# STMA 561 Psycho-Spiritual Development

#### **Syllabus**

#### **Course Information**

Course Number: STMA 561 Instructor: Mary Rose Bumpus, RSM, Ph.D.

Units: 3 Office: Hunthausen #217

Prerequisites: STMM 500 Office Hours: By Appointment (see below)

12 hours at STMM level Phone: 206-296-6958

Email: <u>bumpusm@seattleu.edu</u>

#### Time and Place

Day: Thursday
Time: 9:00-11:50 a.m.

Place: TBD

First Day of Class: April 1, 2010 Last day of Class: June 3, 2010

#### PRE-CLASS ASSIGNMENT:

Please complete the reading listed under course assignment for the first class before this class. This reading is found in the Reader which can be purchased from Seattle University's Reprographics Center.

### Course Description

This course will introduce participants to several developmental theories of psychological and spiritual growth. These theories will be discussed and evaluated in light of social and cultural influences on personal identity, specific personal narratives, and the experiences of class participants. These theories will also be discussed in light of participants' faith traditions and future ministries.

# This syllabus is subject to change at the discretion of the instructor.

#### STM Learning Outcomes

The course in psycho-spiritual development is required of the MATS and MAPC degrees. Students of other degree programs take this course as well. This course is designed to assist students in meeting the following STM learning outcomes:

- ♣ Knowledge of the interaction of religious/spiritual experience and culture in their ecumenical and multicultural dimensions
  - •Students read about and reflect upon the nature of culture and its diverse influences on human development with specific examples from highly diverse cultures.

- •Students read and discuss texts on psychological and spiritual development written by men and women of different faith traditions and cultures (see bibliography).
- •Students participate in stable working sub-groups with the greatest variety of faith traditions and cultures possible.
- •Students examine the ways their faith traditions and cultures have shaped their self-understanding and their understandings of God.
- ◆Students reflect upon the way contemporary culture affects spiritual growth and development.
- •Students evaluate theories of psychological and spiritual development in light of particular social and cultural contexts, personal narratives, and the experience of other class participants.
- Ability to articulate one's relationship with God, as it is informed by theological reflection in one's social context
  - •Students write three papers in which they articulate how their relationship with God has affected or been affected by identity forming life experiences at three stages of life.
- ♣ Ability to articulate and live from an understanding of self as human, minister, and leader
  - •Students become familiar with particular theories of psychological and spiritual development that shed light on their sense of self and other as human.
  - •Students explore, articulate, and synthesize their own psycho-spiritual development through reading, reflection, discussion, and writing.
  - •Students explore the relevance and consequences of psycho-spiritual development for past, present, and future ministries.
- ♣ Ability to be a responsive, discerning listener who can enter another's worldview
  - •Students act as responsive listeners for other class participants through active, attentive listening in both large and small groups.

#### **Appointments**

Please call or email for a specific appointment time. The office phone number is 206-296-6958. I can be reached by email: <a href="mailto:bumpusm@seattleu.edu">bumpusm@seattleu.edu</a>. I am most often available on Tuesdays and some Thursday afternoons.

#### Special Needs

If you have or think you may have a disability (including an "invisible disability" such as a learning disability, a chronic health problem, or a mental health condition) that interferes with your performance as a student in this class, you are encouraged to discuss your needs and arrange support services and/or accommodations through Disabilities Services staff in the Learning Center, Loyola 100, 206-296-5740.

#### Requirements

- 1. Attendance at all classes and participation in small and large group discussions and exercises.
- 2. Required readings as listed below.
- 3. Three papers. Paper requirements are listed below.

#### Grading

3/4 for papers – 1<sup>st</sup> Paper = 25%, 2<sup>nd</sup> Paper = 25%, 3<sup>rd</sup> Paper = 25% 1/4 for class participation

Your participation contributes to the life of the class. Please do not plan to enroll in the class if you will be absent for more than one three-hour class period or if you must miss the first class session.

