Sample #1
Student Self- and Site- Assessment
Internship Experience Evaluation

Student: ________________________________________________
Agency: ______________________________________________
Date: ______________________ Quarter: ___________________
Total number of hours spent at agency: _____________

General Impressions of the Internship Experience

Please answer the following questions. If you agree to share the following 3 answers with future students (a-c), please initial: ________

a. Would you recommend that other students undertake an internship with this organization? Why or why not?

b. What would you describe as ‘necessary student characteristics’ to succeed at this internship?

c. Is there the possibility of your continuing work with this organization?

On a separate sheet, please provide answers to the following questions (not to be shared with other students):

a. How did the internship challenge you?

b. Describe the strengths and weaknesses of the experience.

c. Overall what were your original goals for the internship?

d. Did you meet your goals?

e. Overall, do you feel this internship was successful or unsuccessful? Why?

Assessment of Organizational Relationships

(Internal) Identify the dominant personal-organizational relationships involved in your internship (e.g., between supervisors, peers, support staff, clients). How do you feel the relationship(s) contributed to or interfered with your performance and/or satisfaction as an intern? Which relationships were most helpful and which were not?

Evaluation of Professional Skills

a. Identify the professional skills involved in various activities you performed (e.g. organizing, research, analysis, problem solving, written/oral communication, supervising, etc.) How might these skills have enhanced your existing skills and in what way(s)?

b. Identify and discuss the major knowledge, skills, and abilities you learned in this experience.

c. Comment on other elements of the internship experience that contributed to your professional development (e.g. opportunities to participate in planning or decision making or observation of same; degree of autonomy granted in performing work assignments, etc.)

d. Have your own professional goals changed as a result of your internship experience, and if so, how so?

e. Describe what deficiencies you see in yourself that still need to be worked on.
Sample #2
Student Self- and Site- Assessment
Internship Experience Evaluation

1. Introduction (1-2 paragraphs) explaining:
   a. Name and nature of organization
   b. Typical weekly work schedule
   c. Narrative description of tasks

2. Assessment of accomplishments (2-3 pages):
   a. Strengths of your performance on job
   b. Particular challenges or areas for improvement of your performance


Your report should be typed (10- or 12-point font), double-spaced, stapled, and free of grammar, spelling, and punctuation errors. It is due to the internship director via email or campus mail by the last day of finals for the quarter in which you are registered for the internship. The only exception to this deadline is when other arrangements were made with the internship director when the initial internship contract was signed.