

DEGREE REQUIREMENTS	CURRICULUM NOTES
<p>Credits: minimum of 180 credits</p> <p>Credits in major: 80</p> <p>GPA cumulative minimum: 2.0</p> <p>GPA major minimum: 2.0</p>	<ul style="list-style-type: none"> All major requirements must be completed with a C (2.0) or better. SPEX majors must place into MATH 1021 or above in order to enroll in CHEM 1500/1501 and BIOL 1610/1611. SPEX majors must receive a grade of C or better in BIOL 2200, BIOL 2210, CHEM 1500/1501 and have a major GPA of 2.5 or above to enroll in SPEX 2310/2311. SPEX majors must complete or test out of MATH 1022 in order to enroll in PHYS 1050/1051. SPEX Electives (15 credits): Choose from SPEX 2510, 3120, 3210, 3220/3221, 3510 or 4300. <p>For complete information on courses, pre-requisites, etc., use this information in conjunction with the online Catalog (http://catalog.seattleu.edu/) for the current year. The example below assumes you have completed no degree requirements. Your personal program of study may vary from this due to prior educational experience or individual goals.</p> <p>^P Indicates prerequisite required for course ^C Indicates co-requisite required for course</p>

	FALL	WINTER	SPRING			
	COURSE	CREDITS	COURSE	CREDITS	COURSE	CREDITS
FRESHMAN	UCOR 1XXX (MATH 1021 – Precalculus: Algebra)	5	SPEX 1550 Intro to Kinesiology	3	UCOR 1XXX	5
	UCOR 1XXX	5	SPEX 1320 Health and Wellness	5	UCOR 1XXX	5
	CHEM 1500 General Chemistry I ^{PC}	4	BIOL 1610 Biology I: Molecular and Cellular Biology ^{PC}	4	HIST 1200, 1210, or 2310	5
	CHEM 1501 General Chemistry Lab I ^{PC}	1	BIOL 1611 Biology Lab I ^{PC}	1	MATH 1022 Trigonometry	2
SOPHOMORE	UCOR 1XXX	5	BIOL 2210 Anatomy and Physiology II ^P	5	SPEX 2110 Responding to Emergencies	2
	BIOL 2200 Anatomy and Physiology I ^P	5	SPEX 2710 Exercise Psychology ^P	5	UCOR 2XXX ^P	5
	Language 1150	5	Language 1250 ^P	5	Language 1350 ^P	5
JUNIOR	UCOR 2XXX ^P	5	UCOR 2XXX ^P	5	UCOR 3XXX ^P	5
	PHYS 1050 Mechanics ^{PC}	4	SPEX 3130 Biomechanics and Motor Learning ^{PC}	4	SPEX 2310 Sport and Exercise Physiology ^{PC}	4
	PHYS 1051 Mechanics Lab ^{PC}	1	SPEX 3131 Biomechanics and Motor Learning Lab ^{PC}	1	SPEX 2311 Sport and Exercise Physiology Lab ^{PC}	1
	General Elective	5	SPEX Elective ^P	5	General Elective	5
SENIOR	UCOR 3XXX ^P	5	UCOR 3XXX ^P	5	SPEX 4990 Research Seminar in Sports and Exercise Sci. ^P	5
	SPEX Elective ^P	5	SPEX 4950 Internship	5	SPEX 4950 Internship	5
	General Elective	5	General Elective	3	SPEX Elective ^P	5

CORE MODULE I REQUIREMENTS	CORE MODULE II REQUIREMENTS	CORE MODULE III REQUIREMENTS	SCHOOL/COLLEGE CORE REQUIREMENTS
UCOR 1100 Academic Writing Seminar	UCOR 2100 Theological Explorations ^P	UCOR 3100 Religion in a Global Context ^P	HIST 1200, 1210 or 2310
Mathematics & Quantitative Reasoning fulfilled by MATH 1021	UCOR 2500 Philosophy of the Human Person ^P	UCOR 3400 Humanities & Global Challenges ^P	Language 1150, 1250 ^P , 1350 ^P *
UCOR 1300 Creative Expression and Interpretation	UCOR 2900-2940 Ethical Reasoning ^P	UCOR 3600 Social Sciences & Global Challenges ^P	* Students who demonstrate competency in a language other than English through the 1350 level may replace the language requirement with general electives.
UCOR 1400 Inquiry Seminar in the Humanities			
UCOR 1600 Inquiry Seminar in the Social Sciences			
Inquiry Seminar in the Natural Sciences fulfilled in the major			