# **Guidelines for Papers**

Papers are to be typed, double-spaced, on one side of regulation size white paper. Please be exact about sentence structure, diction, spelling, grammar, and so forth. If you have trouble in this area, please ask someone to proof read the paper and then correct it before submitting. When referring to course readings in papers, use either the **footnote** citation format of *The Chicago Manual of Style*, latest edition, or the **parenthetical** style of *The Publication Manual of the American Psychological Association.* (*The Chicago Manual of Style's footnote format is preferred, but either will be accepted*). If you use the footnote format of *The Chicago Manual of Style*, you do not need to add a bibliography. If you use the parenthetical style of *The Publication Manual of the APA*, you need to include a bibliography at the end of the paper. The School of Theology and Ministry uses *The Handbook for Writers* by Lynn Quitman Troyka and Douglas Hesse (Upper Sadler River, NJ: Simon & Schuster, 2007) as its source for proper use of both style manuals, for appropriate use of punctuation and mechanics, and for guidelines on writing effectively. This book may be purchased at the SU bookstore.

Papers are to be 5-6 pages in length with a font size of 12. No more than 6 pages will be read. Your promptness in submitting papers is not only appreciated but vital for the on-going development of the class. If papers are late, I will grade them but will be unlikely to offer feedback. Please speak with me if you need time adjustments for serious reason.

#### Paper One: Due Date - May 6

From the period of childhood, choose one event, person, place, or time you believe to be particularly formative of your psycho-spiritual development. How did this experience influence your psychological and spiritual growth? How is this experience similar to and/or different from the movements of childhood as described by/in Piaget, Bettelheim, Erikson, Sullivan, Fowler, Mercer, or "The Spirituality of Children." Use at least two theorists or figures with which to compare and contrast.

### Paper Two: Due Date - May 20

From the period of adolescence **or** young adulthood, choose one event, person, place, or time you believe to be particularly formative of your psycho-spiritual development. How did this experience influence your psychological and spiritual growth? How is your experience similar to and/or different from the movements of adolescence or young adulthood we have studied, or from the developmental theories of Milton Erickson and Eric Greenleaf? Use at least two of the following figures with which to compare and contrast: Nydam, Graham, Fowler, the essays in Parker, Yaconelli, Cushing and McGoldrick, Milton Erickson, or Eric Greenleaf.

#### Paper Three: Due Date – June 3

From the period of mid-life **or** older years, choose one event, person, place or time you believe to be particularly formative of your psycho-spiritual development. How did this experience influence your psychological and spiritual growth? How is this experience similar to and/or different from the movements of life described by/in Slee, Davis, Fitzgerald, Jung, Fowler, Black, Lamb and Thompson, and McFadden.

#### or:

If you have not entered midlife, write a paper on a particular aspect of your development about which you have not yet written and reflected in relation to these theorists.

## Criteria for Grading Each Paper:

- 1. Evidence of authentic expression of experience
- 2. Evidence of significant understanding of at least two theorists
- 3. Articulation of impact upon **both** psychological and spiritual development
- 4. Clarity of Writing

(Clarity of Writing includes: - clearly articulated thoughts and feelings

- accurate structure, grammar, and spelling

- accurate footnote citations)

Rubric for papers will be provided the first day of class.

#### Academic Honesty

The School of Theology and Ministry strictly adheres to the Academic Policy concerning Academic Honesty as published in the Seattle University Student Handbook (see the Seattle University website).

#### General Class Procedure

9:00-10:10 General Overview of Topic of Day Lecture/Discussion/Writing Exercise

10:10-10:20 Break

10:20-10:50 Small Group Discussion in permanent working sub-groups of 3 or 4

10:50-11:00 Break

11:00-11:50 Large Group Discussion of Readings/Discussion of Group Experience

#### **Schedule of Classes and Assigned Readings**

# April 1 Introduction to Psycho-Spiritual Development

What We Are Studying and Why
Experience and Theological Reflection
The Cultural Relativity of Developmental Theories

#### Required Reading:

Barbara Rogoff, "Orienting Concepts and Ways of Understanding the Cultural Nature of Human Development," chap. 1 in *The Cultural Nature of Human Development* (New York: Oxford University Press, 2003), 3-29. In READER

# April 8 Cognitive Development: Jean Piaget and William Perry Special Focus on Childhood

# Required Readings:

Dorothy G. Singer and Tracey A. Revenson, *A Piaget Primer: How a Child Thinks*, rev. ed. (New York: A Plume Book, 1996), 1-56.

