



Dr. Eileen Ridgway
Nursing Outreach Scholarship
RECIPIENTS

2020

Recipient: Jason H. Naki | Undergraduate Senior

Project: “Healthy Happy Hour” – Continuity of Healthcare for Our Homeless Community or Those at High Risk for Homelessness.

Focus: Address of 3 greatest health care concerns identified by community members and residents of Seattle Housing Authority downtown location (Pike Market Clinic): nutrition, weight management and linkage with on-site nursing or primary care providers.

Project Overview:

1. Implementation of “Healthy Happy Hour”- monthly event held in Seattle Housing Authority (SHA) downtown locations – community room; community building + positive interactions
2. Quarterly healthy cooking class demonstrations
3. Partner with on site RN and Community Health Worker to increase access health care and foster continuity of care
4. Monthly healthy movement group
5. Weekly primary + secondary prevention activities under supervision of on-site RN (health promotion education, blood pressure screening, glucose, height, weight checks)
6. Distribution of targeted resource media/handouts to empower healthy behaviors

Sustainability Goal: Continuation through established legacy for future nursing students – shared project development, resources with SUCON.

Faculty Sponsor: Steven Palazzo, PhD, MN, RN, CNE

2019

Recipient: Belen Mesele | APNI, DNP – Public Health - Graduate Student

Project: “Pay attention to what matters most – our health”. This project will provide health care information for members of the Ethiopian community in Seattle.

Project Overview:

1. Engagement of stakeholders (neighborhood clinic health care providers, church/mosque and community leaders in Ethiopian Community of Seattle and Somali Health Board) to encourage members of Ethiopian community to participate.
2. Organize monthly health forums and an annual Ethiopian Health Fair.
3. Distribute culturally competent educational outreach material – in the form of a brochure and a website that has health information ranging from nutrition to common disorders to NeighborCare Health clinics that serve predominately people from the Ethiopian community who speak minimal English.

4. Utilization of access measurement will be based on number of website visits and brochures provided to target population (Ethiopian community).

Sustainability Goal: Continued revision and adaptation of culturally competent health care information (brochures, website) for Ethiopian community.

Faculty Sponsor: Robin Narruhn, PhD, MN, RN

2018

Co-Recipient: Bridgett Chandler | DNP Graduate Student

Project: Pet Care Planning for Vulnerable Population using Data Capture and Sharing

This project was designed to benefit residents of Seattle Housing Association (SHA) who are low-income, single residents nearing end of life.

Project Overview:

1. Hold meetings with both residents and public health nurses serving residents to discuss proposal and initiate planning.
2. Exploration with key partners in SHA regarding parameters and process of accessing resident's unit to care for pet(s).
3. Outreach to animal care experts to review/revise pet care planning.
4. Perform needs-based assessment of SHA residents nearing end of life who have pets.
5. Develop action plan with trial project.
6. Evaluate results, modifications, and means of sustaining project.
7. Results in communication to residents, SHA staff, community partners and SUCON.

Sustainability Goal: Database development and sharing within SHA system.

Faculty Sponsor: Lisa Skow, PhD, MSN, RN

Co-Recipient: Jessica Graves | Undergraduate Junior

Project: Brochure to Promote Cardiac Health and Self-Management for Patients with Limited English Proficiency

This project was designed to aid non-English speaking outpatients who have medically complex cardiac health care needs.

Project Overview:

1. Consultation with fellow health care providers (physicians, pharmacists, case managers, interpreters) to identify communication barriers to outpatient self-care.
2. Outpatient needs assessment of non-English speaking individuals.
3. Development of clinically sound, culturally sensitive cardiac self-care informational brochures.
4. Brochure and results sharing with SUCON and fellow University of Washington Medical Center (UWMC) care providers.

Sustainability Goal: Continued revision and adaptation of brochures within UWMC system and outpatient cardiac clinics.

Faculty Sponsor: Heather Carballo, MSNEd, RN

2017

Co-Recipient: Aubrey Lawlor | Graduate Student, APNI | CNM Track (2nd Year)

Focus: Empowerment of Rainier Valley's Minority Mother's Through Illustrations and Translations

Target Population: Underserved and Culturally Diverse Mothers Receiving Maternity Care at Rainier Valley Community Clinic (RVCC)

Project:

1. Needs-based assessment of the maternal health patients we serve through survey and interview;
2. Meet with community stakeholders to identify the needs to be met through translations and illustrations;
3. Illustrations and translation of prenatal and postpartum informational booklets into the top ten most commonly spoken languages in the Rainier Valley;
4. Survey focus composed of representatives from the identified patient groups and RVCC staff to analyze the effectiveness of the products

Sustainability:

1. Continue revision and adaption of booklets as new healthcare information comes out and as new needs are identified by the community stakeholders;
2. Make PDF versions of each translated book available to the larger public to be given out in similar care settings; 3. Add new translations to the text as more extensive language needs are identified in the community;
3. Bridge community gaps in access to care or resources by utilizing the community connections created through this project

