

Susan N Golden “Nikki”
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EDUCATION:

2021 Doctor of Philosophy (Ph.D.) in Education (CACREP accreditation pending)
Antioch University, Seattle, WA
Concentration: Counselor Education and Supervision
Dissertation: Clinical Supervisors’ Experiences Addressing Age and Generational Cohort
Affiliations with Counseling Supervisees

2010 Master of Arts (M.A.) in Psychology
Antioch University, Seattle, WA
Concentration: Couple and Family Therapy

2005 Bachelor Arts (B.A.)
University of Washington
Concentration: Human Behavior and Ethics

PROFESSIONAL EXPERIENCE:

Fall 2021 Assistant Professor-Tenure Track
CACREP Accredited Counseling Program, Seattle University

2019-2021 Clinical Lecturer
CACREP Accredited Counseling Department, Seattle University

2018-2019 Adjunct Instructor
CACREP Accredited Counseling Department, Antioch University

TEACHING EXPERIENCE:

Graduate Courses - Seattle University

COUN 5080 Professional and Ethical Issues in Counseling (Summer 2021), Instructor
Online

COUN 5910 Human Sexuality in Counseling (Summer 2021), Instructor
Online

COUN-5800-01 Psychopharmacology (Spring 2021), Instructor
Online

COUN-5800-02 Psychopharmacology (Spring 2021), Instructor
Online

COUN 5590, Consultation and Supervision (Spring 2021), Instructor
Online

COUN 5170, Group Counseling Theories & Practice (Winter 2021), Instructor
Online

COUN 5510 Counseling Advanced Clinical Skills Lab (Winter 2021), Instructor
Online

COUN 5580 Intro to Clinical Mental Health Counseling (Winter 2021), Instructor
Online

COUN 5110 Counseling Theories (Fall 2020), Instructor
Online

COUN 5400 Diagnosis and Assessment (Fall 2020), Instructor
 Online
 COUN 5019 Addictions Counseling (Fall 2020), Instructor
 Online
 COUN 5910 Human Sexuality in Counseling (Summer 2020), Instructor
 Online
 COUN 5500 Counseling and Case Management (Summer 2020), Instructor
 Online
 COUN 5600 Family Systems (Spring 2020), Instructor
 Online
 COUN 5070 Counseling Across the Lifespan (Spring 2020), Instructor
 Online
 COUN 5170, Group Counseling Theories & Practice (Winter 2020), Instructor
 In Person
 COUN 5510 Counseling Advanced Clinical Skills Lab (Winter 2020), Instructor
 In Person
 COUN 5580 Intro to Clinical Mental Health Counseling (Winter 2020), Instructor
 In Person
 COUN 5110 Counseling Theories (Fall 2019), Instructor
 In Person
 COUN 5400 Diagnosis and Assessment (Fall 2019), Instructor
 In Person
 COUN 5070 Counseling Across the Lifespan (Fall 2019), Instructor
 In Person

Antioch University

COUN 5290 Survey of Addiction: Intro to Addiction Counseling Fundamentals (Summer 2018), Co-Instructor
 In Person
 COUN 5610 Addiction Psychopharmacology and the Physiology of Addiction (Summer 2018), Co-Instructor

Undergraduate Courses - Antioch University

PSYCH 4290 Family Systems Perspective (Winter 2019), Instructor
 In Person
 PSYCH 4800 Applied Mindfulness (Summer 2019), Instructor
 In Person

WORKSHOPS AND TRAININGS:

2018 - 2020	WA State Approved Suicide Training for Medical Providers, WA State
2019	Treatment of Co-Occurring Disorders; Mill Creek Family Services
2019	Treatment of Pregnant and Parenting Women with Addiction; Wonderland
2018	Self-Harm and Suicide, Youth and Family Wellness Fair; Snohomish County Public Health
2016	Co-occurring Treatment in WA State; WA State Co-Occurring Conference
2015	Seeking Safety and Trauma Informed Care; YouthCare Leadership Team
2015 - 2016	Best Practices in Co-Occurring Care; Ryther Clinical Staff
2015	Fetal Alcohol Syndrome Ryther Clinical and Non-clinical Staff

