



Good Vibrations

For Group Recruiting Events

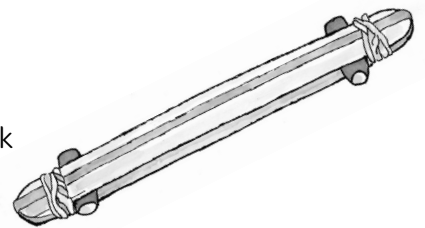
Time: 15-30 minutes

Supplies:

- Large craft sticks (2 per girl)
- Large rubber bands (1 per girl)
- Pre-cut straw pieces, ~1 ½" long (2 per girl)
- Small rubber bands (2 per girl)
- Extra craft sticks (large and small)
- Extra rubber bands
- Extra straws
- Scissors (to cut the straws into pieces)

#1: Introduce!

- Make a basic harmonica as a demo and ask them to follow:
 1. Stretch the large rubber band lengthwise around one craft stick
 2. Place one straw under the rubber band, about 1" from one end
 3. Put the second craft stick on top of the first
 4. Wrap a small rubber band around the end of the craft sticks (the end closest to the straw).
 5. Place the second straw on top of the rubber band, 1" from the other end of the craft sticks.
 6. Wrap a small rubber band around this end of the craft sticks.
 7. Blow in the middle of the sticks, like a harmonica (not into the straws). Try it a few times!



#2: Ask the Girls!

- "What did you notice about your harmonica?"
- "What would you like to change about your harmonica?"
- "How will you change it? Do you need any other supplies (small craft sticks, more straws)?"

#3: Let Them Do It!

- Encourage them as they work to make their changes
- Cheer them on as they make additional changes (if you need to extend time)

#4: Reflect!

- Ask: "What happened? What did you discover? Why do you think it happened?"

Notes:

- Typical changes include: smaller (or more) craft sticks, adding straws, or moving the straws.
- This simple, yet fun, activity showcases the best of Girl Scouting: girls make decisions, get hands-on, and do much more than cookies, crafts, and camping—in this case, science!



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