Mary Rose Bumpus, "Jean Piaget: An Introduction," 2010 (School of Theology and Ministry, Seattle University, Washington, photocopy), 1-5. In READER.

Mary Rose Bumpus, "Jean Piaget: Eras and Stages of Physical/Cognitive Development," 2010 (School of Theology and Ministry, Seattle University, Washington, photocopy).

In READER.

# April 15 Psycho-Social Development: Bruno Bettelheim, Erik Erikson, and Harry Stack Sullivan Special Focus on Childhood

#### Required Reading:

#### Bring one or two pictures of yourself as a child to class

Bruno Bettelheim, *Freud and Man's Soul* (London: Pimlico, a division of Random House Inc., 1982), vii-10, 49-64.

Erik H. Erikson, *Identity and the Life Cycle* (New York: W.W. Norton & Co., 1959), 51-107.

F. Barton Evans III, "Pre-Adolescence," excerpt from Chap. 5 in *Harry Stack Sullivan: Interpersonal Theory and Psychotherapy*, The Makers of Modern Psychotherapy Series (London and New York: Routledge, 1996), 114-119.

Harry Stack Sullivan, "Preadolescence," Ch. 16 of *The Interpersonal Theory of Psychiatry*, in *The Collected Works of Harry Stack Sullivan* (New York: W. W. Norton & Co., Inc., 1953), 245-262.

Mary Rose Bumpus, "Erik Erikson: An Introduction," 2010 (School of Theology and Ministry, Seattle University, Washington, photocopy), 1-6. In READER.

Mary Rose Bumpus, "Erik Erikson: Life Cycle Stages of Development," 2010 (School of Theology and Ministry, Seattle University, Washington, photocopy). In READER.

# April 22 Spirituality and Fowler's Faith Development Special Focus on Childhood

# Required Readings:

James Fowler, "Faith Development Theory and the Human Vocation," chap. 3 in *Becoming Adult, Becoming Christian: Adult Development and Christian Faith* (San Francisco, CA: Jossey-Bass, 2000), 37-61. In READER.

Joyce Ann Mercer, "Spiritual Economies of Childhood: Christian Perspectives on Global Market Forces and Young People's Spirituality," in *Nurturing Child and Adolescent Spirituality: Perspectives from the World's Religious Traditions*, eds. Karen Marie Yust, Aostre N. Johnson, Sandy Eisenberg Sasso, and Eugene C. Roehlkepartain (Lanham, MD: Rowman & Littlefield Publishers, Inc., 2006), 458-471. In READER.

Mary Rose Bumpus, "The Spirituality of Children," 2010 (School of Theology and Ministry, Seattle University, Washington, photocopy), 1-9. In READER.

#### April 29 Adolescence: Nydam, Graham, Parker, and Yaconelli

#### Required Readings:

Alice M. Graham, "Identity in Middle and Late Adolescence," in *Human Development and Faith: Life-Cycle Stages of Body, Mind, and Soul*, ed. Felicity B. Kelcourse (St. Louis, MO: Chalice Press, 2004), 223-35.

Ronald Nydam, "Early Adolescence: Venturing Toward a Different World," in *Human Development and Faith: Life-Cycle Stages of Body, Mind, and Soul*, ed. Felicity B. Kelcourse (St. Louis, MO: Chalice Press, 2004), 205-22.

