

Kate Reeves, M.A., LMFT

Washington State Licensed Marriage and Family Therapist #LF60603397

AAMFT Approved Supervisor

Education

Antioch University Los Angeles

Specialization focus: LGBT Affirmative Psychology

Culver City, CA

M.A., Clinical Psychology

Northwestern University

Major: Communication Studies

Evanston, IL

Bachelor of Science in Speech

New York University

Gallatin School of Individualized Study

New York, NY

Academic Teaching Experience

2014-Present Antioch University Seattle -
School of Applied Psychology, Couple and Family Therapy Program
Senior Lecturer June 2018-present
Adjunct Faculty Member July 2014-May 2018
Applied Family Therapy Workgroup
Courses taught:

- CFT Internship Case Consultation
- Individual Therapy in the Family System
- Applied Couple Therapy
- CFT Communication & Counseling Skills
- Systems Perspectives in Family Therapy
- Theories of Couple and Family Therapy

Lecture and Presentation Experience

2022 OCD 101: What OCD Is and Isn't
Co-presented with board and members of OCD Washington
Antioch University Clinical Internship special guest lecture

2019, 2020 Private Practice Strategies
Annual Mentor Day Invited speaker and panelist
Washington Association of Marriage and Family Therapy

2017 We're All a Little Bit Racist: Unintentional Bias and Ethical Clinical Practice
Annual Conference: "Finding Common Ground:
The Practice of Family Therapy in a Divided Nation"
Washington Association of Marriage and Family Therapy

2017 OCD and Family Treatment
Co-presented with Shereen Morse, MD, MHP
Seattle WAMFT Networking Group

2015-2016 Applied Improvisation Series: Soft Skills for Technical People; Mastering On
The Spot Communication; Constructive Conflict Resolution
co-taught with Briton Kolber, MA, LMFTA
General Assembly Seattle

2013-2016 From Socially Awkward to Socially Awesome
Bellevue College Continuing Education
Everett Community College Corporate & Continuing Education Center

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2014, 2015	Guest Instructor Improv/Theater Camp Ryther Aspiring Youth Program
2009-2014	Volunteer Educator and Facilitator Communication, conflict resolution, and healthy relationship workshops Youth Care
2010-2012	Annual Volunteer training presenter - Adolescent Development, Boundaries Lambert House
2007- 2009	High School Speaker Planned Parenthood Los Angeles

Clinical Experience

Therapy for 'Geeks
Individual, Relationship, and Family Therapy

Bellevue, WA
June 2013-present

Friends of Youth
Lead Case Manager, Transitional Living Program

Kirkland, WA
May 2013-May 2015

Los Angeles Gay and Lesbian Center
Mental Health Services Intern

Los Angeles, CA
March 2008-April 2009

Volunteer Experience

- OCD Washington - an affiliate of the International OCD Foundation
Board Member at Large 2022-present, President 2018-2022,
Vice President 2016-2018, Founding Board Member 2015
- International OCD Foundation
I-CBT Special Interest Group; LGBTQ Special Interest Group
- Washington Association for Marriage and Family Therapy
Secretary 2016-2018, At-Large Board Member 2016

Other Relevant Training and Qualifications

- Metacognitive Therapy with Dr. Pia Callesen
- A Neuro-affirming Approach to Treating OCD for Autism, ADHD, and Sensory Processing Disorder using I-CBT with Brittany Goff
- 2-Day Intensive OCD Treatment Group - Observer-Therapist with Reid Wilson
- "Cutting the Problem Down to the Size" and "Mapping the Unmapped" with David Epston
- Remembering Conversations with the Dying and Bereaved with Lorraine Hedtke
- Reclaiming Community Out of Catastrophe with Peggy Sax
- Supportive Parenting for Anxious Childhood Emotions: SPACE Training with Eli Lebowitz
- Behavior Therapy Training Institute (IOCDF training intensive)
- Gottman Method Couples Therapy - Level 3 Practicum Training