

Individual Development Plan – Seattle University

Name:

Date:

An individual development plan is focused on growth, both professionally and personally. Take time to reflect and then focus on one to no more than three objectives that you are committed to undertake and complete. Share these with your supervisor or mentor.

Objectives	Actions	Success Criteria	Resources
<p>What do I want to be or do better?</p> <p>Consider the current state and/or a future objective.</p>	<p>What activities do I need to undertake to achieve my objectives?</p> <p>Consider how to practice or apply what is learned or developed.</p>	<p>How will I recognize success?</p> <p>Consider how improvement can be reviewed/measured.</p>	<p>What resources or assistance is needed?</p> <p>Consider obstacles or alternatives.</p>