**Seattle University MAP Program**

**Resources and Organizations for Professional Development**

1. **Licensure and Ethics Web Resources**
	1. [ACA Code of Ethics](http://www.counseling.org/Files/FD.ashx?guid=ab7c1272-71c4-46cf-848c-f98489937dda)
	2. AMCD Multi-cultural competencies
		1. <http://www.counseling.org/search-results?q=amcd+competencies>
	3. [Health Information Privacy (HIPPA) information](http://www.hhs.gov/ocr/privacy/index.html)
	4. [National Board for Certified Counselors](http://www.nbcc.org/)
	5. Washington State Department of Health. The law relating to registered counselors:
		1. [RCW 18.19](http://apps.leg.wa.gov/RCW/default.aspx?cite=18.19); [18.225](http://apps.leg.wa.gov/RCW/default.aspx?cite=18.225); [26.44](http://apps.leg.wa.gov/RCW/default.aspx?cite=26.44); [71](http://apps.leg.wa.gov/rcw/default.aspx?Cite=71); [74.34](http://apps.leg.wa.gov/RCW/default.aspx?cite=74.34)
		2. [WAC 248](http://apps.leg.wa.gov/wac/default.aspx?cite=248) , 246-16-230, 246-16-235
	6. [Application for Mental Health Counselors](http://www.doh.wa.gov/hsqa/Professions/Registered_Counselor/default.htm)
2. **Professional Organizations**
3. ACA: American Counseling Association
	1. [www.counseling.org](http://www.counseling.org)
4. WCA: Washington Counselor Association
	1. [www.wacounseling.org](http://www.wacounseling.org)
5. WMHCA: Washington Mental Health Counselors Association
	1. [www.wmhca.org](http://www.wmhca.org)
6. Washington Association for Play Therapy
	1. [www.wa4pt.wildapricot.org](http://www.wa4pt.wildapricot.org)
7. IFPE: [International Forum for Psychoanalytic Education](http://www.ifpe.org/)
	1. [www.ifpe.org](http://www.ifpe.org)
8. IARPP:International Association for Relational Psychoanalysis and Psychotherapy*.*
	1. [www.iarpp.net](http://www.iarpp.net)
9. Association for Lesbian, Gay, Bisexual, Transgender Issues in Counseling
	1. [www.algbtic.org](http://www.algbtic.org)
10. AMCD: Association for Multicultural Counseling and Development
	1. www.amcdaca.org
11. **American Association of Sexuality Educators, Counselors and Therapists**
	1. [www.aasect.org](http://www.aasect.org)
12. **New Therapist Magazine**
	1. datepalm@newtherapist.com
13. NAMI: National Alliance on Mental Illness
	1. <https://nami.org/About-NAMI?gclid=CjwKCAjw7_rlBRBaEiwAc23rhhhKNS-uKbIVxHqbHfQFA74q8OoALZeW00iBizAahlpbtcWjmX29phoCySAQAvD_BwE>
14. **MAP Alumni Network**
	1. [www.seattleu.edu/artsci/map/alumni/](http://www.seattleu.edu/artsci/map/alumni/)
	2. create alumni consultation groups/bring in ‘outsiders’ – other views
	3. peer consultation groups
15. **Non-negotiable Priorities…**
	1. **Personal Therapy**
	2. **Supervision (for licensure)**
	3. **Consultation**
16. **Training/Certificates**
	1. Domestic Violence
	2. Chemical Dependency
	3. Sexual Abuse
	4. Trauma/Somatics
		1. [https://traumahealing.org](https://traumahealing.org/)
	5. Expressive Arts Institute
		1. <https://seattlearttherapy.org/?mc_cid=6fcbc9b808&mc_eid=df24ce300d>
	6. Focusing with Dr. Kevin Krycka
	7. Grief
		1. <http://www.wisdombridge.net/>
	8. EMDR
	9. DBT
	10. MBSR: Mindfulness Based Stress Reduction
		1. <https://www.cascadiamindfulness.com/>
	11. Gestalt Associates Training
		1. evonne@pspseattle.com
	12. Equity, Diversity, Inclusion
		1. [www.newdirectionsconsulting.org](http://www.newdirectionsconsulting.org)
		2. [www.culturesconnecting.com](http://www.culturesconnecting.com)
	13. Northwest Alliance for Psychoanalytic Study
		1. [www.nwaps.org](http://www.nwaps.org)
	14. COR: Center for Object Relations
		1. [www.nwfdc.org](http://www.nwfdc.org)
	15. Celtic Center for Spiritual Direction and Formation
		1. <https://thecelticcenter.wordpress.com/>
	16. <https://catalog.pesi.com/sales/bh_001269_anxietycertificate_blog-33103>
	17. <https://www.anxiety.org/authors/catherine-pittman-phd-hssp>
	18. [https://livingfullyhuman.com](https://livingfullyhuman.com/)
	19. Greif Work/Training
		1. [http://www.wisdombridge.net](http://www.wisdombridge.net/)
	20. Self Care/Restoration
		1. [https://traumastewardship.com](https://traumastewardship.com/)
17. **CEU’s**
	1. <http://www.doh.wa.gov/LicensesPermitsandCertificates/ProfessionsNewReneworUpdate/MentalHealthCounselor/ContinuingEducationInformation>
	2. Trauma Stewardship
