

## Seattle University School of Theology and Ministry: Pastoral Counseling

### STMC 571 Psychopathology Winter Term 2009

Mondays: 1:30-4:20 Hunthausen 150

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### Required Texts:

American Psychiatric Association. *Diagnostic and Statistical Manual of Mental Disorders, Fourth Edition, Text Revision* (DSM IV-TR). Washington, D.C., 2000.

Barlow, David H. and V. Mark Durand. *Abnormal Psychology: An Interactive Approach*, 5<sup>th</sup> Ed. Belmont CA: Thomson/Wadsworth, 2005/2009.

Sadock, Benjamin J. and Virginia A Sadock. *Synopsis of Psychiatry: Behavioral Sciences/Clinical Psychiatry* 10<sup>th</sup> Ed. New York: LippincottWilliams & Wilkins, 2007.

### Course Description and Goals:

This course presents an understanding of what is considered to be pathological and why, currently and historically. The current categories of pathological conditions are described, both experientially and according to DSM IV-TR. An integrative and holistic, multicultural perspective is used, considering cognition, emotion, and behavior, including biological, psychological, social, and spiritual elements. Assessment and treatment of these conditions is introduced.

Students will learn how to use the DSM, the specific terminology and disorders covered in the DSM, as well as a more inclusive understanding of psychopathology and a broader perspective on how “pathology” is defined by different cultures, societies, and times.

### Requirements:

**Attendance:** Attendance at all sessions is essential to learning, and absences will impact course grade.

**Participation:** You will be expected to read the relevant materials and come to class with questions or comments. This will engage you in the class and demonstrate that you have learned the material and its terminology.

**Research Paper:** Prepare a 7 to 10 page academic research paper written in appropriate format. The topic may be a particular psychological theory as it relates to psychopathology; a particular perspective on a mental disorder; a particular form of treatment for a particular mental disorder; an historical person/pastoral counselor who advanced the understanding of mental and emotional disorders.

Topic is due to the instructor by the end of the third session for review; papers are due at the beginning of the seventh session.

Be prepared to present your learnings to the class, beginning that session. You may read your paper or present your material in a different way.

**Calendar:** (read the material in the texts appropriate to each session's topic prior to class).

Session 1: Introductions: to each other, of the class, of the topic. What is psychopathology, and says who? History of differentiation of "normal" and "abnormal", and the cultural contexts. When does "different" become "psychopathological"? And, to quote the musical "Hair", "why does this word seem so nasty?"

Session 2: Introduction to the DSM (bring your copies to class).

Session 3: Anxiety, what is disorder and what is normal/existential/appropriate? (Paper topics due).

Session 4: Depression, normal, mood, disorder, suicide.

Session 5: Axis II/Personality disorders

Session 6: Psychotic disorders

Session 7: Sexual disorders (Papers due: begin presentations).

Session 8: Religious disorders (Paper presentations).

Session 9: Addictive disorders (Paper presentations).

Session 10: Review, evaluations, loose ends.

**Evaluation/Grading:** Grading will be according to SU's grade categories. It will be based on participation in class demonstrating engagement with and understanding of the material (60%), and the Research Paper, written and oral presentation (40%).

If you will need special accommodations for a diagnosed learning disability or physical limitation, please follow the policies and procedures outlined in the student handbook and contact the instructor.

**Bibliography:** (in addition to the required texts)

Barlow, David H., Editor. *Clinical Handbook of Psychological Disorders*. 3<sup>rd</sup> Ed. New York: Guilford Press, 2001.

Ciarrocchi, Joseph. *A Ministers Handbook of Mental Disorders*. New York: Integration Books, 1993.

Hicks, James. *50 Signs of Mental Illness*. New Haven: Yale U.P., 2005.