Faculty Sponsor: Anne Hirsch, PhD, APRN, FAANP, FAAN

Co-Recipient: Barbara Obena | Graduate Student, APNI | Gerontology Track (1st Year)

Focus: Motel-based medical respite for homeless adults with acute medical conditions transitioning from hospital care

Target Population: Homeless adults transitioning out of acute care hospital settings with ongoing health care needs

Project:

1. Creation of a program to track homeless patients post-discharge to assess for hospital/emergency department usage and housing status;
2. Contribution to a marketing plan to create sustainable funding sources including third-party reimbursement

Sustainability: Sustainability efforts will focus on this project's post-discharge program and marketing plan. Of note: both involved an established effort- JustHealth. Because the project is in motion and has existing partners, data obtained will be partnered with these groups and support the vision of this effort – adequate housing and health care post-acute care for homeless individuals.

Faculty Sponsor: Lauren Valk Lawson, DNP, RN

2016

Brianna Moulton | Graduate Student, APNI | Family Nurse Practitioner

Focus: Development of Process for Provision of Dental Care

Target Population: Underserved population of clients at the RotaCare Free Clinic in Lake City Way (Seattle)

Project:

1. Incorporate dental history and screenings into primary/urgent care assessments; and
2. Create a streamlined dental care referral process to the Union Gospel Mission Northgate Dental Clinic.

Sustainability: Evaluation of referral tracking process (with clients, clinic volunteers and community partners) will determine program continuation.

Faculty Sponsor: Anne Hirsch, PhD, APRN, FAANP, FAAN

2015

Co-Recipient: Melanie Kristoferson | Graduate Student, APNI | Psychiatric Nurse Practitioner

Focus: Development of an organized, coordinated system of prevention and intervention efforts

Target Population: At-risk middle school students

Project:

1. Creation and implementation of a coordinated, patient-centered process to support middle school students in crisis or at risk of crisis. To be piloted in School-Based Health Centers (SBHC);
2. Creation of standardized document for SBHC staff, school staff and family to use jointly to support crisis-risk students; and
3. Survey of participants to assess utility of standardized document and process.

Sustainability: Based on effectiveness → goaled implementation with multiple SBHC.

Faculty Sponsor: Jennifer Fricas, MPH, RN

Co-Recipient: Soda Fall | Junior Undergraduate Student

Focus: To assist with needs (basic, advanced) of vulnerable community (Labgar, Senegal) Target

Population: 3 villages in Labgar, Senegal

Project:

1. Wells;
2. Working Bathrooms;
3. Refurbished elementary school classrooms;
4. Completion of construction of the college and a water reservoir and
5. Provision of clothing/shoes, medical and school supplies.

Sustainability: Ongoing, committed effort of Senegal community-based US and homeland

Faculty Sponsor: Brenda Broussard, PhD, RN, IBCLC

2014

Megan Rehder | Graduate Student, APNI Community/Public Health & Family Nurse Practitioner

Focus: Recovery-focused visual arts and creative writing development, presentation Target

Population: Chemically dependent adolescents in inpatient recovery program

Project: Curricula development, serve as lead on workshop presentations and facilitate partnering with a local organization to display the work of patients in a public art showing. Gallery presentation will facilitate dialogue at the community level regarding adolescent health and ways in which vulnerable youth can be assisted.

Sustainability: Development of a framework for a student-run volunteer group to continue partnership modules.

Faculty Sponsor: Meghan Eagen-Torkko, PhD(c), MN, CNM, ARNP: Adjunct Faculty, SUCON

2013

Cara Koch | Graduate Student | APNI Community/Public Health Leadership & Program Development

Focus: Educating about cardiovascular disease through learning and integrating healthy lifestyle habits. Target Population: Underserved youth population.

Project: Education is based on the Teen Take Heart (TTH)™ website. This site proposes to include interactive community events and other cardiovascular health education. Teachers delivering the TTH curricula encourage students to log-on to the TTH website for supplemental health teaching. This project will serve as a vehicle for vulnerable teen populations and their communities to have access to the latest cardiovascular health education in a fun and innovative way. Content will be validated by literature, and personal training to teachers delivering TTH curricula on the website function will be conducted.

Faculty Sponsor: Steven Palazzo, PhD, MN, RN, CNE

2012

Allison Schlappi | Junior Undergraduate Student

Focus: Connecting certified therapy animals with home/institution bound, with underserved elderly. Target Population: Home or institution bound geriatric, underserved individuals.

Project:

1. Solicit volunteers within SU community (students, faculty, staff); solidify volunteer schedules with facilities serving (Full Life Care and Hilltop House);
2. Finalize volunteer group; coordinate certification of pets with Therapy Dog Institute—link volunteers to dog;
3. Begin volunteer visits with Elder Place and Leon Sullivan Care Center;
4. Continue effort (goal would include sustainability of project beyond end date of April 2012).

2011

Co-Recipient: Kelly Martin-Vegue | Graduate Student, Family Nurse Practitioner Program

Focus: Educating healthcare professionals who practice in clinical settings where victims of human trafficking may present.

