track outcomes using PHQ-9, GAD-7, PCL-5, and ISI; coordinate care with prescribers

Clinician II

Jun 2023–Feb 2024

Valley Cities Behavioral Health — Seattle, WA

- Managed caseload of 27–34 adult clients using existential/psychodynamic therapy with EMDR, MI, and DBT-informed skills
- Completed biopsychosocial assessments and Medicaid-standard treatment plans
- Delivered services with interpreters for non-English-speaking clients

Clinical Intern

Sep 2022–Jun 2023

Valley Cities Behavioral Health — Seattle, WA

- Provided mental health counseling for caseload of 18 adults in urban community mental health setting
- Completed training to support clients in DBT groups

Crisis Services

Crisis Services Clinician

Jul 2024–Oct 2024

Crisis Connections — Seattle, WA

- Supervised crisis-line volunteers serving nine Washington counties; provided real-time clinical guidance
- Triage calls on King County Crisis & Commitment Services line; determined disposition including mobile crisis outreach and DCR referral

Crisis Intervention Specialist

Aug 2022–May 2023

Crisis Connections — Seattle, WA

- Coordinated patient movement on single-bed certification across psychiatric units and E&T facilities
- Supported volunteer phone workers in assessing and resolving emergent and non-emergent crisis calls

Crisis Line Volunteer

Mar 2020–Aug 2022

Crisis Connections — Seattle, WA

- Provided ASIST-model interventions for King County Crisis Line and National Suicide Prevention Lifeline (988)
- Trained new volunteers through role-playing, mentoring, and speaking at recruitment events

RESEARCH & CONSULTING

Qualitative Data Analyst

Jun 2023–Sep 2023

Seattle University — Seattle, WA

- Conducted Interpretive Phenomenological Analysis on faculty interview data during NSF RED Grant implementation in Mechanical Engineering department

Independent Consultant

Jun 2024–Aug 2024

- Literature reviews on psychiatric pharmacovigilance: FAERS database analysis of psychiatric medications during pregnancy; Stevens-Johnson Syndrome/Toxic Epidermal Necrolysis and psychotropic medications

LIBRARY & INFORMATION SCIENCE

Senior Project Manager / Collections Development Manager

Jul 2016–Dec 2020

ProQuest — Seattle, WA

- Managed technology projects for discovery and management of academic journals and eBooks
- Led collection development librarians curating ProQuest Academic Complete eBook subscription collections
- Organized project eliminating 300k+ duplicate titles enabling customer upgrades to premium models
- Reduced data processing time by 66% and MARC record processing costs by 75%

Project Manager / Metadata Librarian

Dec 2009–May 2016

ProQuest — Seattle, WA

- Defined and managed enterprise-level projects across business units for Dialog, ProQuest, and Ebook Central product lines
- Developed and maintained full-text collections in Serials Solutions knowledgebase
- Saved \$2M in development costs through analysis leveraging legacy ingestion pipelines
- Reduced data collection costs by 50% via increased automation

Student Librarian

Nov 2007–Mar 2009

Seattle Public Library — Seattle, WA

- Provided outreach and reference services, collection development support, and instruction in an urban public library
- Taught basic computer and information literacy skills to seniors and the general population
- Maintained safe, welcoming library environments for diverse patron populations, including de-escalation and crisis response

AREAS OF INTEREST

Teaching: Academic writing pedagogy, AI and academic integrity, scaffolded writing instruction, consciousness studies

Clinical: Trauma-focused psychotherapy, EMDR, psychedelic-assisted therapy, men's mental health, LGBTQ+ affirmative practice

Research: Phenomenological methods, philosophical foundations of psychotherapy, pedagogical applications of AI