2012- 2015 Clinical Programming, Evergreen Manor Clinical Staff
2013 Trauma Informed Care; Evergreen Manor Clinical Staff
2012 Marijuana and Pregnancy; Snohomish County Nurses Association
2012 Pregnancy and Addiction; WIC Program Nurses

SCHOLARY PRODUCTIVITY:

Research Foci

- Intersectional identities and the clinical supervisory relationship
- LGBTGEQIAP+ population and counseling
- Sex therapy integrated with counseling
- Trauma and addiction

Refereed Paper Presentation

- DeJonge, B., & Golden, S.N. (2020, August 10-13). *Suicide intervention and treatment: Choosing models of intervention* [Conference Session]. International Counseling Convention, Kuching, Malaysia*

RESEARCH PROJECT EXPERIENCE:

2013-2015 **Women's Coordinator, University of Washington Research on Partnership to Enhance Services for Residential Treatment for Pregnant and Postpartum Women ("Partnership for Families (PFF)")**
Principle Investigator: Therese Grant, Ph.D.

CLINICAL EXPERIENCE:

2017-Present **Clinical Supervisor, Embrace Counseling Services**

2017-Present **Marriage and Family Therapist, Embrace Counseling Services**

- Provides couple, family, and individual therapy
- Utilizes evidence-based practices to provide quality care
- Develops initial and ongoing biopsychosocial assessments and treatment plans
- Provides case management services and inter-agency collaboration
- Maintains clinical records in accordance with Federal and State requirements

2017-Present **Marriage and Family Therapist, Mill Creek Family Services**

- Provides couple, family, and individual therapy
- Utilizes evidence-based practices to provide quality care and service
- Develops initial and ongoing biopsychosocial assessments and treatment plans
- Provides case management services and inter-agency collaboration
- Maintains clinical records in accordance with Federal and State requirements

2015-2017 **Clinical Supervisor and Lead Co-Occurring Therapist, Ryther**

- Provided supervision for licensed, unlicensed therapists, student interns, and CDPTs
- Assisted with tracking training, certifications, and licensure for supervisees
- Participated in hiring process including interviewing and onboarding
- Completed written reviews of supervisees
- Created the structure for the Co-occurring program
- Led Co-Occurring Consult Group for all staff

- Created and presented trainings regarding Co-Occurring clinical issues for all staff
- Represented agency at various community events
- Provided feedback to leadership team regarding productivity and program structure
- Assisted and attended DBHR audits
- Attended leadership meetings on a weekly basis
- Provided individual and family therapy to personal caseload
- Developed initial and ongoing psychosocial assessments and treatment plans
- Provided required case management services and inter-agency collaboration
- Maintained clinical records in accordance with Federal and State requirements
- Developed working relationships with referral sources
- Provided individual and family therapy with mental health, co-occurring, and substance use disorder clients
- Utilized evidence-based practices to provide quality care
- Developed initial and ongoing psychosocial assessments and treatment plans
- Provided required case management services and inter-agency collaboration
- Maintained clinical records in accordance with Federal and State requirements

2015-2015 Program Manager, Sea Mar Community Health Center

- Supervised unlicensed and licensed mental health clinicians and substance disorder clinicians
- Supervised non-clinical staff
- Responsible for compliance to ensure standards of State and Federal programs
- Led weekly staff meetings and trainings
- Handled and resolved client grievances
- Participated in internal regional peer audit process
- Responsible for leading trainings provided by Sea Mar, JCAHO, and the North Sound BHO
- Responsible for Quality Assurance tasks
- Met with external organizations to promote Sea Mar's services to increase collaboration
- Assisted with hiring procedures including interviewing and onboarding
- Approved all orders and purchasing
- Held a personal caseload of approximately ten high- risk clients
- Engaged in advocacy work including attended Latino Legislation Day

