This is a sample and not the only way to complete this plan. Number of credits are in parentheses. *Some classes have prerequisites.

### Year 1

<table>
<thead>
<tr>
<th>Fall</th>
<th>Winter</th>
<th>Spring</th>
<th>Steps for Success</th>
</tr>
</thead>
<tbody>
<tr>
<td>UCOR Module I (5)</td>
<td>PSYC 1200 Introductory Psychology (5)</td>
<td>UCOR Module I (5)</td>
<td>☐ Meet with Advisor</td>
</tr>
<tr>
<td>UCOR 1200 Statistical Thinking, or MATH 1010 or higher (5)</td>
<td>UCOR Module I (5)</td>
<td>UCOR Module I (5)</td>
<td>☐ Draft Educational Plan</td>
</tr>
<tr>
<td>Language 1150 (5)</td>
<td>Language 1250* (5)</td>
<td>Language 1350* (5)</td>
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</table>

### Year 2

<table>
<thead>
<tr>
<th>Fall</th>
<th>Winter</th>
<th>Spring</th>
<th>Steps for Success</th>
</tr>
</thead>
<tbody>
<tr>
<td>PSYC Elective* (5)</td>
<td>PSYC Elective* (5)</td>
<td>PSYC Elective* (5)</td>
<td>☐ Meet with Career Engagement Office</td>
</tr>
<tr>
<td>UCOR Module I (5)</td>
<td>UCOR Module II* (5)</td>
<td>UCOR Module II* (5)</td>
<td>☐ Review Educational Plan</td>
</tr>
<tr>
<td>HIST 1200, 1210, or 2310 (5)</td>
<td>General Elective (5)</td>
<td>General Elective (5)</td>
<td></td>
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</tbody>
</table>

### Year 3

<table>
<thead>
<tr>
<th>Fall</th>
<th>Winter</th>
<th>Spring</th>
<th>Steps for Success</th>
</tr>
</thead>
<tbody>
<tr>
<td>PSYC 2050 Writing for Research in Psych* (5)</td>
<td>PSYC 3030 Stats &amp; Research I* (7)</td>
<td>PSYC 3050 Stats &amp; Research II* (8)</td>
<td>☐ Consider Leadership Role</td>
</tr>
<tr>
<td>UCOR Module II* (5)</td>
<td>UCOR Module III* (5)</td>
<td>UCOR Module III* (5)</td>
<td>☐ Explore Practicum and/or Internship Opportunities</td>
</tr>
<tr>
<td>General Elective (5)</td>
<td>General Elective (3-5)</td>
<td>PSYC Elective* (2-5)</td>
<td>☐ Attend Career Events</td>
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</tbody>
</table>

### Year 4

<table>
<thead>
<tr>
<th>Fall</th>
<th>Winter</th>
<th>Spring</th>
<th>Steps for Success</th>
</tr>
</thead>
<tbody>
<tr>
<td>PSYC 3700 History &amp; Schools of Psych* (5)</td>
<td>PSYC Elective* (5)</td>
<td>PSYC 4890 Senior Seminar* (5)</td>
<td>☐ Apply for Graduation on MySeattleU</td>
</tr>
<tr>
<td>PSYC Elective* (5)</td>
<td>UCOR Module III* (5)</td>
<td>General Elective (5)</td>
<td>☐ Finalize Educational Plan</td>
</tr>
<tr>
<td>General Elective (5)</td>
<td>General Elective (5)</td>
<td>General Elective (5)</td>
<td>☐ Attend Career Events</td>
</tr>
</tbody>
</table>

*Continued next page*
University Core Requirements

UCOR classes are listed in the sample plan by what module is recommend. See below for UCOR course titles listed by Module. See my.seattleu.edu for prerequisites and www.seattleu.edu/core for course descriptions. Honors and Matteo Ricci students have different Core requirements.

Module I

UCOR 1100 Academic Writing Seminar
UCOR 1200 Quantitative Reasoning
UCOR 1300 Creative Expression & Interpretation
UCOR 1400 Inquiry Seminar in the Humanities
UCOR 1600 Inquiry Seminar in the Social Sciences
UCOR 1800 or 1810 Inquiry Seminar in the Natural Sciences

Module II

UCOR 2100 Theological Explorations
UCOR 2500 Philosophy of the Human Person
UCOR 2900 Ethical Reasoning

Module III

UCOR 3100 Religion in a Global Context
UCOR 3400 Humanities and Global Challenges
UCOR 3800 Natural Sciences and Global Challenges

Important Major Information

- Credits in Major: 65
- Minimum Major GPA: 2.00 (some scholarships may require higher)
- College of Arts and Sciences Requirements: 20 credits
  - HIST 1200, 1210 or 2310
  - Modern Language 1150, 1250, 1350 or demonstrated proficiency
- Entry into the major requires a 2.75 grade point average.
- All majors must obtain a minimum grade of C (2.00) in the Required Courses: PSYC 1200, 2050, 3030, 3050, 3700, and 4890.
- No more than 10 total credit hours of independent study and/or practicum are permitted. Up to 10 credits of courses graded CR may apply towards the major.
- All majors must complete at least 30 credits in the major at Seattle University. PSYC 2050, 2030, 3050, and 4890 must be completed at Seattle University.
- PSYC 2050 must be taken by fall of the senior year and before PSYC 3030, 3050, 3700, and 4890.
- Department recommends Statistical Thinking for UCOR 1200.

Resources for Success

- Map out your own plan through My.SeattleU.edu
- Meet with a Career Coach from Career Engagement Office
- Sign up for academic support with Learning Assistance Programs
- Explore career options at the “What Can I Do with This Major” page
- Learn more about academic advising on the Advising Services page

Notes

Use MySeattleU Student Planning to plan your courses and work closely with your academic advisor on your educational plan. You are responsible for knowing information and tracking changes. Contact your Advising Center for support.

Arts & Sciences Advising
ASCAdvising@seattleu.edu

Seattle U Advising Services
http://www.seattleu.edu/advising