Selected Introductory Readings

Below is a selection of works that introduce key ideas from the existential and phenomenological traditions of psychology. These works emphasize the application of this philosophical body of reflection to therapy. A longer list, organized by sections, follows.

**Introductions to Existential Phenomenological Thought and its Relevance for Therapy**


Extended List of Readings

The following is a more comprehensive list of authors and their works that are relevant to existential and phenomenological tradition in psychology. The marked items (*) are readings that give an overview of Existential Phenomenology. The items marked (**) are frequently used as texts in courses.

1. **Other Excellent Introductions to Existential-Phenomenological Thought**


2. **Classic Texts in Existential and Phenomenological Philosophy**


Extended List of Readings


3. Clinical Psychology and Psychotherapy


Extended List of Readings


Extended List of Readings


4. **Explorations of Specific Topics / Qualitative Research**


Extended List of Readings


Extended List of Readings

5. **Literature**


6. **Journals**

*Contemporary Psychoanalysis*

*Journal of Phenomenological Psychology*

*Methods: A Journal for Human Science*

*Phenomenology and Pedagogy*

*Psychiatry*

*The Humanistic Psychologist*