Su Yon Pak, "I's Wide Shut: Eyelid Surgery as a Window into the Spirituality of Korean American Adolescent Girls, in *The Sacred Selves of Adolescent Girls: Hard Stories of Race, Class, and Gender*, ed. Evelyn L. Parker (Cleveland, OH: The Pilgrim Press, 2006), 15-42.

Mark Yaconelli, *Contemplative Youth Ministry: Practicing the Presence of Jesus* (Grand Rapids, MI: Zondervan, 2006), 17-46, 103-122.

Bumpus, Mary Rose. "Adolescent Sexual Identity." 2010. School of Theology and Ministry, Seattle University, Washington, photocopy.

# FIRST PAPER DUE TODAY

# May 6 Uniqueness of Development: Milton Erickson and Eric Greenleaf Special Focus on Young Adulthood

# Required Readings:

Bonnie Cushing and Monica McGoldrick, "The Differentiation of Self and Faith in Young Adulthood," in *Human Development and Faith: Life-Cycle Stages of Body, Mind, and Soul*, ed. Felicity B. Kelcourse (St. Louis, MO: Chalice Press, 2004), 236-50.

Elizabeth Moore Erickson, "Preface," in *Milton Erickson, M.D.: An American Healer*, eds. Betty Alice Erickson and Bradford Keeney (Sedona, AZ: Leete's Island Books, Ringing Rocks Press, 2006), 4-12.

Bradford Keeney, "Introduction," in *Milton Erickson, M.D.: An American Healer*, eds. Betty Alice Erickson and Bradford Keeney (Sedona, AZ: Leete's Island Books, Ringing Rocks Press, 2006), 13-21.

Betty Alice Erickson, chap. 1 in *Milton Erickson, M.D.: An American Healer*, eds. Betty Alice Erickson and Bradford Keeney (Sedona, AZ: Leete's Island Books, Ringing Rocks Press, 2006), 22-84.

Mary Rose Bumpus, "Eric Greenleaf: Growth and Development," 2010 (School of Theology and Ministry, Seattle University, Washington, photocopy), 1-5. In READER

James Fowler, "Faith Development Theory and the Human Vocation," chap. 3 in *Becoming Adult, Becoming Christian: Adult Development and Christian Faith* (San Francisco, CA: Jossey-Bass, 2000), 49-51. In READER

John D. Lentz, *Spiritual Solutions to Anxiety and Panic: An Ericksonian Approach* (Jeffersonville, IN: Healing Words Press, 2004), 1-44.

### May 13 Women's Faith Development

# Required Readings:

John D. Lentz, *Spiritual Solutions to Anxiety and Panic: An Ericksonian Approach* (Jeffersonville, IN: Healing Words Press, 2004), 45-56.

Nicola Slee, *Women's Faith Development: Patterns and Processes*, Explorations in Practical, Pastoral and Empirical Theology Series (Burlington, VT: Ashgate, 2004), 81-95, 105-148, 163-181.

#### SECOND PAPER DUE TODAY

#### May 20 Mid-Life Spirituality

# Required Readings:

Russell Haden Davis, "The Middle Years," in *Human Development and Faith: Life-Cycle Stages of Body, Mind, and Soul*, ed. Felicity B. Kelcourse (St. Louis, MO: Chalice Press, 2004), 251-268.

Constance Fitzgerald, "Impasse and Dark Night," in *Women's Spirituality: Resources For Christian Development*, ed. Joann Wolski Conn (New York/Mahwah, NJ: Paulist Press, 1986), 287-311. In READER.

Carl G. Jung, "The Aims of Psychotherapy," in *The Practice of Psychotherapy: Essays on the Psychology of the Transference and Other Subjects*, 2<sup>nd</sup> ed., trans. R. F. C. Hull, Bollinger Series XX (Originally published 1931; New York: Pantheon Books, 1954), 36-52. In READER.

