

# **Aakanksha Sinha, M.S.W., Ph.D.**

## **Curriculum Vitae**

### **Education**

2016 Ph.D. Social Work, Boston College  
2012 M.S.W., Boston College  
2008 B.A. History, Delhi University

### **Professional Training**

2016 Certification by JPAL Institute in ‘Measuring Health Outcomes in Developing Countries’  
2014 Undoing Racism: Community Organizing Workshop  
2013 CITI Training to conduct research on Human Subjects  
2011 Do No Harm training for capacity building in conflict areas  
2011 Training for capacity building strategies in International Social Work

### **Areas of Specialization**

Child & Family Welfare  
Poverty & Inequality  
Community Resilience  
Positive Deviance Inquiry  
Program Evaluation  
Cross Cultural Practice and Research

### **Honors**

2016 Doctoral Student Representative for Commencement Ceremony, Boston College, MA  
2012-2016 Boston College Doctoral Fellowship, Boston College, MA  
2012-2016 Doctoral Diversity Fellowship, Boston College, MA  
2012 Leo P. Hailey Award for Excellence in Communication, Leadership and Contribution in International Social Work, Boston College, MA

### **Awards**

- \$1000. Grant by World Bank & Institute for Human Development (2016)
  - Funds from this grant were used to attend the Global Conference on Prosperity, Equality and Sustainability in New Delhi, India and provide research consultancy for projects related to child nutrition.
- \$2500. Grant by Boston College & Institute for Human Development (2016)
  - Funds from this grant was used to conduct a study titled “Learning from Successful Caregivers: A Participatory Action Research Study”.
- \$1500. Grant by Delhi Government Chair on Human Development Issues (2014).
  - Funds from this grant were used to conduct a pilot impact evaluation study for the Integrated Child Development Scheme (ICDS) in the National Capital Region of India.
- \$500. Conference travel grant for ‘Oral Paper Presentation’ by Boston College, School of Social Work (2014)
- \$500. Conference travel grant for ‘Oral Paper Presentation’ by Boston College, School of Social Work (2015)
- \$500. Conference travel grant for ‘Oral Paper Presentation’ by Boston College, School of Social Work (2016)

## Teaching Experience

- 2016-2017 *Adjunct Professor*, Fordham University, NY
- **2016 Fall** SWKO-6007-904 Social Policy II: Policy, Practice and Human Rights Advocacy (M.S.W Online)
  - **2017 Spring** SWKO-6007-904 Social Policy II: Policy, Practice and Human Rights Advocacy (M.S.W Online)
  - **2017 Summer** SWKO-6007-904 Social Policy II: Policy, Practice and Human Rights Advocacy (M.S.W Online)
- 2016-2017 *Adjunct Faculty*, Wright State University, Dayton OH
- **2016 Fall** SW3700 Statistical Literacy (B.S.W)
  - **2016 Spring** SW3700 Statistical Literacy (B.S.W)
- 2016-2017 *Adjunct Faculty*, University of Miami, Oxford OH
- **2016 Fall** FSW 6150 Cultural Competency (M.S.W)
  - **2016 Fall** FSW 281 Child Development in Diverse Families (B.S.W Online)
- 2015-2016 *Adjunct Faculty*, School of Social Work, Boston College, MA
- **2015 Fall** SCWK 7723 Diversity and Cross Cultural Issues (M.S.W)
- 2012-2016 *Teaching Assistant*, School of Social Work, Boston College, MA  
Instructor: Ruth G. McRoy, Ph.D.  
*Responsibilities:* Design syllabus for SW9971/ 8819 & SW980; office hours; in-class support; guest lecture on cross cultural child welfare issues.
- **2016 Spring** SW9971/ 8819- Contemporary Issues in Adoption and Foster Care in U.S. (Ph.D. & M.S.W)
  - **2012-15 Fall** SW980- History and Philosophy of U.S. Social Welfare (M.S.W)
  - **2013 Summer** SW797- Frameworks and Tools for Global Practice
- 2013-2014 *Teaching Fellow*, School of Social Work, Boston College, MA
- **2013 Fall** SWCK 7747-Research Methods (M.S.W)
  - **2013 Spring** SWCK8841- Program Evaluation (M.S.W)

