

ALANA HONIGMAN, LICSW

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Education

Master of Social Work, August 2012

Smith College – Northampton, MA

Bachelor of Arts in Psychology, May 2007

Scripps College – Claremont, CA

Licenses and Certifications

Social Worker Independent Clinical License, 2017

WA State Department of Health – LW 60701326

Professional Experience

Adult Mental Health Program Manager, 2019-current

Therapeutic Health Services – Multiple Locations – Seattle Area, WA

- Manage a team of 20+ clinicians and supervisors who provide assessment, individual therapy, case management, and crisis support to 700+ adult clients in a community behavioral health setting
- Supervise clinical supervisors and provide adjunct supervision to clinicians as needed
- Facilitate a bi-weekly team meeting covering administrative and clinical topics and a monthly meeting of white clinicians to address anti-racism work in clinical practice and as it presents in work at THS
- Address personnel issues by serving as a moderator for clinicians and supervisors, problem solving solutions, developing and monitoring Performance Improvement Plans
- Coordinate with other program managers and senior leadership to develop new programs for effective and collaborative care, including a centralized intake system and co-occurring treatment care team
- Hire new staff, determine equitable compensation, coordinate schedules, ensure clients are being served
- Represent THS with King County Integrated Care Network, North Sounds BHO, and external agencies
- Respond to client grievances by developing comprehensive plans to address the concerns raised
- Provide learning opportunities to internship program participants through caseload, groups, and projects

Internship Program Supervisor, 2017-2019

Therapeutic Health Services – Multiple Locations – Seattle Area, WA

- Supervised undergraduate and graduate level social work interns and mental health staff across the agency
- Oriented new students through a multi-day structured program that serves to welcome, trained on agency policy and procedure, and provided introduction to clinical responsibilities
- Facilitated a bi-weekly intern seminar including case consultation and didactics for a cohort of 16 interns
- Coordinated with field offices at multiple schools regarding intern learning, social work competencies
- Selected interns through interview process and match them with appropriate agency program placement
- Provided individual therapy, facilitated group therapy, and completed assessments for agency clients

Lead Mental Health Clinician, 2015-2017

Therapeutic Health Services – Summit/Seneca Branch – Seattle, WA

- Oversaw a team of mental health staff and interns, trained in policy and procedure, consulted regarding clinical topics, and coordinated with clinical supervisor to support team's professional growth
- Managed a caseload of 45 therapy and case management clients on Medicaid with co-occurring diagnoses
- Engaged in care collaboration with substance use disorder professionals, peer support, vocational support, mental health prescribers, and medical professionals to provide effective care

Case Manager, 2013-2015

Sound Mental Health – Adult Services Metro – Seattle, WA

- Supported a caseload of 90+ clients through case management, individual therapy, and care coordination
- Facilitated groups, responded as on-call clinician to crisis situations, and completed intake assessments
- Participated in Domestic Violence/Mental Health Collaboration Project, an inter-agency collaborative team
- Supervised a graduate social work intern, helping to develop clinical skills, ethical practices, and a professional identity

Presentations

Seattle Here and Now - Episode 142 - Dealing with Holiday Stress 11/15/2020
Rainier Avenue Radio, Seattle, WA

Trauma-Informed Representation of Domestic Violence Survivors 05/12/2015
King County Bar Association, Seattle, WA

Understanding PTSD and Common Trauma Symptoms 10/09/2014
King County Bar Association, Seattle, WA

Collaborating to End Coercive Control 12/08/2014
King County Coalition to End Domestic Violence, Renton, WA

Direct and Mediated Effects of Childhood Maltreatment on Self-Harming Behavior (Poster) 05/24/2007
Association for Psychological Science Convention, Washington DC

Self-Harming Behavior and Etiology: The Need to Consider Past Suicide Attempts (Poster) 05/19/2007
Stanford Undergraduate Psychology Conference, Palo Alto, CA

Stereotypes of Men: The Content of the "Mr. Mom" Subgroup (Poster) 05/2005
Association for Psychological Science Convention, Los Angeles, CA

Publications

Honigman, Alana R., "Addressing client mental health within the personal training relationship" (2012). Master's Thesis, Smith College, Northampton, MA. <https://scholarworks.smith.edu/theses/892>

Honigman, Alana R., "Effects of childhood maltreatment, anxiety, and dissociation on female self-harming behavior" (2007). Bachelor's Thesis, Scripps College, Claremont, CA.