Target population: Victims of human trafficking with specific focus on victims of domestic minor sex trafficking (DMST).

Project:

1. Develop a 4 to 5 page education publication (approximately 300 copies) for healthcare professionals whose purpose is to introduce, discuss, and educate on the issue of human trafficking with a side focus DMST.
2. Develop a one-hour curriculum that educates nursing students on human trafficking.

Co-Recipient: Sheena Floresca | Junior Undergraduate Student

Focus: Bridge educational achievement gaps within our Seattle University community via service projects.

Target Population: Students and families of Bailey Gatzert Elementary School and high school students of First Generation Project.

Project:

1. Organize an enhanced college preview day for the high school students that First-Generation Project serves. The event invites students on campus to learn more about college as well as expose them to classes of their career interest.
2. Collaborate with Bailey Gatzert Elementary School to promote healthy lifestyle for their students and families, by figuring out what families need to know about healthy living and creating some sort of handout for parents/guardians to refer to or holding an event or just more involvement by CON students visible within the school.

2010

Jacquelyn Hermer | Junior Undergraduate Student

Focus: Urban Rest Stop Health Education Program (URSHEP).

Target Population: Homeless individuals, especially disadvantaged (e.g., disabled, veterans, non-English speaking, immigrants and people of color).

Project: Conduct an evaluation of the relevance, adequacy, progress, efficiency, effectiveness, impact and sustainability of the URSHEP using models derived from evidence-based theory and nursing values. The URSHEP will mark its first anniversary in 3/10. The evaluation will assist in identifying specific areas of improvement.

2009

Amity Tucker | Graduate Student, Leadership and Community Health Nursing

Focus and Target Population: Health promotion to high-risk vulnerable women at Mary's Place (homeless shelter).

Project:

1. Develop written guidelines to address health/sanitation at shelter;
2. Implement guidelines;
3. Development of charting system to accurately record health information for shelter patrons; and
4. Develop and foster partnerships with local non-profits and service organizations.

2008

Jennifer Sarriugarte | Graduate Student, Leadership and Community Health Program Development

Focus: Heightened involvement and development of locally based-program, Mano a Mano.

Project:

1. Increase funding (educational scholarships) for the Hispanic community; and
2. Increase community awareness through bilingual financial add workshops and school visits.

2007

Terra Grandmason | MSN, Family Nurse Practitioner Program

Focus: FACE AIDS, a student-led and organized campaign designed to educate and mobilize students to fight AIDS in Africa while also working to get students involved locally.

Effort Accomplishments: Outreach leadership development of self/fellow students, coordination of campus education/networking events and funding support to Rwandan clinics.

2006

Jill Caruso | Senior Undergraduate Student

Focus: Tandem address of educational needs of Seattle based L'Arche community.

Project:

1. Creation of information packets specific to Alzheimer's disease and its relationship to developmental disabilities and
2. Workshop for care givers in L'Arche community highlighting this information.

2004

Deborah Brown | MSN, Nurse Practitioner Program

Focus: Development, production and distribution of two educational tools specific to Hepatitis B—a pamphlet of Frequently Asked Questions (FAQ) and a video.

Target Population: Homeless adolescents.

2003

Kelly Sehring | Senior Undergraduate Student

Focus: Establishment of health class linking physiology of stress to self-management program; added focus to promote nursing as a career choice.

Target Population: High-risk area high school students.

2002

Stelena Harrison Siniavsky | Senior Undergraduate Student

Focus: Linkage between National Student Nursing Association at Seattle University and Nova Outreach Project—an evidence-based service-learning effort.

Target Population: A local alternative high school. Area of address based on project assessment of students (e.g., smoking cessation programs).

2001

Co-Recipient: Jennifer Cicero | Senior Undergraduate Student

Project: Developed a proposal to link the National Student Nurses Association with Seattle University neighborhood communities. Program mission to engage students with local high-risk communities by incorporating linkage between needs assessment/teaching.

Co-Recipient: Jonelle Matsushima | Senior Undergraduate Student

Project: Proposed/initiated a program for foot care to prevent foot complications

Target Population: Homeless individuals located at area shelters.

2000

Joanne Cam | Senior Undergraduate Student

Project: Provision of hygiene/nutritional information and assistance with health care access.

Target Population: Third graders in low-income, ethnically diverse schools.

1999

Jacqueline O'Reilly | Senior Undergraduate Student

Project and Target Population: Development and presentation of workshops with emphasis on self-esteem/sexual behavior and outcomes for high-risk teens at White Center.

1998

Carol Kemp | Senior Undergraduate Student

Project and Target Population: Assessment of needs/resources for gay, lesbian, transgender youth.

1997

Co-Recipient: Bruce Leonard | Graduate Student

Project and Target Population: Development of flu vaccine manual/education for high-risk senior citizen groups.

Co-Recipient: Matt Shaw | Undergraduate Student

Project and Target Population: Assessment of needs (survey) for Homeless youth on Broadway (Seattle).