Freshmen Year Adjustment Survey

Here are a few questions that parents can use to help you get a feeling for your son's or daughter's development at Seattle University . A student who can respond positively to the following questions is showing good adjustment to college life and has a high probability of success at SU.

- Can you name four friends that you have made at SU? (Most likely roommate, floor mates, or those involved in student organizations.)
- Do you have at least one activity that you are participating in at SU? (There are over 80 student clubs, organizations, and recreational sporting groups on campus. See a list at www.seattleu.edu/getinvolved .)
- Do you know the day that you are supposed to register for classes? (Students are assigned dates and times based on number of course credits. Freshmen and Sophomores are required to meet with their academic advisor before registering for classes each quarter.)
- Do you know a faculty, staff, or administrative person that you could go to in a time of need? (Most likely a favorite teacher or a Residence Life or Commuter Services staff member.)
- Do you know the locations of the Learning Center, Writing Center, Math Lab, and computer laboratories? (The Learning Center is in Loyola 100, Writing Center in the Engineering 307, Math Lab in Engineering 300; there are computers available in each residence hall, as well as the Engineering Building and the Pigott Building .)
- Have you attended a SEAC event? (The Student Events and Activities Council (SEAC) offers many social activities for students.)
- Have you met your academic adviser? (All students are assigned an academic adviser. The Center for Student Success can help a student find their adviser if they are unsure.)
- Have you found a place to study outside your residence hall room? (The Library, Student Center and Educational Centers in the residence halls are just a few favorites for students.)
- Have you found an off-campus place to study? (The surrounding area is full of coffee shops and the Seattle Public Library is a short bus ride or walk away.)