



EXPLORE • PREPARE • REINTEGRATE

SEATTLE UNIVERSITY

Exchange Program - Undergraduate

Information Sheet 2026-2027

General Information

Office	Education Abroad Office
Website	Seattle University https://www.seattleu.edu/ Exchange/Visiting Student https://www.seattleu.edu/isc/inbound-exchange/ New International students: https://www.seattleu.edu/isc/new-students/
Mailing Address	Seattle University 901 12 th Ave, Pavilion 124, Seattle, Washington, USA Tel: +1-206-296-2226
Contact Information	Jennifer Chan (Inbound – Admissions & Outbound) Aymie Tudi (Inbound - Post-acceptance) <ul style="list-style-type: none">• Pre-arrival, visa advising Email: suexchange@seattleu.edu

Institution

Foundation	Seattle University is a private Jesuit university founded in 1891 located in the heart of Seattle, dedicated to educating the whole person, to professional formation, and to empowering leaders for a just and humane world.
Key Features	#1 Economically Diverse University in Washington Several undergraduate programs ranked in the top 30 nationally 70+ countries represented in student community
Facts & Figures	5 Undergraduate Colleges with 49 departments, 6 Graduate Schools & Colleges with 23 departments 4171 undergraduate students out of a total of 7200 students enrolled in undergraduate and graduate programs 11:1 Student-to-Faculty ratio Faculty Staff: ~1400 (full & part-time) 371 Undergraduate international students (9%)
Campus Location	Seattle, Washington Seattle University is in the heart of tech-heavy Seattle, located near the eclectic Capitol Hill and First Hill neighborhoods near downtown Seattle. With access to the streetcar, the closest Link Light Rail Station is Capitol Hill Station. With easy access to the International Chinatown District and Downtown Seattle.

Academic Calendar (tentative 2026-2027)

Seattle University operates on the Quarter system, 10-week long terms with final exams.

<https://www.seattleu.edu/academics/academic-calendar/>

Terms	Fall Quarter	Winter Quarter	Spring Quarter
Term Dates	Sept 23 – Dec 7	Jan 5 – Mar 12	Mar 30 – Jun 6

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Recommended Arrival Date	Sept 14 (TBD)	Jan 3 (TBD)	Mar 26 (TBD)
Airport Pick-up	Move-in Day (Sept 14)	Not available	Not available
International Student Welcome Workshop (required)	Sept 15	Jan 3 (TBD)	Mar 30 (TBD)
Orientation & Welcome	Sept 18-25	Jan 4-9	Mar 27
Final Exams	Dec 8-Dec 14	Mar 16-20	Jun 8-13
Important Dates	Veteran's Day - Nov 11 Thanksgiving – Nov 25-27 Winter Brk – Dec 14-Jan 1	MLK Jr Day – Jan 18 Presidents' Day – Feb 15 Spring Brk – Mar 20-29	Easter Brk – Mar 26 – 29 Memorial Day – May 31 Celebration – Jun 11

Nomination & Application Deadlines			
Terms	For Fall Quarter /Academic Year	Winter Quarter	Spring Quarter
Online Nominations opens	Feb 1	Aug 1	Oct 1
Nomination Deadline	Mar 15	Sept 15	Nov 15
Application Deadline	Apr 1	Oct 1	Dec 1

Eligibility																				
GPA Requirement	The minimum GPA is 2.0 is required to participate in the exchange/visiting program. Students must meet the standards set by their home institution to study abroad.																			
Language Requirement	<p>Applicants for whom English is not a first/native language must demonstrate English Proficiency regardless of English language studies, academic history, residence in the United States or other English-speaking countries or immigration status. https://www.seattleu.edu/admissions-aid/international-admissions/international-undergraduate/</p> <table> <tr> <th></th><th>Required to participate in ELCB</th><th>Exempt from ELCB</th></tr> <tr> <td>TOEFL</td><td>68-85 iBT</td><td>86 iBT</td></tr> <tr> <td>IELTS</td><td>Min 6.0</td><td>6.5</td></tr> <tr> <td>ELS</td><td>Not applicable</td><td>Complete Level 112 with 3.0 GPA</td></tr> <tr> <td>PTE</td><td>48-62</td><td>63</td></tr> <tr> <td>Duolingo</td><td>105-115</td><td>120</td></tr> </table> <p>Students with scores in the English Language and Cultural Bridge (ELCB) range will take diagnostic tests on the first day of classes at Seattle University. Some students may have their ELCB requirement waived based on the results of those diagnostic tests.</p>			Required to participate in ELCB	Exempt from ELCB	TOEFL	68-85 iBT	86 iBT	IELTS	Min 6.0	6.5	ELS	Not applicable	Complete Level 112 with 3.0 GPA	PTE	48-62	63	Duolingo	105-115	120
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Nomination & Application Procedure	
Nomination	Students must be officially nominated by their home institutions in order to gain access to the online inbound application in our Admission Portal (Slate). Seattle University will email partners when the nominations are open.

