The example below assumes that you enter Seattle University with junior standing (90 credits), have earned a transferable associate degree, and have successfully completed an equivalent to the following:

<table>
<thead>
<tr>
<th>Seattle University Course Number and Title</th>
<th>Washington State Community College Common Course Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Language 1150, 1250, and 1350</td>
<td>Foreign Language or ASL 121, 122 and 123 or demonstrated proficiency</td>
</tr>
<tr>
<td>PSYC 1200 Introductory Psychology</td>
<td>PSYC 100</td>
</tr>
<tr>
<td>HIST 1200, 1210, or 2310</td>
<td>HIST 126, 127, 128, 136, 137, 146, 147 or 148</td>
</tr>
</tbody>
</table>

Visit the Transfer Equivalency Guide on the Transfer Tools site for more information on how your credits may transfer to SU: [https://www.seattleu.edu/registrar/transfer-tools/](https://www.seattleu.edu/registrar/transfer-tools/). Some courses not listed on the Transfer Equivalency Guide may still transfer to SU. For courses not found on this tool, compare course descriptions with SU’s course catalog to determine equivalent courses at your college/university: [http://catalog.seattleu.edu/](http://catalog.seattleu.edu/)

This is a sample and not the only way to complete this plan. Number of credits are in parentheses. *Some classes have prerequisites.

### Year 3

<table>
<thead>
<tr>
<th>Fall</th>
<th>Winter</th>
<th>Spring</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Course 1</strong></td>
<td><strong>Course 2</strong></td>
<td><strong>Course 3</strong></td>
</tr>
<tr>
<td>UCOR Module II* (5)</td>
<td>UCOR Module II* (5)</td>
<td>UCOR Module II* (5)</td>
</tr>
<tr>
<td>PSYC 2050 Writing for Research in Psychology* (5)</td>
<td>PSYC 3030 Statistics and Research Methods I* (7)</td>
<td>PSYC 3050 Statistics and Research Methods II* (8)</td>
</tr>
<tr>
<td><strong>Course 3</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>PSYC 2050 Writing for Research in Psychology* (5)</td>
<td>PSYC Elective* (5)</td>
<td></td>
</tr>
</tbody>
</table>

### Steps for Success

- □ Meet with Faculty Advisor
- □ Meet with Career Engagement Office
- □ Submit Course Plan for approval via MySeattleU

### Year 4

<table>
<thead>
<tr>
<th>Fall</th>
<th>Winter</th>
<th>Spring</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Course 1</strong></td>
<td><strong>Course 2</strong></td>
<td><strong>Course 3</strong></td>
</tr>
<tr>
<td>PSYC 3700 History and Schools of Psychology* (5)</td>
<td>PSYC Elective* (5)</td>
<td>PSYC 4890 Senior Seminar* (5)</td>
</tr>
<tr>
<td>PSYC Elective* (5)</td>
<td>PSYC Elective* (5)</td>
<td>PSYC Elective* (5)</td>
</tr>
<tr>
<td>PSYC Elective* (5)</td>
<td>General Elective (5)</td>
<td>General Elective (5)</td>
</tr>
</tbody>
</table>

### Steps for Success

- □ Meet with Faculty Advisor for Senior Graduation Check
- □ Apply for Graduation
- □ Continue Post Graduation Planning
### University Core Requirements

UCOR classes are listed in the sample plan as Module I, II, and III. See below for UCOR course titles listed by Module. See my.seattleu.edu for prerequisites and www.seattleu.edu/core for course descriptions. Honors and Matteo Ricci students have different Core requirements.

#### Module I
- **UCOR 1100** Academic Writing Seminar
- **UCOR 1200** Quantitative Thinking
- **UCOR 1300** Creative Expression & Interpretation
- **UCOR 1400** Inquiry Seminar in the Humanities
- **UCOR 1600** Inquiry Seminar in the Social Sciences
- **UCOR 1800** Inquiry Seminar in the Natural Sciences

#### Module II
- **UCOR 2100** Theological Explorations
- **UCOR 2500** Philosophy of the Human Person
- **UCOR 2900** Ethical Reasoning

#### Module III
- **UCOR 3100** Religion in a Global Context
- **UCOR 3400** Humanities and Global Challenges  
  OR
- **UCOR 3800** Natural Sciences and Global Challenges

### Degree Requirements
- **Total Credits Required for Degree:** 180
- **Credits in Core:** 60
  - HIST 1200, 1210 or 2310
  - Modern Language 1150, 1250, 1350 or demonstrated proficiency
- **Credits in College:** 20
  - Honors and Matteo Ricci students have different Core requirements.
- **Credits in major:** 65
- **GPA cumulative minimum:** 2.0
- **GPA major minimum:** 2.0

### Resources for Success
- Map out your own plan through My.SeattleU.edu
- Meet with a Career Advisor from the Career Engagement Office
- Sign up for academic support with Learning Assistance Programs
- Explore career options at the "What Can I Do With This Major" page
- Learn more about academic advising on the Advising Services page

### Curriculum Notes
- Entry into the major requires a 2.75 grade point average.
- All majors must obtain a minimum grade of C (2.00) in the Required Courses: PSYC 1200, 2050, 3030, 3050, 3700, and 4890.
- No more than 10 total credit hours of independent study and/or practicum are permitted. Up to 10 credits of courses graded CR may apply towards the major.
- All majors must complete at least 30 credits in the major at Seattle University. PSYC 2050, 2030, 3050, and 4890 must be completed at Seattle University.
- PSYC 2050 must be taken by fall of senior year and before PSYC 3030, 3050, 3700, and 4890.
- CRJS 3010&3020 (10 credits) may substitute for PSYC 3030&3050 for BA Psychology students earning a double major or double degree with Criminal Justice.