Mary Rose Bumpus, "Awakening Hidden Wholeness: A Jungian View of Luke 10:38-42," 2010 (School of Theology and Ministry, Seattle University, Washington), unpublished manuscript, 1-26. In READER

James Fowler, "Faith Development Theory and the Human Vocation," chap. 3 in *Becoming Adult, Becoming Christian: Adult Development and Christian Faith* (San Francisco, CA: Jossey-Bass, 2000), 51-54. In READER.

#### May 27 Aging

#### Required Readings:

Helen K. Black, "Elders' Narratives of Suffering," in vol. 2 of *Aging, Spirituality, and Religion: A Handbook*, eds. Melvin A. Kimble and Susan H. McFadden (Minneapolis, MN: Fortress Press, 2003), 268-85. In READER.

Winifred Wing Han Lamb and Heather Thomson, "Wholeness, Dignity and the Ageing Self": A Conversation between Philosophy and Theology," *Journal of Religious Gerontology* 12, nos. 3 and 4 (2001): 57-76. In READER.

Susan H. McFadden, "The Paradoxes of Humor and the Burdens of Despair," *Journal of Religious Gerontology* 16, nos. 3 and 4 (2004): 13-27. In READER.

#### FINAL PAPER DUE TODAY

# June 3 Death and Dying

Ira Byock, Dying Well (New York: Riverhead Books, 1997), 1-34, 159-72, 241-48.

# Required Reading STMA 561 Psycho-Spiritual Development

#### <u>Books</u>

Bettelheim, Bruno. *Freud and Man's Soul*. London: Pimlico (The Random House Press), 1982, vii-10, 49-64.

(ISBN 0-7126-6774-1)

Erikson, Erik H. *Identity and the Life Cycle*. New York: W.W. Norton & Co., 1959, 51-107. (ISBN 0393311325)

Kelcourse, Felicity B., ed. *Human Development and Faith: Life-Cycle Stages of Body, Mind, and Soul.* St. Louis, MO: Chalice Press, 2004, 205-268.

(ISBN 0-8272-1442-1)

Lentz, John D. *Spiritual Solutions to Anxiety and Panic: An Ericksonian Approach*. Jeffersonville, IN: Healing Words Press, 2004, 1-44.

(ISBN 0-9740978-4-5)

Singer, Dorothy G. and Tracey A. Revenson. *A Piaget Primer: How a Child Thinks*. Rev. ed. New York: A Plume Book, 1996, 1-56.

(ISBN 0-452-27565-2)

- Slee, Nicola. *Women's Faith Development: Patterns and Processes*. Explorations in Practical, Pastoral and Empirical Theology. Burlington, VT: Ashgate, 2004, 81-95, 105-48, 163-81.
- Yaconelli, Mark. *Contemplative Youth Ministry: Practicing the Presence of Jesus*. Grand Rapids, MI: Zondervan, 2006, 17-46, 103-122.

  (ISBN 978-0-310-26777-5)

#### <u>Reader</u>

- Black, Helen K. "Elders' Narratives of Suffering." In *Aging, Spirituality, and Religion: A Handbook.* Vol. 2, edited by Melvin A. Kimble and Susan H. McFadden, 268-285. Minneapolis, MN: Fortress Press, 2003.
- Bumpus, Mary Rose. "Extended Bibliography in Developmental Theory." Unpublished. Used with permission.
- Bumpus, Mary Rose. "Erik Erikson: An Introduction." 2009. School of Theology and Ministry, Seattle University, Washington, photocopy.

