

This is a sample and not the only way to complete this plan. Number of credits are in parentheses. *Some classes have prerequisites.

Year 1

Fall	Winter	Spring	Steps for Success
Language 1150 (5)	Language 1250* (5)	Language 1350* (5)	<input type="checkbox"/> Meet with Advisor
UCOR Module I (5)	INST 2000 Intro to International Studies (5)	HIST 1210 Studies in Modern Civilization (5)	<input type="checkbox"/> Draft Educational Plan
UCOR Module I (5)	UCOR Module 1 (5)	UCOR Module I (5)	<input type="checkbox"/> Attend Education Abroad information session

Year 2

Fall	Winter	Spring	Steps for Success
INST 2100 World Geography (5)	INST 2300 Intro to Comp. Politics (5)	ECON 2130 Principles of Econ-Macro (5)	<input type="checkbox"/> Meet with Career Engagement Office
Language 2150* (5)	Language 2250* (5)	Language 2350* (5)	<input type="checkbox"/> Apply for Education Abroad
UCOR Module I (5)	UCOR Module I (5)	HIST2010 Workshop in World History (5)	<input type="checkbox"/> Review Educational Plan

Year 3

Fall	Winter	Spring	Steps for Success
Study Abroad: 15 quarter credits or equivalent semester credits of INST electives, including at least 5 credits Non-Western Humanities designated elective	INST 2600 Intro to Int'l Politics (5)	INST 3800 Research in Int'l Studies (5)	<input type="checkbox"/> Consider Leadership Role
	UCOR Module II* (5)	UCOR Module II* (5)	<input type="checkbox"/> Attend Career Events
	UCOR Module II* (5)	UCOR Module III* (5)	<input type="checkbox"/> Research Internships
			<input type="checkbox"/> Review Educational Plan

Year 4

Fall	Winter	Spring	Steps for Success
General Elective (5) or INST 4950 Internship	INST 4900 Senior Capstone* (5)	General Elective (5)	<input type="checkbox"/> Apply for Graduation on MySeattleU
UCOR Module III* (5)	UCOR Module III* (5)	General Elective (5)	<input type="checkbox"/> Finalize Educational Plan
General Elective (5)	General Elective (5)	General Elective (5)	<input type="checkbox"/> Attend Career Events <input type="checkbox"/> Post-Graduation Planning

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University Core Requirements

UCOR classes are listed in the sample plan by what module is recommended. See below for UCOR course titles listed by Module. See my.seattleu.edu for prerequisites and www.seattleu.edu/core for course descriptions. Honors and Matteo Ricci students have different Core requirements.

Module I

UCOR 1100 Academic Writing Seminar
UCOR 1200 Quantitative Reasoning
UCOR 1300 Creative Expression & Interpretation
UCOR 1400 Inquiry Seminar in the Humanities
UCOR 1600 Inquiry Seminar in the Social Sciences
UCOR 1800 or 1810 Inquiry Seminar in the Natural Sciences

Module II

UCOR 2100 Theological Explorations
UCOR 2500 Philosophy of the Human Person
UCOR 2900 Ethical Reasoning

Module III

UCOR 3100 Religion in a Global Context
UCOR 3400 Humanities and Global Challenges
UCOR 3800 Natural Sciences and Global Challenges

Important Major Information

- Credits in Major: 70
- Minimum Major GPA: 2.00 (some scholarships may require higher)
- College of Arts and Sciences Requirements: 20 credits
 - HIST 1210
 - Modern Language 1150, 1250, 1350 or demonstrated proficiency
- The INST major requires a learning program in a country other than the U.S. An acceptable study abroad experience for the INST major includes a minimum of 15 quarter credits, or the equivalent in semester credits, provided that the student meets full-time status in the chosen study abroad program. This requirement may be waived due to Covid-19 restrictions.
- Students educated to the age of 16 in schools outside the United States may request a waiver of the INST study abroad requirement.
- INST Electives: Choose a total of 15 credits of approved electives as found in the Course Catalog and listed on the INST department website, in consultation with your academic advisor. At least 5 of these 15 elective credits must have a Non-Western Humanities designation (NWH).
Students who place out of a second year of language (2000-level) must take 30 credits of INST major electives instead of 15 credits.

Resources for Success

- Map out your own plan through My.SeattleU.edu
- Meet with a Career Coach from Career Engagement Office
- Sign up for academic support with Learning Assistance Programs
- Explore career options at the “What Can I Do with This Major” page
- Learn more about academic advising on the Advising Services page

Notes



Use MySeattleU Student Planning to plan your courses and work closely with your academic advisor on your educational plan. You are responsible for knowing information and tracking changes.

Contact your Advising Center for support.

Arts & Sciences Advising
ASCAdvising@seattleu.edu
Seattle U Advising Services
<http://www.seattleu.edu/advising>