## Research Experience

- 2016- Present *Research Consultant*, Challenges Facing Migrant Domestic Workers: A Case of NCR Delhi, International Participatory Development Institute, India.
- 2016 *Visiting Research Fellow*, Policy Recommendations for Nutrition and Healthcare in Jharkhand, India, Institute for Human Development, India.
- 2016 *Principal Investigator*, Anganwadi Worker's Perception of Nutrition Practices in Low-income Urban Households in India, Institute for Human Development.
- 2015 *Research Consultant*, Impact Evaluation of Janani Suraksha Yojna (JSY), Carnegie Mellon University, PA. PI: Nandana Sen, Ph.D.
- 2014- 2015 *Visiting Research Associate*, Institute for Human Development, New Delhi, India.

- 2014 *Principal Investigator*, Impact evaluation of Integrated Child Development Scheme, Institute for Human Development, New Delhi, India.
- 2014- 2015 *Research Assistant*, Education Outcomes, Public Housing, James Addams College of Social Work, University of Illinois. PI: Von Eugene Nebbitt, Ph.D.
- 2014-2015 *Research Fellow*, Manicaland Cohort Study of HIV Transmission and impact in Sub-Saharan Africa, Imperial College London. PI: Simon Gregson, Ph.D.
- 2014 *Research Assistant*, Rights based study on HIV/AIDS affected children in Sub Saharan Africa, Boston College & Ethiopian Catholic University of St. Thomas Aquinas (ECUSTA). PI: Margaret Lombe, Ph.D. & Alex Juma Ochumbo, Ph.D.
- 2013-2014 *Research Assistant*, Positive Outcomes for Orphans (POFO) Study, Centre for Health Policy and Inequalities Research, Duke University. PI: Kathryn Whetten, Ph.D.
- 2012- 2016 *Research Assistant*, Community Mapping Project, sponsored by Catholic Charities. PI: Ruth G. McRoy, Ph.D.
- 2012-2014 *Research Assistant*, Food security, Child Nutrition, Health Outcomes, and Human Rights, PI: Margaret Lombe, Ph.D.
- 2011- 2016 *Research Assistant*, Foster Youth, Adoption, Permanency and Well-being, PI: Ruth G. McRoy, Ph.D.
- 2009-2010 *Research Consultant*, Impact of Economic Crises on Informal Workforce, International Labor Organization, Geneva, Switzerland.

### Peer-Reviewed Publications

1. **Sinha, A.**, McRoy, R., Berkman, B., Sutherland, M. India's Child Malnutrition Paradox: Role of Maternal Maternal Autonomy and Health Related Awareness. *Children and Youth Services Review*. In Press.
2. **Sinha, A.**, Lombe, M., Saltzman, L.Y., Whetten, K. & Whetten. R. (2016). Factors Associated with Educational Outcomes of Orphan and Abandoned Children in India. *Global Social Welfare Journal*, 3(1), 23-32.
3. Lombe, M., Nebbitt, V., **Sinha, A.** & Reynolds, A. (2016) Examining effects of food security and food choices on health outcomes in households in poverty. *Social Work in Healthcare*.
4. Crea, T.M., Reynolds, A., **Sinha, A.**, Robertson, L.A., Eaton, J.F., Mushati, P., Dumba, L.T., Mavise, G., Makoni, J.C., Schumacher, C., Sherr, L., Nyamukapa, C. & Gregson, S. (2015). Effects of Cash Transfers on Children's Health and Social Protection in Sub-Saharan Africa: Differences in Outcomes Based on Orphan Status and Household Assets. *BMC Public Health*, VOL: 15, ISSN:1471-2458.
5. Nebbitt, V., Lombe, M, McKay, C.L. & **Sinha, A.** (2014). Correlates of Academic Performance among School-age African American Male Adolescents in Public Housing. *Children and Youth Services Review*, 44, 65-71.

