

EDUCATION & CERTIFICATIONS

Washington State Department of Health

WA State Approved Supervisor	(November, 2015)
Licensed Mental Health Counselor (LMHC) LH# 60331760	(January, 2013)
Child Mental Health Specialist (CMHS)	(December, 2012)
Mental Health Professional (MHP)	(December, 2012)

Association for Play Therapy

Approved Continuing Education Provider, #18-545	(May, 2018)
Registered Play Therapist - Supervisor (RPT-S), #S-1906	(February, 2016)
Registered Play Therapist (RPT) Credential, #T-2167, Superseded	(February, 2013)

Seattle University

MA Existential & Phenomenological Therapeutic Psychology (GPA: 3.87)	(June, 2010)
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Richmond, the American International University in London

BA, Clinical Psychology; <i>with First Class Honors</i>	(May, 2007)
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San Mateo Crisis and Suicide Prevention Center

Trained and Certified in Suicide Prevention	(June, 2007)
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RELATED EXPERIENCE

Seattle Play Therapy, PLLC

January 2013 - Present

Private Practice Business Owner, Child and Family Therapist

- Work with children and families using individual play therapy and child parent relationship therapy, family counseling and parenting support
- Coordinate with schools and other providers to facilitate continuity of care
- Create program and facilitate parent/child services to teen parents enrolled at a local high school
- Organize and submit business documents in line with state requirements, billing, insurance documents and financial planning to sustain business
- Create marketing materials, maintain website and network with other providers
- Hire and manage therapist employees and administrative staff
- Provide community based advocacy and trainings in the realm of child mental health, child and family therapy and play therapy
- Supervise and mentor associate therapists towards their state license in addition to clinicians working towards their Registered Play Therapist credential
- Create and facilitate a training program in line with Association for Play Therapy requirements of Approved Provider status

Seattle University, Department of Psychology

Winter 2014, and 2020 - Present

Adjunct Faculty

- Develop and provide 1 credit graduate course in Play Therapy
- Facilitate a yearlong practicum supervision course
- Provide feedback to students related to course work and reading material
- Maintain administrative records, and adhere to policies in line with Seattle University standards

A Home Within

March 2014 – July 2019

Clinical Director, Seattle Chapter

- A Home Within is a national organization focused on meeting the emotional needs of foster youth, by matching current and former foster kids with licensed volunteer therapists who provide weekly pro-bono therapy, “for as long as it takes!”
- Advocate and educate Seattle area community agencies and private therapists promoting the mission of A Home Within and facilitating the therapeutic match
- Provide a supportive community for therapists that volunteer with AHW by providing networking events and trainings
- Organize one continuing education training and one social event per year for volunteers

Washington State Association for Play Therapy

September 2011 – March 2014

President Elect, 2012, Board President, 2013

- Plan and facilitate conferences, training and networking groups that promote and advocate for play therapy
- Coordinate with local graduate schools to coordinate training and advocacy for play therapy
- Run board meetings; facilitate proper business conduct in line with national charter requirements and chapter bylaws
- Meet with interested play therapists to provide information and support in order to build community of play therapists in Washington
- Write articles and distribute newsletters to members and those interested in play therapy

Valley Cities Counseling and Consultation, Federal Way, WA

Child and Family Therapist, Clinician II

(November, 2010 – September, 2013)

Child and Family Therapist, Practicum Intern Auburn, WA

(August, 2009 – August 2010)

- Maintain a caseload of 40-60 clients, providing case management, crisis services and individual, family, and group counseling services to clients ages 2- 19 in the office, home, schools, and the community
- Observe students in school, work with and contribute to IEP plan development, advocating for supports for social, emotional and behaviorally challenged children
- Plan treatments, collaborating with schools, juvenile probation, courts, DSHS, primary care providers, wrap-around and other providers.
- Received training in Promoting First Relationships: Birth to Three, Love and Logic and Trauma-Focused Cognitive Behavioral Therapy (TFCBT). Received supervision and consultation from a Registered Play Therapy – Supervisor (RPT-S).
- Created a social skills curriculum for 8-10 year olds and facilitated group therapy
- Provided short-term counseling and community referrals through a grant from the City of Federal Way, to serve low-income families, not qualified to obtain state medical coverage. Was stationed in an elementary school one day per week (January 2011 – June 2012)
- Member of the Staff Advisory committee, a committee representing staff that works directly with the CEO to facilitate change within the agency

