

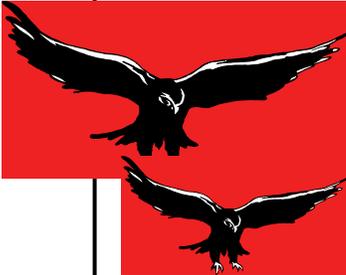
# LeaderTIPS:

## Tools, Ideas, and Possibilities for Success

NOVEMBER 2006

ISSUE TWO:

IDENTIFYING VALUES



“All of us must learn this lesson somewhere—  
that it costs something to be what we are.”

-Shirley Abbott

### INSIDE THIS ISSUE:

Defining Values

Maintaining Values

Implementing Values  
To Make an Impact

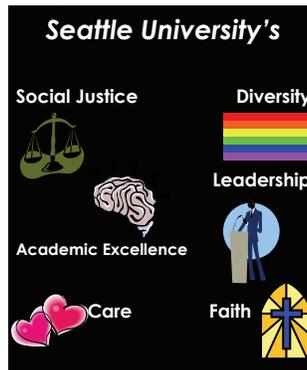
### Defining Values

Principles, standards, or qualities considered worthwhile or desirable by the person or group who holds them. It appears to be beneficial to break down the term ‘value’ into six sub-categories, as follows: ethics, aesthetics, doctrinal, innate, passive, and optional. The ethics category divides values under the premise of right/wrong or good/bad. Aesthetics, on the other hand contains divisions based on the parameters of pleasing/displeasing. Doctrinal values are categorized by political, social, or religious separations. Innate values are simply instinctual, like survival, for example. Passive values are those that are upheld, but not based on personal experience. Optional values can be described as values that need only be practiced occasionally.

(Adopted from  
wikipedia.com)

### Maintaining Values

As you can imagine, maintaining your personal values can be quite challenging. Whether you are dealing with old friends or new faces, your personal values can easily be put to the test. It is in these moments that you will learn not only which of your values are truly important to you, but which people in your life are truly supportive of you. Don’t be afraid to remain true to what you believe in. Be strong!



### TOOL OF THE MONTH

#### -LEADERSHIP LIBRARY-

Stop by the Center for Student Involvement and check out our library! We have books, handouts, and guides relating to any and every aspect of leadership imaginable. See what Leadership Development has to offer you. Feel free to ask our friendly office staff for assistance.

### Changing Values

While it is important to stay true to yourself and the values that define you, it is also perfectly logical that one’s values might transform over time. Exposing yourself to unfamiliar groups of people, traditions, and lifestyles may open your eyes to values you had not previously considered. Don’t be afraid to turn over a new leaf. Embrace it!

### SPECIAL POINTS OF INTEREST:

- *Let us help you! Order a Leadership Take-Out and one of our well-trained staff members will facilitate a workshop catered specifically to your group. Contact oxenhand@seattleu.edu for all of the details.*
- *Want to eat lunch with a leader? Then sign up for the Lunches with Leader series. For more information on this unique opportunity visit: [www.seattleu.edu/getinvolved](http://www.seattleu.edu/getinvolved). Or email [duganm@seattleu.edu](mailto:duganm@seattleu.edu) to sign up!*
- *Bravo! Leadership Development applauds you. We want to hear about someone you know who exemplifies what it means to be a leader. Nominate today at [www.seattleu.edu/getinvolved](http://www.seattleu.edu/getinvolved)*

### Implementing Values: Making an Impact

So, now what? I’ve established all of these great values, but what do I do with them? Or more importantly, what can I do with them? The answer: put your values into action! There are an infinite number of ways this can be done. A few of them can be found in the boxes to the right.

### Values in Action: How to put my values to use

On the Seattle University campus alone there is an abundance of ways.

- Join a club; find a club whose mission is similar to one of your values
- Take a class; find a course that examines the true meaning behind one of your values
- Make a difference; make your value known

### Values in Action: How to be what you believe in

Saying you believe in a value is quite easy and straightforward. Practicing that value can be one of the most challenging experiences you are likely to encounter. Though it may be difficult, require sacrifice, and make you reevaluate certain affiliations you have, in the end it will be worth it.

### SU SPOTLIGHT:



LUNCHES WITH LEADERS  
THURSDAY, NOVEMBER 02

THANK YOU TO  
FATHER SUNDBORG  
FOR JOINING US!