		1. <http://traumastewardship.com>
	3. <https://www.tzkseminars.com>
18. **Volunteer/Externships**
	1. Seattle Psychotherapy Cooperative
		1. [www.psychotherapycooperative.org](http://www.psychotherapycooperative.org)
	2. Wellspring
	3. Operation Mend
	4. Heroes on the Water
	5. YWCA
	6. Recovery Café
	7. Rainier Scholars – Roy Fisher
	8. Foster Care Services
		1. [www.ahomewithin.org/therapy-services/](http://www.ahomewithin.org/therapy-services/)
	9. Alliance Community Psychotherapy Clinic
		1. [www.nwaps.org/alliance-community-psychotherapy-clinig](http://www.nwaps.org/alliance-community-psychotherapy-clinig)
	10. Pongo Teen Writing
		1. [www.pongoteenwriting.org/](http://www.pongoteenwriting.org/)
19. **Teaching/Presenting**
	1. [www.seattlecolleges.edu](http://www.seattlecolleges.edu)
	2. Neighborhood Associations/Community Centers
	3. Seminars
	4. Professional Organizations (see #2 above)
20. **Private Practice**
	1. Victoria Wantuk
		1. <https://www.centralpurposetherapy.com/>
	2. [www.goodtherapy.org/blog/pros-cons-of-starting-private-therapy-practice-0718165](http://www.goodtherapy.org/blog/pros-cons-of-starting-private-therapy-practice-0718165)
	3. <http://fosteringconnection.com/archives/426>
	4. [www.susanhall.com/practice-building-salon](http://www.susanhall.com/practice-building-salon)
	5. [www.therapists.psychologytoday.com](http://www.therapists.psychologytoday.com)
	6. [https://www.theravive.com](https://www.theravive.com/)
	7. <https://www.psychologytoday.com/us>
	8. <https://evolvetothriveconsulting.com/podcast/>
	9. <https://www.therapytribe.com/>
	10. <https://www.therapyden.com/>
21. **Security/Privacy/Confidentiality**
	1. [www.quirkconcepts.com](http://www.quirkconcepts.com)
	2. [www.personcenteredtech.com](http://www.personcenteredtech.com)
22. **VA info and resources**
	1. Free trainings are available for community and clinical providers in King County, funded by the Veterans and Human Services Levy. These trainings cover topics such as military and veteran culture, Traumatic Brain Injury (TBI), Post-traumatic Stress Disorder (PTSD), Military Sexual Trauma (MST), and resources and benefits for veterans. Contact Scott Swaim, at scotts@dva.wa.gov or 206-909-4745.
23. **Loan Repayment**
	1. [www.counseling.org/PublicPolicy/PDF/ACA-Brief-Student-Loan-Programs\_for\_Counselors.pdf](http://www.counseling.org/PublicPolicy/PDF/ACA-Brief-Student-Loan-Programs_for_Counselors.pdf)
	2. <https://nhsc.hrsa.gov/loanrepayment/index.html>
	3. [www.wsac.wa.gov/health-professionals](http://www.wsac.wa.gov/health-professionals)
	4. [www.apa.org/about/awards/his-lrp.aspx?tab=2](http://www.apa.org/about/awards/his-lrp.aspx?tab=2)
	5. www.apa.org/apags/resources/loan-repayment.pdf
24. **Insurance** <http://www.aaupmarshinsurance.com/PersonalInsurance/ProfessionalLiabilityInsurance.aspx>
25. **Attorney**
	1. Stephen Feldman
		1. [www.psychotherapy.net/blog/author/stephen-feldman-jd-phd-marnee-milner-jd-phd](http://www.psychotherapy.net/blog/author/stephen-feldman-jd-phd-marnee-milner-jd-phd)
	2. Bob Smith 206.200.8453

May your work excite your heart,

Kindle in your mind a creativity

To journey beyond the old limits

Of all that has become wearisome.

May this work challenge you toward

New frontiers that will emerge

As you begin to approach them,

Calling forth from you the full force

And depth of your undiscovered gifts.

May the work fit the rhythms of your soul,

Enabling you to draw from the invisible

New ideas and a vision that will inspire.

Remember to be kind

To those who work for you,

Endeavor to remain aware

Of the quiet world

That lives behind each face.

Be fair in your expectations,

Compassionate in your criticism.

May you have the grace of encouragement

To awaken the gift in the other’s heart,

Building in them the confidence

To follow the call of the gift.

May you come to know that work

Which emerges from the mind of love

Will have beauty and form.

May this new work be worthy

Of the energy of your heart

And the light of your thought.

May your work assume

A proper space in your life;

Instead of owning or using you,

May it challenge and refine you,

Bringing you every day further

Into the wonder of your heart.

John O’Donohue