

Alexandra Adame, Ph.D.

Professor of Psychology
Seattle University

EDUCATION

- 2006-2010 **Miami University, Oxford, Ohio**
Doctor of Philosophy, Clinical Psychology
- 2009-2010 **SUNY Upstate Medical University, Syracuse, New York**
Pre-Doctoral Clinical Psychology Internship
- 2004-2006 **Miami University, Oxford, Ohio**
Master of Arts, Clinical Psychology
- 2000-2004 **Mount Holyoke College, South Hadley, Massachusetts**
Bachelor of Arts, Psychology, *Magna Cum Laude*

PROFESSIONAL APPOINTMENTS

- 2025-Present Chair, Department of Psychology Seattle University
- 2025-Present Practicum Director, Department of Psychology, Seattle University
- 2024-Present Professor, Department of Psychology, Seattle University
- 2016-2024 Associate Professor, Department of Psychology, Seattle University
- 2010-2016 Assistant Professor, Department of Psychology, Seattle University

FELLOWSHIPS & GRANTS

- 2022 *Summer Faculty Fellowship*. Awarded by Seattle University in support of faculty research projects.
- 2018 *Premiera Blue Cross Grant Support* (\$10,000). Behavioral health grant awarded to Plymouth Housing that helped support consultation work.
- 2013 *Summer Faculty Fellowship*. Awarded by Seattle University in support of faculty research projects.

PUBLICATIONS

Peer Reviewed Journals [* indicates SU student collaborators]

1. Adame, A. L., *Pierce, E., *Jimenez, A., *Shelby, T., *Parks, D. (2024).
How does self-identity change in eating disorder recovery? *Journal of Humanistic Psychology*, 1-27, DOI: 10.1177/00221678241255264
2. Adame, A. L. (2022). Self-in-relation: Martin Buber and D.W. Winnicott in dialogue.
The Humanistic Psychologist, 50(3), 376-388.
3. Adame, A. L., *Perry, C., & *Pierce, E. (2020). Community and housing

- first: A qualitative analysis of U.S.A. residents' perspectives. *Health and Social Care in the Community*, 28(4), 1292-1300.
4. *Cvetovac, M. E., & Adame, A. L. (2017). The wounded therapist: Understanding the relationship between personal suffering and clinical practice. *The Humanistic Psychologist*, 45(4), 348-366.
 5. Adame, A. L. (2016). "Present through it all": A qualitative exploration of psychotherapy and psychosis. *Journal of Humanistic Psychology*, 59(6), 859-876.
 6. Zerubavel, N., & Adame, A. L. (2014). Fostering dialogue in psychology: The costs of dogma and theoretical preciousness. *Qualitative Research in Psychology*, 11, 178-188.
 7. Adame, A. L. (2014). "There needs to be a place in society for madness": The psychiatric survivor movement and new directions in mental health care. *Journal of Humanistic Psychology*, 54, 456-475.
 8. Adame, A. L. (2012). The disappointed evangelist: Or, how I learned to stop worrying and love ambiguity. *Reflective Practice: International and Multidisciplinary Perspectives*, 13, 597-608.
 9. Adame, A. L. (2011). Negotiating discourses: The dialectical identities of survivor-therapists. *The Humanistic Psychologist*, 39, 324-337.
 10. Adame, A. L., Leitner, L. M., & Knudson, R. M. (2011). A poetic epiphany: Explorations of aesthetic forms of representation. *Qualitative Research in Psychology*, 8, 1-10.
 11. Adame, A. L., & Leitner, L. M. (2011). Dialogical constructivism: Martin Buber's enduring relevance to psychotherapy. *Journal of Humanistic Psychology*, 51, 41-60.
 12. Adame, A. L. & Leitner, L. M. (2009). Reverence and recovery: Experiential personal construct psychotherapy and transpersonal reverence. *Journal of Constructivist Psychology*, 22, 253-267.
 13. Adame, A. L., & Leitner, L. M. (2008). Breaking out of the mainstream: The evolution of peer support alternatives to the mental health system. *Ethical Human Psychology and Psychiatry*, 10, 146-162.
 14. Adame, A. L., & Knudson, R. M. (2008). Recovery and the good life: How psychiatric survivors are revisioning the healing process. *Journal of Humanistic Psychology*, 48, 142-164.
 15. Adame, A. L., & Knudson, R. M. (2007). Beyond the counter-narrative: Exploring alternative narratives of recovery from the psychiatric survivor movement. *Narrative Inquiry*, 17, 157-178.
 16. Knudson, R. M., Adame, A. L., & Finocan, G. M. (2006). Significant dreams: Repositioning the self narrative. *Dreaming*, 16, 215-222.
 17. Adame, A. L., & Hornstein, G. A. (2006). Representing madness: How are subjective experiences of emotional distress presented in first-person accounts? *The Humanistic Psychologist*, 34, 135-158.

