Admission is selective. Strong applications will demonstrate knowledge of the profession, experience that indicates an understanding of the strengths and challenges of being in the helping profession, and an appreciation of diversity. Fall-start only. Applications are due on January 15th and April 15th.

Application Instructions and Procedures

All application materials must be received by the application deadline to receive full consideration. For application deadlines and entry terms, refer to the priority deadlines. International applicants and those with international transcripts should consult the International Requirements Page, for deadlines and other requirements, as they may differ.

• Evidence of a four-year equivalent bachelor’s degree, preferably in a liberal arts area, from a regionally accredited institution. Submit official or unofficial copies of transcripts, degree certificates, and exam score reports for every school attended in the last 60 semester/90 quarter credits as well as any postbaccalaureate credits. You may upload the unofficial transcript(s) for your institution(s) within the Academic History tab of the application. You may also upload the transcript(s) following the submission of your application via your Status Page. Upon an offer of admission, you will be required to submit official copies of provisional documents within your first quarter of enrollment. Applicants from nongraded degree programs must submit GRE scores from the last 5 years.

• Minimum 3.00 GPA in the last 60 graded semester/90 graded quarter credits.

• Applicants with less than a 3.0 GPA may apply and may be considered for probationary admission.

• Résumé reflecting professional and/or volunteer experiences in the helping field (e.g., social service, education, or ministry).

• Two or three letters of recommendation from professional and/or academic sources (e.g., supervisor, professor). At least one should be from a person who can speak to your ability to work with diverse populations. (Note: Recommendation forms are provided electronically through the application).

• A 1000-1250 word personal statement that addresses all of the following:
  • personal, professional, and academic history and how they have led to your decision to become a couples and family therapist;  
  • professional and career goals;  
  • ways in which social justice and becoming a culturally responsive couples and family therapist align with your professional interests (you may include experience, education/training, and interest in working with culturally diverse populations);  
  • and how a degree in couples and family therapy will help you to reach those goals;  
  • ways in which social justice and becoming a culturally responsive couples and family therapist align with your professional interests (you may include experience, education/training, and interest in working with culturally and spiritually diverse populations);  
  • reasons for wanting to study at Seattle University's Couples and Family Therapy program;  
  • you may explain any special circumstances in your background and/or history and elaborate on any distinctive abilities or achievements.

• A group interview with MACT faculty and staff, if selected.
• Completion of a background check in your current state of residence. The Affiliation Agreements between internship training sites and Seattle University require the University to obtain criminal history background checks on Seattle University students who will provide direct services, or have unsupervised access to, or direct contact with, children under sixteen (16) years of age, vulnerable adults as defined under RCW 43.43.830, and developmentally disabled individuals. More information will be provided once an application is submitted and must be completed before you are accepted to interview.

• Graduate and post baccalaureate applicants who received a baccalaureate degree or higher from Seattle University or a recognized college or university in the United States, Canada, Great Britain, Ireland, New Zealand, Australia, Bahamas, Jamaica, Kenya, Nigeria, Singapore, Belize, and Trinidad and Tobago will not be required to submit English proficiency test scores. Students earning a degree in a country other than those listed above may provide official documentation from the degree-granting institution verifying that all instruction was in English. A minimum of three years of enrollment at the university is required. English proficiency may be met with an official TOEFL score of 86 (IBT), or the IELTS exam with a minimum score of 6.5; PTE score of 63; or Duolingo score of 110.

Seattle University does not discriminate on the basis of race, color, religion, sex, national origin, age, disability, marital status, sexual orientation, gender identity, political ideology, or status as a Vietnam-era or special disabled veteran in the administration of any of its education policies, admission policies, scholarship and loan programs, athletics, and other school administered policies and programs, or in its employment related policies and practices. All University policies, practices and procedures are administered in a manner consistent with Seattle University’s Catholic and Jesuit identity and character. Inquiries related to these policies may be referred to the University’s Vice President for Human Resources and University Services and Equal Opportunity Officer at (206) 296-5870.