Application	<ol style="list-style-type: none"> 1) Upon home institution nomination, students will receive an email with a unique link inviting them to submit their application through Seattle University's admissions portal (Slate). 2) Students must complete the online application form in our Admission Portal (Slate) and submit the required documents within the application deadline. 3) If documents are in a language other than English, please attach a translation <ol style="list-style-type: none"> a) Official Transcript(s) b) Copy of Passport (valid until at least 6 months after the end of exchange term) c) Copy of previous F-1/J-1 visa (if applicable) d) International Student Declaration of Finance e) Supporting Bank statement (see required amount on Declaration of Finance) f) Proof of English Proficiency (if applicable)
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Acceptance & Refusal	
Acceptance Package	Seattle University will send out Acceptance via email and Admissions Portal (Slate) for students who complete document submission. Students can access the Acceptance Letter upon official acceptance in the Admissions Portal (Slate).
Immunization Requirement	Prior to arrival on campus or attending classes, undergraduate students are required to provide proof of immunity to measles. Find more details about immunizations here: https://www.seattleu.edu/life-at-seattle-u/health-wellness/student-health-center/immunizations/
Rejection	<p>Please note that being nominated does not guarantee acceptance to the program. In the following cases, Seattle University reserves the right to reject/refuse applications:</p> <ul style="list-style-type: none"> • Applicant fails to fully submit their online application within the given deadline • Applicant will not be able to receive their visa supporting documents in time to participate during the intended term

Academic Level	
Level of Study	Undergraduate studies only
Course Load per Quarter	<p>https://www.seattleu.edu/registrar/academic-policies/</p> <p>Undergraduate: 12-18 Quarter Credits (minimum-maximum), average is 15 Quarter Credits</p> <ul style="list-style-type: none"> • Undergraduate courses are generally five-credit courses. Five quarter hours is typically 50 lectures of 50 minutes each. • Seattle University's conversion rate is (but subject to each individual institution's conversion rate) <ul style="list-style-type: none"> ○ 1.5 Quarter Credit to 1 Semester credit (8-12 Semester credits per quarter) ○ 0.8 Quarter Credits to 1 ECTS credit (15-22.5 ECTS credits per quarter) • <u>International students are not allowed to take more than one online course due to visa requirement</u>

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English Language Culture Bridge (ELCB) Courses	<p>Non-native speakers who are in the ELCB range are required to participate in ELCB courses during their first quarter.</p> <p>https://www.seattleu.edu/ellc/english-language-and-cultural-bridge/</p> <ul style="list-style-type: none"> Those who are exempt are still able to participate as ELCB courses provide courses focused on university-level reading, writing, listening, and speaking skills.
Course Catalog	<p>https://catalog.seattleu.edu/index.php</p> <ul style="list-style-type: none"> Most courses are taught in English, depending on the prerequisite. Students can select from a variety of courses in the 1000-4000 level range. Inbound Exchange students can take courses from across majors/disciplines. You will work with your Seattle University Academic Advisor on your course preferences and registration. Note: Courses from the School of Law, Graduate courses, and certain Undergraduate Programs (Diagnostic Ultrasound, Matteo Ricci Institute, Nursing, University Honors, and New and Continuing Studies) are not available. Please note that some of the courses are only offered in particular quarters and/or have pre-requisite requirements.
Course Registration	<p>Course registration is done by your assigned academic advisor. Prior to each quarter, you will discuss your course preferences with your academic advisor. If you choose to change courses, you can do so by asking your academic advisor:</p> <ul style="list-style-type: none"> Albers School of Business & Economics: David Carter College of Arts & Sciences: Kirstin Urban College of Science and Engineering: Hallie Hominda
Transcript	<p>Students will have to submit a request for their Seattle University transcript to be sent to their home university. Transcripts are issued by the Registrar's Office and should be requested once grades are posted, approximately one week after finals. Transcripts are available in Electronic and Printed via the Office of The Registrar (https://www.seattleu.edu/office-of-the-registrar/transcripts/). We recommend that students request several physical copies for their own record for future use.</p>
Grading System	<p>Seattle University adopts a 4.0 grading system</p> <p>https://www.seattleu.edu/office-of-the-registrar/grades/</p>