**2012-2015 Program Manager for Co-Occurring Residential Program(s), Evergreen
Recovery Center**

- Supervised Substance Use Disorder counselors (both Certified and Pre-certified)
- Supervised Mental Health Interns (in Graduate School and Post-Graduate School)
- Created a variety of trainings for both Clinical and non-clinical staff
- Created an online resource program for clinicians and non-clinicians
- Created the structure of the entire Co-Occurring program
- Implemented policies and procedures for both Clinical and non-clinical staff
- Responsible for compliance to ensure standards of State and Federal programs
- Collaborated with Community Partners including, but not limited to, State and Federal programs
- Instrumental in CARF certification including a specific mention in the approval letter
- Instrumental in DDCAT surveys with excellent ratings in both the Seattle and Everett locations

- Managed software implementation including creating new processes, new forms and attending weekly meetings
- Created structure for screening and admission of clients
- Women's Coordinator, University of Washington Research Project
- Participated in weekly meetings with UW Project Coordinator
- Responsible for data tracking for UW
- Supervised clinical staff involved in UW program
- Collaborated with UW staff in creating a sustainable program
- Attended and presented at National Conference for Excellence in Children's Systems

2011-2012 Lead Counselor for Co-Occurring Residential Program, Evergreen Recovery Center

- Facilitated educational groups, skills training groups, and process groups
- Formulated treatment plans and reviewed client progress
- Prepared monthly reports and discharge summaries for external resources
- Created and maintained all necessary documentation including progress notes and reports
- Participated in weekly clinical staffing
- Consulted and collaborated with other providers to provide the most effective treatment
- Participated in legal procedures when required

2010-2011 Outpatient Substance Use Disorder Counselor, Evergreen Recovery Center

- Provided individual and family counseling to co-occurring clients
- Facilitated educational groups, skills training groups, and process groups
- Created Family program including curriculum
- Prepared monthly reports and discharge summaries for external resources
- Created and maintained all necessary documentation
- Participated in weekly clinical staffing
- Consulted and collaborated with other providers to provide the most effective treatment

WORK EXPERIENCE:

2016-2017 Substance Use Disorder Quality Specialist, North Sound Behavioral Health Organization

- Assessed quality of care to maximize outcomes via quality assurance and performance improvement activities
- Authorized and denied services for clients based on Federal and State requirements
- Provided expertise on workflow in outpatient and inpatient settings for behavioral health agencies
- Coordinated and collaborated with stakeholder agencies
- Actively supported the transition to integrated behavioral health services
- Conducted trainings to increase behavioral health providers understanding of quality care and services
- Educated BHO staff on substance use disorders and co-occurring disorders
- Facilitated coordination between substance use disorder and co-occurring services via auditing clinical files and reviewing data reports
- Created policies and procedures for Snohomish County behavioral health agencies
- Presented on Co-Occurring Treatment at the WA State Co-Occurring Conference

PROFESSIONAL LEADERSHIP AND SERVICE:

2021-Current	Board Member, Political Advocacy Liaison, WA-SAIGE WA Division of SAIGE
2021-Current	Member, Sex Citizenship Working Group Seattle University
2021-Current	Member, Counseling Program Diversity, Equity, & Inclusion Committee Seattle University
2020-Current	Member, COE Leadership & Finance Team Seattle University
2020-Current	Member, COE Academic & Curriculum Review Committee Seattle University
2021-Current	Faculty Liaison, Addiction Counseling Track Seattle University
2019-Current	CACREP Liaison, Counseling Program Seattle University
2019-Current	CPCE Liaison, Counseling Program Seattle University
2019-2019	Member, Youth and Family Wellness Fair Committee Snohomish County Public Health

CERTIFICATIONS AND LICENSES:

- Licensed Marriage and Family Therapist LF60279910
- Substance Use Disorder Professional 60264277
- American Association for Marriage and Family Therapy Approved Supervisor
- WA State Approved Supervisor
- WA State Child Mental Health Specialist
- WA State Mental Health Professional
- NAADAC Master of Addictions Counselor
- Certified EMDR Clinician
- In process of Dialectical Behavior Therapy certification