

Dr. Kira Mauseth's Lab
Ph.D. Clinical Psychology
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Overview: I am involved in disaster response work and preparation, both locally and internationally that focuses on mental health resilience and recovery following both large and small-scale disasters and critical incidents.

My **basic research** is in the area of recovery from disaster and trauma, as well as the various coping mechanisms used in the recovery process cross culturally, including substance use, faith, and other aspects of resilience.

My **applied research** is in the areas of sustainable training for survivors of large and small-scale critical incidents. What helps people in the recovery process following a major (social or personal) event? How does faith influence personal resilience and the way people cope? How do external coping mechanisms such as substance abuse, influence resilience?

There are three current projects with opportunities for student involvement.

- I. **Faith and Coping:** Qualitative and Quantitative data have been collected with Syrian refugees in Jordan. Next steps include additional library research on contemporary findings related to faith and coping in Muslim populations, and the design of a similar study to be conducted in the future with a population from a differing faith background so that those results can be contrasted with what we have found in with the Syrian refugee population.
- II. **Resilience predictors across cultures:** Library research and study design, as well as grant applications and writing to develop and conduct additional international and local research on the broader topic of resilience and its predictors, focusing on the use of the CD-RISC.
- III. **Substance Use as a coping mechanism following large-scale disaster or displacement:** A preliminary investigation into how substance use is related to recovery processes in the context of other social, cultural and religious norms around the world. This is in the beginning stages of investigation, and student work is likely to include grant proposals and literature review.

Requirements: Ideally students should have completed the Statistics and Research Methods sequence; however, students in process will be considered.

The commitment is 2-4 hours per week for two (or more) quarters. Students may participate via the Psychology Practicum Program (1-2 credits) or may volunteer.

Benefits: Students will be guided through the tasks and mentored by me. Students who perform well can expect an endorsement/recommendation from me. There may be opportunities for presentation and/or publication.

Recent publications and presentations:
collaborators.

*Indicates undergraduate student

Mauseth, K., *Skalisky, J., Clark, N., & *Kaffer, R. (2015) Substance Use in Muslim Culture: Social & Generational Changes in Acceptance and Practice in Jordan. *Journal of Religion and Health*, 54(3), doi: 10.1007/s10943-015-0064-z

Carlisle, J., Mauseth, K., Clark, N., *Cruz, J., & Thoburn, J. (2014) Local Volunteerism and Resilience Following Large-Scale Disaster: Outcomes for Health Support Team Volunteers in Haiti. *International Journal of Disaster Risk Science*, 5(3), 206-213.