

STMA 554-01 Art of Spiritual Direction Practicum II

Syllabus

Course Information

Course Number: STMA 554-01 Units : 3

Time and Place

Day: Wednesday
Time: 9:00 a.m. – 11:50 a.m.
Place:
First Day of Class: January 4, 2006
Last day of Class: March 8, 2006

Course Description: This course completes a two quarter practicum in the art of spiritual direction (STMA 553 and 554). In this course, participants continue to see at least two people for spiritual direction, present verbatims within a specific supervisory process, and discuss pertinent readings. This course will focus on particular aspects of the work of direction and common issues that arise: use of the imagination, cultural differences, presence to disabled persons, solidarity in suffering, and others. Prerequisite: STMA 553.

Objectives

- To determine personal goals for growth in the art of spiritual direction
- To grow in the ability to recognize signs of the presence of the Spirit in direction
- To practice interpersonal skills in both spiritual direction and supervision
- To make continuing use of interior movements to respond appropriately to persons in direction situations and to other members of the supervision group
- To formulate a growing understanding of the relational nature of spiritual direction
- To grow in confidence and ability in the process of facilitating the faith life of others
- To determine the appropriate use of the imagination in the work of spiritual direction
- To expand horizons and explore openness to difference in spiritual direction
- To explore a variety of responses to common life experiences expressed in direction
- To give expression to integrated knowledge of spiritual direction through a class presentation

Course Requirements

- 1) Class attendance each week
- 2) Participation in supervision process and small group exercises
- 3) Offering spiritual direction for a *minimum* of two people
Directees should be significantly different in some way
e.g., male and female, older and younger
different cultural heritages

- 4) Four written verbatims, three of which will be presented in class
- 5) Critical and engaged reflection of readings (see below)
- 6) Class Presentation on Spiritual Direction*

*Class Presentation: This class presentation is designed to integrate your experience of serving as a spiritual direction with the knowledge you have gained over time about spiritual direction. Prepare an outline for a presentation of 20 minutes. Presentations should include but are not limited to the following:

- a) What is your present understanding of spiritual direction?
- b) How has your understanding of spiritual direction changed since you began the program, since you started seeing directees, as you are finishing the supervision course?
- c) What are your hopes for the future as a spiritual director, both personally and professionally?

Special Needs

If you have any special learning needs, please inform me early so that arrangements can be made for course requirements to be met.

Appointments and Office Hours

Please call or email for a specific appointment time. The office phone number is 206-296-6958. I can also be reached by email: bumpusm@seattleu.edu

Scheduled Classes and Assigned Readings

Jan. 4 Spirituality of the Spiritual Director

One Verbatim
Conversation about Goals

Assigned Reading:

Mary Rose Bumpus and Rebecca Bradburn Langer, "Supporting Beginning Directors: Participating in the Dance," Ch. 4 in Supervision of Spiritual Directors: Engaging in Holy Mystery.
Maureen Conroy, "What to Look for in Your Spiritual Direction." (In Reader)
Gerald M. Fagan, "The Spirituality of the Spiritual Director." (In Reader)

Written Assignment: Write a paragraph describing two or three (maximum) goals you have for your work in spiritual direction during the quarter and be prepared to discuss these with the class.

- Jan. 11 Guidelines for Transformative Use of the Imagination
- Verbatim One
Verbatim Two
Discussion of Guidelines for Transformative Work with the Imagination
- Assigned Reading:
- Eric Greenleaf, “Introduction” and “Dreaming and Healing,” Ch. 1 in The Problem of Evil. (In Reader)
- Jan. 18 Role of the Imagination in Spiritual Direction
- Verbatim One
Verbatim Two
Exploration of the use of the imagination in spiritual direction
- Assigned Reading:
- William F. Lynch, “Introduction: The City of Man,” “On Hope,” and “On Hopelessness,” Introduction, Ch. 1, and Ch. 2 in Images of Hope. (In Reader)
- Jan. 25 The Presence of God in All Things
- Verbatim One
Verbatim Two
Reflection on the Breadth of Horizons in Spiritual Direction
- Assigned Reading:
- Elizabeth Liebert, “Supervision as Widening the Horizons,” Ch. 8 in Supervision of Spiritual Directors: Engaging in Holy Mystery.
- Feb. 1 Sexuality and God’s Eros in Spiritual Direction
- Verbatim One
Verbatim Two
Reflections on Sexuality and God’s Eros in Spiritual Direction
- Assigned Reading:
- Samuel Hamilton-Poore, “The Given and the Gift: Sexuality and God’s Eros in Spiritual Direction and Supervision,” Ch. 6 in Supervision of Spiritual Directors: Engaging in Holy Mystery.