Housing	
On-Campus Housing	<p>https://www.seattleu.edu/life-at-seattle-u/housing-dining/</p> <p>Exchange Students are required to stay in On-Campus housing. Residence hall housing options include single, double, triple rooms, apartment style living, and intentional living communities. Prices vary greatly according to housing options and amenities</p> <p>Application</p> <p>Housing and Residence Life housing applications open the following dates:</p> <ul style="list-style-type: none"> - Fall – April 1st - Winter – mid Nov - Spring – mid Feb <p>All rooms in the traditional residence halls have one twin XL bed, wardrobe, desk and chair per student in the living space. There is also a sink and mirror in the room along with a microwave/mini-refrigerator combination. Each individual residence hall may have other amenities that are listed on the specific building page in the Residences section. Linens are not included.</p>

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Off-Campus Housing	<p>Exchange students are only granted exemption from this policy with a formal written request. As the experience of studying abroad can be short, the full immersion into the US university system/Seattle University is the purpose of the experience.</p> <p>The only acceptable Off-Campus housing which are privately owned and managed property for Seattle U students are The Douglas and Vi Hilbert Residence Hall, which are located adjacent to campus. However, both options require applicants to sign a 12-month lease. It would be the student's responsibility to find a sub-leaser for the months they are not in Seattle.</p>
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Estimated Cost of Living

Below is an estimate of the cost of living in Seattle. The actual costs can differ depending on the student's lifestyle. Please note that all costs below are subject to change without prior notice.

Housing	\$3,242 - \$6,212 per quarter, depending on room type
Meals	\$1,546 - \$3,092 per quarter, depending on selecting meal plan type
Transportation	\$600 per quarter, depending on travel habits
Mandatory Enrollment Fee	Technology Fee: \$208 per quarter Wellness Fee: \$172 per quarter Orientation Fee: \$215 (one-time)
Books & Supplies	\$264 per quarter
International Health Insurance	\$1,976 (\$659 per quarter) – for more information on current rate, contact ISSC
Miscellaneous (including personal spending)	\$ 600 per quarter
J-1 Visa Application Fee	\$220 (upon application)
Transcript Fee (additional vendor service fee apply)	\$7.50+

Visa/Immigration

Visa for the USA	<p>International students are required to obtain a J-1 visa to study at Seattle University. After submitting the exchange application, students will be assigned a SEVIS ID number. This information will be included in the student's admissions email. Students can then make an appointment with the US Embassy (www.usembassy.gov) and pay the SEVIS fee (www.fmjfee.com). Students must present proof of SEVIS payment during their visa interview.</p> <p>Please contact the local US Embassy or Consulate to check the documents required for visa application.</p> <p><i>The waiting time for an interview appointment for applicants can vary, so students are strongly encouraged to schedule their interview appointment as soon as they receive their acceptance packet from Seattle University.</i></p>
Check-in & Travel Signature	<p>Upon arrival, all J-1 Visa holders must visit the International Student & Scholar Center (Pavilion 160) on Seattle University Campus with their ORIGINAL Form DS-2019 and passport. The Responsible Officer (RO) will provide an immigration orientation and sign their Form DS-2019.</p>

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Additional Information	
Health Insurance	Students are required to enroll in the health insurance offered by Seattle University unless they can provide proof of a comparable plan. For more information, visit the ISC website, under Health Care: https://www.seattleu.edu/isc/frequently-asked-questions/
Employment	Students on a J-1 visa are permitted to work up to 20 hours on-campus when enrolled as a full-time student. Students who wish to work off-campus must obtain express permission from the International Student & Scholar Center and/or the Bureau of Citizenship and Immigration Services.
On-Campus Services	International Student & Scholar Center, University Advising, Learning Assistance Program, Counseling and Psychological Services, Student Health Center, Disability Services, Student Employment, University Recreation (on-campus gym, etc.), Campus Ministry, Center for Community Engagement, Student Involvement (student clubs), Health & Wellness Promotion, Public Safety, Career Engagement, etc.
Events for Exchange Students	Airport Pick-up (Fall only), Orientation meet up, events supported by International Student & Scholar Center, Quarterly J-1/Exchange meet-up, etc.
Social media	YouTube: https://www.youtube.com/user/seattleuniversity Instagram: https://www.instagram.com/seattleu/ TikTok: https://www.tiktok.com/@seattleu