## Book Chapters, Reports and Brief Reports

6. Singh, P.K. & **Sinha, A.** (2016). *Healthcare and Nutrition in Jharkhand*. Institute for Human Development.
7. **Sinha, A.** & Rustagi, P. (2016). The Integrated Child Development Scheme: A Rapid Survey. *Institute for Human Development*.
8. **Sinha, A.** (2016). *A Rapid Assessment of the Integrated Child Development Scheme (ICDS) in Delhi*. Institute for Human Development. New Delhi: India.
9. Nebitt, V.E., Lombe, M., Chu, Y., **Sinha, A.** & Tirmazi, T. (2016) Correlates of Food Security among Low-resource Young People: An Assessment of Community Protective Factors within Public Housing Neighborhoods. *Journal of the Poor and Underserved*, 27(3), 1126-1142.
10. Lombe, M. & **Sinha, A.** (2015). Poverty Clock. In Odekon, M.A. (Eds) *The Sage Encyclopedia of World Poverty*, 2<sup>nd</sup> Edition. Sage Publications, USA.
11. Lombe, M. & **Sinha, A.** (2015). Child Consumption Poverty. In Odekon, M.A. (Eds) *The Sage Encyclopedia of World Poverty*, 2<sup>nd</sup> Edition. Sage Publications, USA.
12. Sinha, P. & **Sinha, A.** (2015). Living Wage Campaign. In Odekon, M.A. (Eds) *The Sage Encyclopaedia of World Poverty*, 2<sup>nd</sup> Edition. Sage Publications, USA.
13. Lungu, T., Newransky, C., **Sinha, A.** (2015). Ch7. Responding to orphaned and vulnerable children in Zambia. In Lombe, M. & Ochumbo, A. (Eds) *Children and AIDS*. Ashgate Publishing, UK
14. Lombe, M., Nebbitt, V., Yu, M., Reynolds, A. & **Sinha, A.** (2014). Ch 29: Examining Food Security among children in the Supplemental Nutrition Assistance Program (SNAP) Households: Implications for Human Rights. In Haymes, S.F., de Haymes, M.V. & Miller, R.J., (Ed), *The Routledge Handbook of Poverty in the United States*.

## Publications Under Review

15. Sengupta, N. & **Sinha, A.** Evaluating India's Safe Motherhood Scheme: Implications for child and maternal wellbeing. *The Demography*. Under Review
16. Lombe, M., Saltzman, L.Y., Chu, Y., **Sinha, A.**, Nebbitt, V.E. Cumulative Risk and Resilience: The Roles of Maternal Mental Health and Community Cohesion in Influencing Food Security in Low-Income Households. *Journal of Health Care for the Poor and Underserved*. Under Review.

## Publications in Preparation

1. McRoy, R. & **Sinha, A.** (in preparation). School Success for Children in Foster Care and Other Residential Settings. *Encyclopedia of Social Work*.
2. **Sinha, A.**, Saltzman, L. Y., & Lombe, M. (in preparation) Food and water security in post-conflict Kenya: The positive effect of community action.
3. **Sinha, A.** (in preparation). Intersectionality of Caste, Gender and Income: A Road to Multiple Deprivations.

4. **Sinha, A.,** McRoy, R., Berkman, B., Sutherland, M. (in preparation). A Validation Study of Maternal Autonomy Scale on low-income Married Women in Urban India.
5. **Sinha, A.,** McRoy, R., Berkman, B., Sutherland, M. (in preparation). A Validation Study of Maternal Health Related Awareness Scale on low-income Married Women in Urban India.