- Bumpus, Mary Rose. "Erik Erikson: Life Cycle Stages of Development." 2009. School of Theology and Ministry, Seattle University, Washington, photocopy.
- Bumpus, Mary Rose. "Jean Piaget: An Introduction." 2009. School of Theology and Ministry, Seattle University, Washington, photocopy.
- Bumpus, Mary Rose. "Jean Piaget: Eras and Stages of Physical/Cognitive Development." 2009. School of Theology and Ministry, Seattle University, Washington, photocopy.
- Bumpus, Mary Rose. "The Spirituality of Children." 2009. School of Theology and Ministry, Seattle University, Washington, photocopy.
- Bumpus, Mary Rose. "Adolescent Sexual Identity." 2010. School of Theology and Ministry, Seattle University, Washington, photocopy.
- Bumpus, Mary Rose. "Erik Greenleaf: Growth and Development." 2009. School of Theology and Ministry, Seattle University, Washington, photocopy.
- Bumpus, Mary Rose. "Awakening Hidden Wholeness: A Jungian View of Luke 10:38-42." 2009. School of Theology and Ministry, Seattle University, Washington. Unpublished manuscript. Used with permission of author.
- Evans III, F. Barton. "Pre-Adolescence." Excerpt from Chap. 5 in *Harry Stack Sullivan: Interpersonal Theory and Psychotherapy*. The Makers of Modern Psychotherapy Series. London and New York: Routledge, 1996, 114-119.
- Fitzgerald, Constance. "Impasse and Dark Night." In *Women's Spirituality: Resources For Christian Development*. Edited by Joann Wolski Conn, 287-311. New York/Mahwah, NJ: Paulist Press, 1986.
- Fowler, James. "Faith Development Theory and the Human Vocation." Chap. 3 in *Becoming Adult, Becoming Christian: Adult Development and Christian Faith*. San Francisco, CA: Jossey-Bass, 2000, 37-61.
- Jung, Carl G. "The Aims of Psychotherapy." In *The Practice of Psychotherapy: Essays on the Psychology of the Transference and Other Subjects.* 2<sup>nd</sup> Ed. Bollinger Series XX. Trans. R. F. C. Hull. New York: Pantheon Books, 1954, 36-52. (Originally published in 1931).
- Lamb, Winifred Wing Han and Heather Thompson. "Wholeness, Dignity and the Ageing Self: A Conversation Between Philosophy and Theology." *Journal of Religious Gerontology* 12, nos. 3 and 4 (2001): 57-76.
- McFadden, Susan H. "The Paradoxes of Humor and the Burdens of Despair." *Journal of Religious Gerontology* 16, nos. 3 and 4 (2004): 13-27.

- Mercer, Joyce Ann. "Spiritual Economies of Childhood: Christian Perspectives on Global Market Forces and Young People's Spirituality." In *Nurturing Child and Adolescent Spirituality: Perspectives from the World's Religious Traditions*, edited by KarenMarie Yust, Aostre N. Johnson, Sandy Eisenberg Sasso, and Eugene C. Roehlkepartain, 458-471. Lanham, MD: Rowman & Littlefield Publishers, Inc., 2006.
- Rogoff, Barbara. "Orienting Concepts and Ways of Understanding the Cultural Nature of Human Development." Chap. 1 in *The Cultural Nature of Human Development*. New York: Oxford University Press, 2003, 3-36.
- Sullivan, Harry Stack. "Preadolescence." Ch. 16 in *The Interpersonal Theory of Psychiatry*. In *The Collected Works of Harry Stack Sullivan*. New York: W. W. Norton & Co., Inc., 1953, 245-262.

#### Required Reading – Library Reserves

- Su Yon Pak, "I's Wide Shut: Eyelid Surgery as a Window into the Spirituality of Korean American Adolescent Girls, in *The Sacred Selves of Adolescent Girls: Hard Stories of Race, Class, and Gender*, ed. Evelyn L. Parker (Cleveland, OH: The Pilgrim Press, 2006), 15-42.
- Erickson, Betty Alice and Bradford Keeney, eds. *Milton Erickson, M.D.: An American Healer*. Sedona, AZ: Leete's Island Books (Ringing Rocks Press), 2006, 4-84.

