

Alexandra L. Adame, Ph.D.
Associate Professor of Psychology
Seattle University

EDUCATION

- 2006-2010 **Miami University, Oxford, Ohio**
Doctorate of Philosophy, Clinical Psychology
- 2009-2010 **SUNY Upstate Medical University, Syracuse, New York**
Pre-Doctoral Clinical Psychology Internship
- 2004-2006 **Miami University, Oxford, Ohio**
Masters of Arts, Clinical Psychology
- 2000-2004 **Mount Holyoke College, South Hadley, Massachusetts**
Bachelor of Arts, Psychology, *Magna Cum Laude*

ACADEMIC APPOINTMENTS

- 2010-Present **Seattle University, Seattle, Washington**
Associate Professor, Department of Psychology

RESEARCH INTERESTS

Communities & Relationships, Dialogue, Mental Health Advocacy, Researcher Reflexivity, Qualitative Inquiry

PUBLICATIONS

Books

Adame, A. L., Bassman, R., Morsey, M., & Yates, K. (2017). *Exploring identities of psychiatric survivor therapists: Beyond us and them*. Houndmills, Basingstoke: Palgrave MacMillan.

Peer Reviewed Journals

- Cvetovac, M. E., & Adame, A. L. (2017). The wounded therapist: Understanding the relationship between personal suffering and clinical practice. *The Humanistic Psychologist*, 45(4), 348-366.
- Adame, A.L. (2016). "Present through it all": A qualitative exploration of psychotherapy and psychosis. *Journal of Humanistic Psychology*, 1-18.
- Zerubavel, N., & Adame, A. L. (2014). Fostering dialogue in psychology: The costs of dogma and theoretical preciousness. *Qualitative Research in Psychology*, 11, 178-188.
- Adame, A. L. (2014). "There needs to be a place in society for madness": The psychiatric survivor movement and new directions in mental health care. *Journal of Humanistic Psychology*, 54, 456-475.
- Adame, A. L. (2012). The disappointed evangelist: Or, how I learned to stop worrying and love ambiguity. *Reflective Practice: International and Multidisciplinary Perspectives*, 13, 597-608.

- Adame, A. L. (2011). Negotiating discourses: The dialectical identities of survivor-therapists. *The Humanistic Psychologist*, 39, 324-337.
- Adame, A. L., Leitner, L. M., & Knudson, R. M. (2011). A poetic epiphany: Explorations of aesthetic forms of representation. *Qualitative Research in Psychology*, 8, 1-10.
- Adame, A. L., & Leitner, L. M. (2011). Dialogical constructivism: Martin Buber's enduring relevance to psychotherapy. *Journal of Humanistic Psychology*, 51, 41-60.
- Adame, A. L. & Leitner, L. M. (2009). Reverence and recovery: Experiential personal construct psychotherapy and transpersonal reverence. *Journal of Constructivist Psychology*, 22, 253-267.
- Adame, A. L., & Leitner, L. M. (2008). Breaking out of the mainstream: The evolution of peer support alternatives to the mental health system. *Ethical Human Psychology and Psychiatry*, 10, 146-162.
- Adame, A. L., & Knudson, R. M. (2008). Recovery and the good life: How psychiatric survivors are revisioning the healing process. *Journal of Humanistic Psychology*, 48, 142-164.
- Adame, A. L., & Knudson, R. M. (2007). Beyond the counter-narrative: Exploring alternative narratives of recovery from the psychiatric survivor movement. *Narrative Inquiry*, 17, 157-178.
- Knudson, R. M., Adame, A. L., & Finocan, G. M. (2006). Significant dreams: Repositioning the self narrative. *Dreaming*, 16, 215-222.
- Adame, A. L., & Hornstein, G. A. (2006). Representing madness: How are subjective experiences of emotional distress presented in first-person accounts? *The Humanistic Psychologist*, 34, 135-158.