### Peer-Reviewed Presentations

1. **Sinha, A.** (January 2017). Answers to India's Child Malnutrition Paradox: Role of Maternal Autonomy and Health Related Awareness. Accepted for Oral Presentation at Annual Conference of Society for Social Work Research Conference, New Orleans, LA.
2. **Sinha, A.** (April 2016). Intersectionality of Caste, Gender and Income: A Road to Multiple Deprivations. Oral Presentation at the International Conference on Caste, Inequality, and Economic Growth in South Asia: Challenges of Modernity and Tradition, Waltham, MA.
3. **Sinha, A.** (January 2016). Factors Associated with Education Outcomes for Orphan and Abandoned Children in India. Oral Presentation at Annual Conference of Society for Social Work Research Conference, Washington D.C.
4. **Sinha, A. & Saltzman, L.Y.** (January 2016). *The Importance of Community Action in Securing the needs in Post-Conflict Kenya.* Oral Presentation at Annual Conference of Society for Social Work Research Conference, Washington D.C.
5. Saltzman, L.Y., Lombe, M., **Sinha, A.,** Choi, Y. (January 2016). *The Impact of Maternal Health on Household Food Security: Does Community Cohesion Matter?* Oral Presentation at Annual Conference of Society for Social Work Research Conference, Washington D.C.
6. **Sinha, A.,** Reynolds, A., Lombe, M. (October 2015). Examining effects of food security and food choices on health outcomes in households in poverty: Role of Social Workers. Oral Presentation at Council of Social Work Education Annual Conference, Denver, CO.
7. **Sinha, A.,** Reynolds, A., Lombe, M. (January 2015). Examining effects of food security and food choices on health outcomes in households in poverty. Paper presented at Society for Social Work Research Annual Conference, New Orleans, LA.
8. Crea, T, Reynolds, A., **Sinha, A.,** Eaton, G.W., Robertson, L.A., Mushati, P., Dumba, L.T., Mavise, G., J. C. Makoni, L.T., Nyamukapa, C.A., Gregson, S. (January 2015). Paper presented at Society for Social Work Research Annual Conference, New Orleans, LA
9. **Sinha, A.** (November 2014). Global social justice panel. International Education Week at Boston College School of Social Work. Chestnut Hill, MA.
10. **Sinha, A.,** Reynolds, A., Lombe, M. (January 2014). Examining Food Security among children in Households participating in the Supplemental Nutritional Assistance Program (SNAP): Implications for Human Rights. Paper presented at Society for Social Work Research Annual Conference, San Antonio, TX
11. **Sinha, A.** (2011). Foster care and adoption in India. Round table presentation at RUDD Adoption Program, Annual Conference, Amherst, MA.

### Invited Presentations

1. **Sinha, A.** (July 2016). Nutrition in Jharkhand: Working Towards a Better Tomorrow. Oral Presentation at International Conference on Inclusive and Sustainable Development in Jharkhand: Perspectives and Policies, Ranchi, Jharkhand.
2. **Sinha, A.** (June 2016). Combating the Child Malnutrition Paradox. Oral Presentation at the Global Conference on Prosperity, Equality and Sustainability: Perspectives and Policies for a Better World, New Delhi, India.
3. Lombe, M., Nebbitt, V.E., **Sinha, A.** & Saltzman, L. (October 2015). Working with marginalized youth in challenging environments- poor urban communities. Workshop presentation at Alliance for Strong Families and Communities Annual Conference, St. Louis, MO.