- Feb. 8 Signs of the Presence of God: TRUTH AND JUSTICE
- Verbatim One
Verbatim Two
Reflection on God's Presence in Experiences of Truth and Justice
- Written Assignment: **Additional Verbatim is Due**
- Feb. 15 Difference in Direction Relationships
- Verbatim One
Verbatim Two
Supporting and Appreciating Difference in Spiritual Direction
- Assigned Reading:
Cleo Molina and Hutch Haney, "Using the Concept of Co-Cultures in Supervision," Ch. 9 in Supervision of Spiritual Directors.
- Feb. 22 Signs of God's Presence: Compassion and Solidarity in Suffering
- Verbatim One
Verbatim Two
Reflection on Experience of Compassion and Solidarity in Suffering
- Assignment: Work on Outline for Class Presentation
- March 1 Compassion and Solidarity in Suffering (continued)
- Presentation I
Presentation II
Presentation III
Reflection on Presence to Disabled Persons
- Assigned Reading:
Susan Phillips, "Regarding the Spiritual Direction of Disabled Persons," Ch. 10 in Supervision of Spiritual Directors.
- March 8 Beginnings and Endings
- Presentation IV
Presentation V
Reflection on Ending Direction Relationships
Closing Prayer

Required Reading

Book

Bumpus, Mary Rose and Rebecca Bradburn Langer, eds. Supervision of Spiritual Directors: Engaging in Holy Mystery. Harrisburg, PA: Morehouse Publishing, 2005.
ISBN 0-8192-1994-0

Reader: Articles and Chapters from Books

Assessment Instrument. Unpublished. Reprinted with permission of instructor.

Conroy, Maureen. "What to Look for in Your Spiritual Direction." Praying 34 (January-February, 1990), 9-11.

Dunn, Tad. "The Praxis of Noticing," Ch. 5 in Spiritual Mentoring: Guiding People through Spiritual Exercises to Life Decisions. HarperCollins, 1991, 84-103.

Fagin, Gerald M. "The Spirituality of the Spiritual Director." Presence: The Journal of Spiritual Directors International Vol. 8, No. 3 (October 2002), 7-18.

Greenleaf, Eric. "Introduction" and "Dreaming and Healing," Ch. 1 in The Problem of Evil: Disturbance and Its Resolution in Modern Psychotherapy. Phoenix, AZ: Zeig, Tucker & Theisen, Inc., 2000, xiii-xviii, 1-21, 36-67.

_____. "Transference and Countertransference." In The Handbook of Ericksonian Psychotherapy. Edited by Brent B. Geary and Jeffrey K. Zeig. Phoenix, AZ: The Milton H. Erickson Foundation Press, 2001), 93-111.

Lonsdale, David. "Consolation and Desolation," Ch. 4 in Listening to the Music of the Spirit: The Art of Discernment. Notre Dame, IN: Ave Maria Press, 1993, 67-93.

Lynch, William F. "Introduction," "On Hope," "On Hopelessness," Intro., Chs. 1 and 2 in Images of Hope: Imagination as Healer of the Hopeless. Notre Dame, IN: University of Notre Dame Press, 1965, 21-62.

"Paraphrase of Ignatian Rules for Discernment." Unpublished. Reprinted with permission of instructor.

Sheehan, Barbara. "The Art of Confrontation in Spiritual Direction." Presence: The Journal of Spiritual Directors International 4/3 (September 1998), 47-54.

"Transference and Countertransference: Outline." Unpublished. Reprinted with permission of instructor.