### ADDITIONAL RECOMMENDED Reading

### <u>Childhood</u>

- Hay, David with Rebecca Nye. "Children's Spirituality What We Know Already." Chap. 3 in *The Spirit of the Child*, rev. ed. London and Philadelphia: Jessica Kingsley Publishers, 2006, 49-62.
- Mercer, Joyce Ann. *Welcoming Children: A Practical Theology of Childhood*. St. Louis, MO: Chalice Press, 2005.
- Miller-McLemore, Bonnie J. Let the Children Come: Reimagining Childhood from a Christian Perspective. San Francisco, CA: Jossey-Bass, 2003.
- Myers, Barbara Kimes. *Young Children and Spirituality*. New York: Routledge Publishers, 1996.
- Trousdale, Ann M. "Black and White Fire: The Interplay of Stories, Imagination, and Children's Spirituality." *International Journal of Children's Spirituality* 9, no. 2 (August 2004): 177-188.
- Young, Caroline and Cyndie Koopsen. "Spirituality, Religion, and Children." Chap. 11 in *Spirituality, Health, and Healing*. Thorofare, NJ: SLACK Inc., 2005, 203-219.
- Yust, Karen Marie. Real Kids, Real Faith: Practices for Nurturing Children's Spiritual Lives. San Francisco, CA: Jossey-Bass, 2004.

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#### Adolescence

- Kindlon, Dan and Michael Thompson. *Raising Cain: Protecting the Emotional Life of Boys*. New York: Ballantine Books, 2000.
- Kroger, Jane. *Identity Development: Adolescence Through Adulthood.* Thousand Oaks, CA: Sage Publications, 2000.
- Kroger, Jane. *Identity in Adolescence: The Balance between Self and Other*. New York: Routledge, 1996.
- Pipher, Mary. *Reviving Ophelia: Saving the Selves of Adolescent Girls*. New York: Ballantine Books, 1994.

Yust, Karen Marie, Aostre N. Johnson, Sandy Eisenberg Sasso, and Eugene C. Roehlkepartain, eds. *Nurturing Child and Adolescent Spirituality: Perspectives from the World's Religious Traditions*. Oxford: Rowman & Littlefield Publishers, Inc., 2006.

# Young Adulthood

- Howell, Patrick. *A Spiritguide: As Sure as the Dawn through Times of Darkness*. Kansas City, MO: Sheed and Ward, 1996.
- Hoover, Brett. Losing Your Religion, Finding Your Faith: Spirituality and Young Adults. Mahwah, NJ: Paulist Press, 1998.
- Piatt, Christian and Amy Piatt. *Myspace to Sacred Space: God for a New Generation*. Danvers, MA: Chalice Press, 2007.
- Kinnaman, David and Gabe Lyons. *unChristian: What a New Generation Really Thinks About Christianity . . . and Why It Matters.* Grand Rapids, MI: Baker Books, 2007.
- Hayes, Mike. *Googling God: The Religious Landscape of People in Their 20s and 30s.* Mahwah, NJ: Paulist Press, 2007.
- Wuthnow, Robert. After the Baby Boomers: How Twenty- and Thirty-Somethings Are Shaping the Future of American Religion. Princeton, NJ: Princeton University Press, 2007.

#### Women's Spirituality

- Chittister, Joan. *Heart of Flesh: A Feminist Spirituality for Women and Men.* Grand Rapids, MI: William B. Eerdman's Publishing Co., 1998.
- Flinders, Carole. *Enduring Lives: Portraits of Women and Faith in Action*. New York: Penguin Group, 2006.
- Henderson, Katherine Rhodes. *God's Troublemakers: How Women of Faith Are Changing the World*. New York: Continuum, 2006, 1-122.
- Leng, Felicity, comp. *Invincible Spirits: A Thousand Years of Women's Spiritual Writings*. Grand Rapids, MI: William B. Eerdman's Publishing Co., 2007.
- Reuther, Rosemary Radford, ed. *Feminist Theologies: Legacy and Prospect*. Minneapolis, MN: Augsburg Fortress Press, 2007.
- Sewell, Marilyn, ed. *Breaking Free: Women of Spirit at Midlife and Beyond*. Boston, MA: Beacon Press, 2004.

Zagano, Phyllis. *Woman to Woman: An Anthology of Women's Spiritualities*. Collegeville, MN: The Liturgical Press, 1993.