- Advocate for clinicians in an advisory committee to support transition to Electronic Health Records and Centralized Scheduling

Youth and Family Enrichment Services (YFES), San Mateo, CA
Crisis and Suicide Prevention Center, Telephone Counselor

Summer 2007, and
 April 2008 – August 2008

- >200 hrs on the Crisis Telephone Lines
- Responsible for 7 telephone lines; two drug and alcohol lines, one parent support line, one youth line and three crisis lines
- Provided referrals, active listening, and emotional support for those in crisis

Action for Autism, New Delhi, India

Sept 2007 – Dec 2007

Volunteer Program, Assistant Teacher for Autistic Children

- Assistant teacher and caregiver for autistic children aged 14 and under
- Assisted in providing emotionally supportive environment for mothers learning to connect with their autistic children in the “Mother-Child Program”
- Culturally divergent classroom setting; adjusted to limited home-made resources and ethical considerations different from traditional American organizations

PRESENTATIONS GIVEN

- Seattle University, MAP lecture: *Play Therapy, A Window Into the Child’s World*, March 14, 2013.
- Pacific Lutheran University, Guest Lecture MFT program: *Therapeutic Skills in Play Therapy*, July, 27, 2013.
- Seattle Counselors Association: *Introduction to Play Therapy*, May 16, 2014.
- National Sandplay Therapists of America Annual Conference: *Play Therapy Reflections*, with Janet Tatum, MSW, LCSW, Jungian Analyst, June 8, 2014.
- Seattle Pacific University, Guest Lecture MFT Graduate Program: *Introduction to Child Centered Play Therapy*, July 23, 2014.
- Washington Association of Marriage and Family Therapy: Family *Play Therapy*, August 1, 2014.
- Washington Association for Play Therapy, WAAPT Networking CE Event: *Engaging Parents in the Play Therapy Process*, December 2, 2014.
- Washington Association for Play Therapy, WAAPT Networking CE Event: *Aggression in Play Therapy* March 11, 2015.
- Washington Association for Play Therapy, Annual Conference: *Navigating Challenging Situations in Play Therapy*, March 27, 2015.
- San Juan School District: *Navigating Challenging Situations in Play Therapy*, April 18, 2015.
- Northwest School: 11th and 12th Grade Mentorship Class. *Introduction to Play Therapy*. April 21, 2017.
- Washington Association for Play Therapy: *Bibliotherapy and Play Therapy*. Networking CE Workshop, June 9, 2017.
- Family Systems Therapists Northwest: *Meaningful Moments in Play Therapy*, Salon CE Event, November 4, 2017.
- Northwest University, Guest Lecture MFT Graduate Program: *Introduction to Child Centered Play Therapy*, March 6, 2018

- Washington State Association for Play Therapy, Annual Conference: *Meaningful Moments in Play Therapy*, March 23, 2018
 - Seattle Play Therapy, Training Center, Private Practice Essentials: The Nuts and Bolts of Play Therapy in Private Practice, multiple dates
 - Seattle Play Therapy, Training Center, The Self of the Play Therapist, December, 2018
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PUBLICATIONS

- Crenshaw, D. & Newman, R., (June, 2017). The Crisis of Connection: Addressing Attachment Problems in Play Therapy. **Play Therapy Magazine**, 12(2), pp. 18-21.
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HONORS

- Seattle University, College of Art and Sciences, Alumni Spotlight
 - WA Association for Marriage and Family Therapy (2015) Family Advocacy Award, A Home Within
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PROFESSIONAL AFFILIATIONS

- Association for Play Therapy (APT), **WA Branch President (2013), Membership Director (2017)** Member, 2009 - Present
- Northwest Alliance for Psychoanalytic Study, **Board Member: Child Therapy Committee, (2015-present)** Member, 2015 - 2018