

EDUCATION

Seattle University, Seattle WA

M.A. Psychology

2013

Area of Concentration: Existential-Phenomenological Clinical Therapy

University of Washington, Seattle WA

B.A. Psychology

2009

Areas of Concentration: Psychobiology of Women, Queer Studies

CERTIFICATION

Mental Health Counselor, License # LH60628391

TCI- Theme Centered Interactions for Group Therapy certified

Forensic Evaluation Training- Northwest Health and Human Rights

PROFESSIONAL EXPERIENCE

Counselors for Social Justice

2016 - Present

Member Committee Co-Chair

Assist in setting up state and university branches of Counselors for Social Justice.

Northwest Health and Human Rights

2016 - Present

Volunteer Evaluator

Administer psychological evaluations and write court documents for individuals seeking asylum. Provide referrals as necessary.

Seattle University, Seattle WA

2015 – Present

Adjunct Professor

Taught course for graduate students in the Existential-Phenomenological Clinical Therapy program.

Seattle Central College, Seattle WA

2015 – Present

Adjunct Instructor

Taught course for undergraduate students for the Social and Human Services Department.

Shannon Solie Therapy, Seattle WA

Private Practice, Full-Time

2013 – Present

Provide mental health services to clients, provide case management as needed, work with other Medical professionals to provide continuity of care.

Seattle Counseling Services, Seattle WA**Mental Health Intern****2012 – 2013**

Worked with LGBTQ population ranging in age from 22-65 with a range of diagnoses and therapeutic needs. Held a caseload of up to 25 clients. Completed two intakes with diagnoses and treatment plans per week. Assisted clients with case management needs. Led trainings for staff and peer educators.

ACADEMIC TEACHING**Sexual Phenomenology and Psychotherapy (Psy 5910)** Seattle University, Spring 2018

This course will introduce students to the practice of sex therapy viewed through an existential-phenomenological lens. Focusing on the phenomenology of sitting with a client as they bring their sexual selves to the room, we will explore sexual functioning as a set of human experiences shaped at the intersection of biological, psychological, political and social contexts. Through real world examples, we will observe how the medicalization of desires and sexual functioning often leads to the oppression and othering of individuals. We will explore ways of working with clients that seek empowerment and authenticity in their sexual expression.

Counseling Across Sex and Gender Spectrum (Psy 5910) Seattle University, Winter 2018

Psych 5910 provides students with an overview of current theories and a variety of perspectives regarding the development of gender identity and sexualities across the spectrum. Drawing from sources ranging from psychology, sociology, and social biology to politics and literature, students also explore the psychological, interpersonal, and societal issues related to the interface of gender with Western culture. This course is taught through a social justice and non-binary lens and will work to focus marginalized voices at the center of the conversation.

Counseling Along the Gender Spectrum (Psy 5900) Antioch University, Summer 2017

Psych 5900 provides students with an overview of current theories and a variety of perspectives regarding the development of gender identity and gender roles across the gender spectrum. Drawing from sources ranging from psychology, sociology, and social biology to politics and literature, students also explore the psychological, interpersonal, and societal issues related to the interface of gender with Western culture. This course is taught through a social justice and non-binary lens and will work to focus marginalized voices at the center of the conversation.

Sexualities and Psychotherapy (Psy 5910) Seattle University, Winter 2016/2017

Psych 5910 is a course designed to examine how the therapist can bracket bias, as well as, assist the client to better understand internal and external oppression around their sexual self and identity. The goal of this class is to gain deeper understanding of how sexual expression and desire assist both client and therapist in building understanding of the intersecting components of what it means to be human.

Crisis Counseling and Management (SHS 205) Seattle Central College, Spring 2016

Intro to crisis theory and techniques for the beginning mental health/human services professional. Students will develop assessment techniques and interviewing skills with high-stress populations presenting with psychiatric, health, drug and alcohol, sexual assault, intimate partner and domestic violence, bereavement, and suicide and homicide crises.

Beyond Tolerance: Gender Diversity in SHS (SHS 297) Seattle Central College, Fall 2016

In this special topic class, we will use lecture, reading materials, and panel presentations to better understand the needs of the Gender Diverse (GD) community in Social and Human Services (SHS).

PUBLICATIONS

Solie, S. (In Press). What rights are human rights and who gets to choose? (Review of the book *Human Rights and Cultural Diversity: Core Issues and Cases* by Andrew Fagen). *Sex Roles*.

Solie, S. (In Press). Getting your groove back: Intimacy and sexuality after cancer diagnosis. *Coping Magazine*. Nov-Dec 2017.

Solie, S. (In Press). Mapping gender and sexual desires. *The Therapist's Notebook for Sexual and Gender Identity Diverse Clients: Homework, Handouts, and Activities for Use in Counseling, Training, and Psychotherapy*.

PRESENTATIONS AND WORKSHOPS

Solie, S. (October 2017). *Cultural humility and the apology: Linking the therapeutic ethical with Levinas' ethics*. Psychology of the Other Seminar, Seattle University. Seattle Washington

Solie, S. (August 2017). *Talking with your patients about sex*. University of Washington Medical School. Seattle, Washington.

Solie, S. (June 2017). *Life on the margins: Living at the intersection of LGBTQ and disability*. American Counseling Association Presents the Illuminate Conference. Washington D.C.

Solie, S. (September 2016). *Mapping gender and desire*. Association of Lesbian, Gay, Bisexual, and Transgender Issues in Counseling Conference (ALGBTIC). San Antonio, Texas.

Solie, S. & Hermann, B. (May 2016). *Intimacy post cancer*. Association of Oncological Social Workers (AOSW). Webinar.

Solie, S. (October 2015). *Partners in transition*. Gender Expansion Project Conference. Missoula Montana.

Solie, S. (July 2015). *Sexualities in the therapy room*. Seattle University Continuing Education. Seattle, Washington

Solie, S. & Thompson-Dodd, J. (May 2015). *Opening doors: Frank talk about body image, sexuality, and intimacy*. American Oncological Social Worker (AOSW) Conference. Seattle, WA.

Solie, S. (March 2015). *LGBTQ and disability services*. Maryland Department of Rehabilitation Services. Webinar.

Solie, S. (November 2014). *Opening heart to self and the Other*. Psychology of the Other Seminar. Seattle University. Seattle, Washington.

Solie, S. & Collier, M. (February 2014). *Consent and boundary setting*. University of Puget Sound. Tacoma Washington.

Solie, S. & Szablya, A. (November 2012). *Rupture, repair, repeat: Looking at "the Feminine" in the therapy room*. Psychology of the Other Seminar, Seattle University. Seattle Washington.

PROFESSIONAL MEMBERSHIPS

American Counseling Association

American Counseling Association: Association of Lesbian Gay Bisexual and Transgender Issues in
Counseling Division

American Counseling Association: Association of Multicultural Counseling and Development Division

American Psychological Association Profilliate of Division 32: Humanistic Psychology

American Psychological Association Profilliate of Division 35: Psychology of Women

American Psychological Association Profilliate of Division 44: Lesbian, Gay, Bisexual, and Transgender
Psychology

American Association of Sexuality Educators, Counselors, and Therapists

Seattle Counseling Associates