

## Suggested Supplemental Reading List

Welcome new students in the Counseling Program!

Your previous colleagues have suggested that a brief reading list of counseling and therapy books relevant to various courses in the program would have been helpful for them. Here is such a brief list organized around COUN 5110 (Counseling Theories), an introductory course. The theories introduced in this course are traditional, classic and emerging approaches to counseling. In later courses you will be encouraged to ground yourself in one or more of these or other theories. The list is presented here NOT as a mandatory reading list, but as a sample to draw from, to whet your appetite, for some optional reading ahead. This list may also serve as a resource as you search for additional information about particular theories. Enjoy!

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# SEATTLEU

COLLEGE OF EDUCATION  
COUNSELING PROGRAMS

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