Book Chapters

- Adame, A. L. (2015). Martin Buber and Emmanuel Levinas. In G. Kunz, K.C. Krycka, & G. Sayre (Eds.), *Psychotherapy for the other: Levinas and the face-to-face relationship* (pp. 79-96). Pittsburgh, PA: Duquense University Press.
- Adame, A. L., Pavlo, A. J., Smith, B. M., Schielke, H. J., & Leitner, L. M. (2009). Reflexivity, research, and practice: Explorations in experiential personal construct psychotherapy. In R. Butler (Ed.), *On reflection: Emphasizing the personal in personal construct theory* (pp. 375-388). Chichester, UK: Wiley.

Book Reviews

- Adame, A. L. (2015). Constructing a thoughtful formulation: A review of *Formulation in psychology and psychotherapy: Making sense of people's problems (2nd ed)*. *Journal of Constructivist Psychology*, 28, 97-99.
- Leitner, L. M., & Adame, A. L. (2007). Mainstream alternative treatments of emotional distress [A review of *Complementary and alternative treatments in mental health care.*]. *PsycCRITIQUES—Contemporary Psychology: APA Review of Books*, 52 (No. 32).
- Smith, B. M., & Adame, A. L. (2006). Qualitative research methods for psychologists: Introduction through empirical studies [book review]. *The Humanistic Psychologist*, 34, 299-302.

RECENT CONFERENCE PRESENTATIONS

- Adame, A. L. (November, 2018). Community Connections: Moving from the Self to Self-in-Relation. Presented at Mount Holyoke College Symposium: Re-Imagining Mental Health: Reflections on the Challenges and Opportunities for Creating Positive Change in the World. South Hadley, MA.
- Adame, A. L., Bassman, R., Morrissey, M., & Yates, K. (August, 2018). Healing and Self-Determination. Paper presented at the 2018 King County Recovery and Wellness Conference. Seattle, WA.
- Adame, A. L. (March, 2018). Whose Voice? Whose Experience? A Researcher's Reconciling with Subjectivity. Paper presented at the 11th Annual Giving Voice to Experience Conference, Seattle, WA.
- Adame, A. L., Bassman, R., Morsey, M., & Yates, K. (April, 2017). Beyond Us and Them: Perspectives of Psychiatric Survivor Therapists. Paper presented at the 10th Annual Conference of the Society for Humanistic Psychology. Pittsburgh, PA.
- Adame, A. L., Bassman, R., Morsey, M., & Yates, K. (October, 2016). The Psychiatric Survivor Dual Identity. Paper presented at the 15th Annual International Society for Psychological and Social Approaches to Psychosis (US Chapter). Boston, MA.
- Adame, A. L. (March, 2015). Movement Towards Life: An Exploration of Therapeutic Dialogue. Paper presented at the 19th Annual International Society for the Study for Psychological and Social Approaches to Psychosis (International Chapter). New York, NY.
- Adame, A. L. (September, 2014). A Different Kind of Understanding. Paper presented at the 32nd Annual National Association for Rights Protection and Advocacy Conference. Seattle, WA.
- Adame, A. L. (August, 2014). "I Have to be Present Through it All": A Qualitative Exploration of Psychotherapy and Psychosis. Paper presented at the 33rd Annual International Human Science Research Conference, Antigonish, Nova Scotia.
- Cvetovac, M. E., & Adame, A. L. (April, 2014). The Wounded Therapist: Understanding the Relationship Between Personal Suffering and Clinical Practice. Paper presented at the 7th Annual Giving Voice to Experience Conference, Seattle, WA.

TEACHING

2010-Present, Seattle University, Associate Professor

Graduate Level

- Clinical Supervision Seminar
- World of the Clinic
- Special Topics: Community Consultation & Advocacy

Undergraduate Level

- Life Story Research

Writing for Research in Psychology
Introduction to Counseling
Introduction to Psychology
Senior Seminar