Book

1. Adame, A. L., Bassman, R., Morsey, M., & Yates, K. (2017). *Exploring identities of psychiatric survivor therapists: Beyond us and them*. Palgrave Macmillan.

Book Chapters

1. Adame, A. L. (2015). Martin Buber and Emmanuel Levinas. In G. Kunz, K.C. Krycka, & G. Sayre (Eds.), *Psychotherapy for the other: Levinas and the face-to-face relationship* (pp. 79-96). Pittsburgh, PA: Duquesne University Press.
2. Adame, A. L., Pavlo, A. J., Smith, B. M., Schielke, H. J., & Leitner, L. M. (2009). Reflexivity, research, and practice: Explorations in experiential personal construct psychotherapy. In R. Butler (Ed.), *On reflection: Emphasizing the personal in personal construct theory* (pp. 375-388). Chichester, UK: Wiley.

Book Reviews

1. Adame, A. L. (2015). Constructing a thoughtful formulation: A review of *Formulation in psychology and psychotherapy: Making sense of people's problems (2nd ed)*. *Journal of Constructivist Psychology*, 28, 97-99.
2. Leitner, L. M., & Adame, A. L. (2007). Mainstream alternative treatments of emotional distress [A review of *Complementary and alternative treatments in mental health care*]. *PsycCRITIQUES—Contemporary Psychology: APA Review of Books*, 52 (No. 32).
3. Smith, B. M., & Adame, A. L. (2006). Qualitative research methods for psychologists: Introduction through empirical studies [book review]. *The Humanistic Psychologist*, 34, 299-302.

Recent Conference Presentations (45 total)

[* indicates SU student collaborators]

1. Raskin, J., Bridges, S. K., Langelini, F., & Adame, A. (August, 2024). Constructive Therapies in Action: Useful Strategies for Everyday Practice. Symposium presented at the American Psychological Association Convention. Seattle, Washington.
2. Adame, A. L. (March, 2024). Sitting with Uncertainty: How Mortality Salience Impacts the Lives of Cancer Patients and their Healthcare Teams. Paper presented at the 17th Annual Conference of the Society for Humanistic Psychology. Ann Arbor, Michigan.
3. *Pierce, E., *Jimenez, A., *Shelby, T., *Parks, D., & Adame, A.L. (March, 2023). Constructions of Healing: How Does the Self Change After Disordered Eating? Paper presented the 16th Annual Conference of the Society for Humanistic Psychology. Albuquerque, New Mexico.
4. Adame, A. L. (March, 2023). Embodying Uncertainty: How Accepting Doubt Can Help Us Heal. Paper presented the 16th Annual Conference of the Society for Humanistic Psychology. Albuquerque, New Mexico.
5. Adame, A. L., *Pierce, E., *Shelby, T., *Parks, D., *Jimenez, A., & *Jung, W. (August, 2022). Self-Identity and Eating Disorder Recovery: A Qualitative Analysis. Virtual Poster presented at American Psychological Association Convention. Minneapolis, MN.
6. Adame, A. L., *Perry, C., & *Pierce, E. (March, 2019). What Does Community Mean To You? Staff and Resident Perspectives From a Housing First Organization. Paper presented at the 12th Annual Conference of the Society for Humanistic Psychology. Corvallis, Oregon..

INVITED PRESENTATIONS

Faculty Lightening Talk (Fall, 2022)
SU Master of Arts Lecture Series (Winter, 2020)
Trauma-Informed Care & Compassion Fatigue at Plymouth Housing (Spring, 2019)
Community Building at Plymouth Housing (Summer, 2019)
Plymouth Housing All-Staff Meeting (Fall, 2016)
Panel Speaker at SU Mental Health Awareness Event (May, 2019)
Mount Holyoke College Alumna Speaker (Fall, 2018)
Faculty Works in Progress (Arts & Sciences) (2011 & 2021)
The Psychotherapy Cooperative Research Presentation (Spring, 2011)

COURSES TAUGHT

Undergraduate Level (*Developed new course)

*The Role of Death in Life (2025)
Introductory Psychology (2010-Present)
Writing for Research in Psychology (2012-Present)
Qualitative Research (2012-2025)
Senior Seminar (2016-Present)
Introduction to Counseling (2011-2017)
Group Dynamics (2011)
Department Honors Program Director (2012)

Graduate Level (*Developed new course)

*Psychotherapy: Theory & Practice (2020-2023)
*Community Consultation & Advocacy (2016, 2019 & 2021)
World of the Clinic (2010, 2014, 2018)
Clinical Supervision Seminar (2010-2016)
Therapeutic Communications (2010)

PROFESSIONAL CERTIFICATIONS

- Acceptance and Commitment Therapy Immersion Certificate (2025)
- Aging, Public Health & Palliative Care Certificate Program: University of Rochester Medical Center (2025)