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# Mid-Life Spirituality

- Berry, Wendell. "The Beautiful Shore" and "A Gathering." Chaps. 15 and 19 in *Jayber Crow: A Novel by Wendell Berry*. New York: Counterpoint, 2000, 156-65, 201-207.
- Gunn, Robert Jingen. Journeys into Emptiness: Dōgen, Merton, Jung and the Quest for Transformation. Mahwah, NJ: Paulist Press, 2000.
- Miller, Melvin E. "Religious and Ethical Strivings in the Later Years: Three Paths to Spiritual Maturity and Integrity." In *Religion, Belief, and Spirituality in Late Life*, edited by L. Eugene Thomas and Susan A. Eisenhandler, 35-57. New York: Springer Publishing Company, 1999.
- Sells, Michael A. *Mystical Languages of Unsaying*. Chicago: The University of Chicago Press, 1994.
- Tacey, David. Remaking Men: Jung, Spirituality and Social Change. New York: Routledge, 1997.
- Tacey, David. Jung and the New Age. New York: Bruner-Routledge, 2001.
- Turner, Denys. *The Darkness of God: Negativity in Christian Mysticism*. Cambridge: Cambridge University Press, 1995.

#### Aging

- Beebe, John. "The Place of Integrity in Spirituality." In *The Psychology of Mature Spirituality: Integrity, Wisdom, Transcendence*, edited by Polly Young-Eisendrath and Melvin E. Miller, 11-20. London and Philadelphia: Routledge, 2000.
- Carlsen, Mary Baird. *Creative Aging: A Meaning-Making Perspective*. New York: W. W. Norton & Company, 1991, paperback edition, 1996.
- Goldsmith, Malcolm. "The Stars Only Shine in the Night: The Challenge of Creative Aging." In *Ageing, Spirituality and Well-being*, edited by Albert Jewell, 27-41. London and Philadelphia: Jessica Kingsley Publishers, 2004.

- Kimble, Melvin A. and Susan H. McFadden. *Aging, Spirituality, and Religion: A Handbook.* Vol. 2. Minneapolis, MN: Fortress Press, 2003.
- Moody, Harry R. "Conscious Aging: The Future of Religion in Later Life." In *Aging, Spirituality, and Religion: A Handbook.* Vol. 2, edited by Melvin A. Kimble and Susan H. McFadden, 422-33. Minneapolis, MN: Fortress Press, 2003.
- Young-Eisendrath, Polly and Melvin E. Miller, eds. *The Psychology of Mature Spirituality: Integrity, Wisdom, Transcendence.* London and Philadelphia: Routledge, 2000.

#### Death and Dying

- Callanan, Maggie and Patricia Kelley. *Final Gifts: Understanding the Special Awareness, Needs, and Communications of the Dying.* New York: Simon & Schuster, 1992.
- Farber, Lu and Stu Farber. "The Respectful Death Model: Difficult Conversations at the End of Life." In *When Professionals Weep: Emotion and Countertransference Responses*, eds. Renee S. Katz and Therese A. Johnson, 221-37. New York: Routledge, 2006.
- Kaufman, Sharon R. *The Ageless Self: Sources of Meaning in Late Life*. WI: University of Wisconsin Press, 1994.
- Singh, Kathleen Dowling. *The Grace in Dying: A Message of Hope, Comfort, and Spiritual Transformation*. San Francisco: HarperSanFrancisco, 2000.
- Smith, Rodney. Lessons from the Dying. Somerville, MA: Wisdom Publications, 1998.
- Silverman, Phyllis R., Steven L. Nickman, and Dennis Klass, eds. *Continuing Bonds: New Understandings of Grief.* Series in Death Education, Aging, and Health Care. Washington, D.C.: Taylor & Francis, 1996.

#### General

Carrette, Jeremy and Richard King. *Selling Spirituality: The Silent Takeover of Religion.* New York: Routledge, 2005.