

SPEX COURSES FALL QUARTER 2019

Course	Title	CR	Faculty	Time	Days	Prerequisites
SPEX 1320-01	Health & Wellness	5	Rauff	2:05pm-3:30pm	M,W,F	
SPEX 1550-01	Intro to Kinesiology	3	Berninger	8:20am-9:10am	M,W,F	
SPEX 2110-01	Responding to Emergencies	2	Kysar	8:00am-9:40am	T	
SPEX 2510-01	Sport Psychology	5	Rauff	9:20am-10:45am	M,W,F	
SPEX 3120-01	Nutrition for Sport & Exercise	5	Kysar	12:30pm-1:55pm	M,W,F	PREQ: SPEX 2310 or PRM-DEPT
SPEX 3130-01	Biomechanics & Motor Learning	4	Shultz	10:15am-11:55am	T,Th	PREQ: PHYS 1050/1051; COREQ: SPEX 3131
SPEX 3131-01	Biomechanics & Motor Learning Lab	1	Shultz	10:40am-12:20pm	W	PREQ: PHYS 1050/1051; COREQ: SPEX 3130
SPEX 3131-02	Biomechanics & Motor Learning Lab	1	Shultz	1:30pm-3:10pm	Th	PREQ: PHYS 1050/1051; COREQ: SPEX 3130
SPEX 4950-01	Internship	VAR*	Berninger	ARR*	ARR*	PREQ: SR-STND; PRM-DEPT; Students must complete forms to enroll.
SPEX 4990-01	Research Seminar in Sport & Exercise Science	5	Shultz	8:00am-10:05am	T,Th	PREQ: SPEX 2310/2311, SPEX 3130/3131

SPEX COURSES WINTER QUARTER 2020**

Course	Title	CR	Faculty	Time	Days	Prerequisites
SPEX 1550-01	Intro to Kinesiology	3	Berninger	12:30pm-1:20pm	M,W,F	
SPEX 2310-01	Sport & Exercise Physiology	4	Kysar	10:15am-11:55am	T, Th	PREQ: Minimum grade of C in BIOL 2200, BIOL 2210, CHEM 1500/1501; COREQ: SPEX 2311
SPEX 2311-01	Sport & Exercise Physiology Lab	1	Kysar	1:30pm-3:10pm	T	PREQ: Minimum grade of C in BIOL 2200, BIOL 2210, CHEM 1500/1501; COREQ: SPEX 2310
SPEX 2311-02	Sport & Exercise Physiology Lab	1	Kysar	10:55am-12:35pm	W	PREQ: Minimum grade of C in BIOL 2200, BIOL 2210, CHEM 1500/1501; COREQ: SPEX 2310
SPEX 2710-01	Exercise Psychology	5	Rauff	9:20am-10:45am	M,W,F	PREQ: SPEX 1320; MJR-ONLY; PRM-DEPT for non-majors
SPEX 4910-01	Special Topics	5	Rauff	7:45am-9:10am	M,W,F	TBD
SPEX 4950-01	Internship	VAR*	Berninger	ARR*	ARR*	PREQ: SR-STND; PRM-DEPT; Students must complete forms to enroll.
SPEX 4990-01	Research Seminar in Sport & Exercise Science	5	Kysar	2:05pm-3:30pm	M,W,F	PREQ: SPEX 2310/2311, SPEX 3130/3131

SPEX COURSES SPRING QUARTER 2020**

Course	Title	CR	Faculty	Time	Days	Prerequisites
SPEX 1320-01	Health & Wellness	5	Rauff	9:20am-10:45am	M,W,F	
SPEX 2110-01	Responding to Emergencies	2	Kysar	8:00am-9:40am	T	
SPEX 2310-01	Sport & Exercise Physiology	4	Kysar	1:30pm-3:10pm	T,Th	PREQ: Minimum grade of C in BIOL 2200, BIOL 2210, CHEM 1500/1501; COREQ: SPEX 2311
SPEX 2311-01	Sport & Exercise Physiology Lab	1	Kysar	10:15am-11:55am	T	PREQ: Minimum grade of C in BIOL 2200, BIOL 2210, CHEM 1500/1501; COREQ: SPEX 2310
SPEX 2311-02	Sport & Exercise Physiology Lab	1	Kysar	2:05pm-3:45pm	W	PREQ: Minimum grade of C in BIOL 2200, BIOL 2210, CHEM 1500/1501; COREQ: SPEX 2310
SPEX 2710-01	Exercise Psychology	5	Rauff	12:30pm-1:55pm	M,W,F	PREQ: SPEX 1320; MJR-ONLY; PRM-DEPT for non-majors
SPEX 3130-01	Biomechanics & Motor Learning	4	Shultz	8:25am-10:05am	T,Th	PREQ: PHYS 1050/1051; COREQ: SPEX 3131
SPEX 3131-01	Biomechanics & Motor Learning Lab	1	Shultz	9:20am-11:00am	M	PREQ: PHYS 1050/1051; COREQ: SPEX 3130
SPEX 3131-02	Biomechanics & Motor Learning Lab	1	Shultz	12:30pm-2:10pm	M	PREQ: PHYS 1050/1051; COREQ: SPEX 3130
SPEX 3220-01	Resistance & Metabolic Training	4	Berninger	10:15am-11:55am	T,Th	PREQ: SPEX 2310/2311; COREQ: SPEX 3221
SPEX 3221-01	Resistance & Metabolic Training Lab	1	Berninger	9:20am-11:00am	W	PREQ: SPEX 2310/2311; COREQ: SPEX 3220
SPEX 3221-02	Resistance & Metabolic Training Lab***	1	Berninger	9:20am-11:00am	F	PREQ: SPEX 2310/2311; COREQ: SPEX 3220
SPEX 3510-01	Fitness Assessment & Exercise Prescription	5	Everson	1:30pm-3:35pm	T,Th	PREQ: SPEX 2310/2311, SPEX 3130/3131
SPEX 4950-01	Internship	VAR*	Berninger	ARR*	ARR*	PREQ: SR-STND; PRM-DEPT; Students must complete forms to enroll.

*Variations can occur - consult with your Academic Advisor for more information.

**Changes may occur up until registration period for these quarters.

***2nd section will only be offered if first section fills - be prepared to register for either section.

Last updated 4.17.2019. Subject to change, contact department with questions (206-296-2454)

REMINDER: The Kinesiology Department communicates with students via the SPEX listserv and SPEX Canvas page. Make sure to check your email and enable notifications to receive emails of new announcements to the SPEX Canvas page.