## Practice Experience

- 2016            *Research Consultant, Design Impact, Cincinnati OH*
- Support the development of research design and interview guide for a financial coaching program funded by United Way Central Ohio
  - Present research findings to funders and other community stakeholders
  - Provide overall leadership and insight to the research wing at DI
- 2012            *Intern, Because I am a Girl Campaign, Plan International USA, Providence RI*
- Assisted with execution of consumer-facing marketing campaign. This helped raise awareness about the project and gather additional funding from ‘high-level’ donors.
  - Conducted mapping exercise of mapping of all Program Units of the organization in 58 countries and correlated to the Human Development Index in the regions. This helped to gather an understanding about human right violations, specifically with regard to adolescent girls.
- 2011            *Strategic Planning Trainer, Fredrich Ebert Stiftung, New Delhi, India*
- Designed and implemented training for trade unionists; Supported in development of 5-year strategic plan on Youth Involvement in Trade Union Movement
- 2010-2011    *Lobbying Intern, Charles Group Consulting, Boston MA*
- Organized lobbying days to advocate for nurse practitioners, physician assistants, children with autism, and the Latino community at the Massachusetts State House. The events led to increased awareness amongst Senators and House of Representatives regarding the problems faced by these service providers.
  - Developed a plan for the use of social media within the organization. This helped the organization provide more current information to the public and be more visible to clients.
  - Supervised the day-to day activities of 3 social work interns.
- 2008-2010    *International Labour Standards (Child Labour) Consultant, International Labour Organization, Asia Sub-regional headquarters, New Delhi, India*
- Oversaw the implementation of ‘*The Netherlands/ILO Co-operation Program*’ in Pakistan and Nepal. The program led to improved organization policies for occupational health and safety for ‘informal’ workforce in the construction industry.
  - Led a project focused ratification of child labor conventions against hazardous work conditions and raising the minimum age in India. A research paper was

developed with the help of government officials, academicians and leaders from local non-profit organizations to highlight the plight of children in the workforce and violations of human rights.

- 2007 *Marketing Intern, World Wide Fund for Nature (WWF), New Delhi India*
- Developed marketing plan for the Delhi office of WWF
  - Organized and supervised exhibitions on ‘extinct animals’ of the world in India Habitat Centre
  - Assisted in developed partnerships with cloth designer company ‘Satya Paul’ to start a men’s wear line with prints of ‘extinct animals’
- 2006 *Social Development Intern, Fredrich Ebert Stiftung, New Delhi, India*
- Developed plan for youth involvement in the trade union movement in India
  - Authored publication titled ‘Youth Inclusion and Development Go Hand in Hand’ for quarterly in-house journal.
  - Assisted Editor-in-Chief of in-house journal ‘Dialogues’ with day-to day functioning of the journal.

### **Community Service**

- 2016- Present *Board of Director, Friends of Kalangarai, Louisville KY*
- 2016- Present *Research Consultant, International Participatory Development Institute, Haryana India*
- 2016- Present *Reviewer, International Social Work Journal*
- 2015- Present *Reviewer, Open Medical Journal*
- 2015- Present *Reviewer, Journal for the Healthcare for the Poor and Underserved*
- 2015- Present *Volunteer, Executive Service Corps Cincinnati*
- 2014- 2015 *Journal Editorial Team, Beyond Borders: Advances in Global Transformation, Boston College*
- 2014 *Advising Committee, Global Maternal Health, Social Innovation Week, Boston College, MA*
- 2014 *Guest Speaker, International Education Week, Boston College, MA*
- 2013- 2014 *Co-leader, SSW Doctoral Outreach Committee, Boston College School of Social Work,*
- 2005- 2008 *Volunteer, Mother Teresa Home & Palna Orphanage, New Delhi India*

### **Skills**

Data Analysis: Stata, SPSS, HLM, Qualtrics, NViVo,  
Online Teaching Portals: Canvas, Pilot, Blackboard and Bright space  
Research Skills: Impact evaluation, Survey design, Mixed-methods  
Language: Advanced fluency in Hindi

### **Professional Affiliations**

- American Association of University Women (AAUW)
- American Evaluation Association (AEA)
- Council for Social Work Education (CSWE)
- Global Forum on Food Security and Nutrition, FAO
- International Federation of Social Workers (IFSW)
- NGO Committee on the Status of Women (NGO/CSW)
- Society for Social Work Research (SSWR)