Seattle University
School of Theology and Ministry
901 12th Street, Hunthausen Hall
Seattle, WA 98122-1090

Spring Quarter 2007

STMC 572—Pastoral Diagnosis
Hunthausen Hall Rm. # 100
Thurs. 1:30 p.m. to 4:20 p.m.

Rev. Mark Amundsen, D.Min, AAPC, LMHC
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Resources & Texts:

American Psychiatric Association: ***Diagnostic and Statistical Manual of Psychiatric Disorders, 4th Edition, Text Revision.*** Washington, D.C: American Psychiatric Association Press, 2000.

Frances, Allen, M.D., and Ross, Ruth M.A. ***DSM-IV-TR Case Studies.*** Washington D.C.: American Psychiatric Association Press, 2001.

Fauman, Michael A. Ph.D., M.D. ***Study Guide to DSM-IV-TR.*** Washington D.C.: American Psychiatric Association Press, 2002.

Jordan, Merle R. ***Taking on the Gods.*** Nashville: Abingdon Press, 1988.

Ramsey, Nancy J. ***Pastoral Diagnosis.*** Minneapolis: Augsburg Fortress Pub., 2003.

Wiger, Donald E., and Huntley, Debra K. ***Essentials of Interviewing.*** New York: John Wiley & Sons, Inc., 2002.

Description

In this course, Pastoral Counselors in training (PCT) become familiar with the basic principles and methods of mental health assessment and diagnosis appropriate and necessary for master's level clinical practice. The readings and academic assignments required for successful completion of this course are designed to systematically train students in methods of conceptualizing, assessing, and differentially diagnosing the mental and emotional status of clients through the use of the DSM-IV-TR (2000) and complementary classification tools. Current categories of mental disorder diagnosis and related treatment strategies are presented in the context of multicultural, spiritual, and theological understandings of the human person and the multiple pastoral roles and multiple counselor tasks needed for professional, clinical pastoral counseling in the modern Church and world.

This course is designed to meet the core content, coursework equivalency requirement in the area of mental disorder "Assessment/Diagnosis" of the mental health counselor education and licensing guidelines for Washington State (WAC 246-809-221, last updated 5/20/05).

Goals and Objectives

- Pastoral Counselors in training will examine their personal thoughts, feelings, beliefs, and experiences associated with the professional process of mental health "diagnosis." By the end of the quarter, the PCT will have developed the professional knowledge and skills needed to develop a personalized style of Pastoral Diagnosis that is (a) congruent with her/his personality, (b) complementary to his/her religious faith and spirituality, and (c) demonstrates the appropriate and ethical use of the DSM-IV-TR categories and procedures.

- By the end of this quarter, Pastoral Counselors in training will have reviewed all diagnostic classifications listed in the DSM-IV-TR with special emphasis placed on those conditions often encountered in pastoral contexts (e.g., anxiety disorders, mood disorders, substance-related disorders, and personality disorders).

- Through required readings, in-class experiences, pastoral interviews, and professional report writing, Pastoral Counselors in training will be exposed to, become familiar with, and use appropriately the specialized vocabulary of mental health professionals.

- By the end of this quarter, Pastoral Counselors in training will posses the basic skills necessary for conducting a time-limited diagnostic interview with an individual adult, organize the data obtained in the interview using the pastoral diagnostic skills learned in the course, and write a professional psycho-social-spiritual assessment report that includes a multi-axial diagnosis of their interviewee using standard DSM-IV-TR classifications and format.

Requirements:

Attendance/Reading: Class sessions are the primary means by which the instructor and the Pastoral Counselors in training can share the material introduced in the assigned readings and other activities. Therefore, attendance at all sessions of the course is essential. If you know you will need to miss more than one class session during this quarter, please think seriously about taking this core course at a different time.

Mental Disorder Presentation (Due as assigned between Session 6 and 9). Choose one mental disorder classification (preferably a "Personality Disorder" if possible), found in the DSM-IV-TR and plan a 10 minute presentation in class that communicates to your PCT colleagues the diagnostic features of the disorder; associated biological, theoretical, spiritual/religious, or cultural features of the disorder; etiology of the disorder if known, and the incidence of the disorder in the general population. Communicate to the instructor *in writing* the clinical classification that you would like to research and present. No duplicates. Your research should include a complete understanding of the DSM-IV-TR classification of the disorder you choose, secondary sources such as books and Internet websites, as well as two professional journal articles. The format of the class presentation is at the discretion of the PCT but should clearly communicate your ideas to your colleagues. The 10 minute presentation will be followed by 5 minutes of questions and answers from the class.

The "I Believe" Reflective Report (Due May 24): Using the outline provided in class reflect upon your own beliefs/assumptions about the issues raised. Take ***brief*** notes and hand them in at the beginning of class time for Session 2. Then consider over the course of the next few weeks together what has shaped and reshaped these beliefs/assumptions. In a 10-12 page double spaced paper reflect upon ***your*** "Operational Theology" regarding these issues and how they have impacted your journey to become a clinician. It is only upon becoming *reflective practitioners* that we can grow in soul and thus enrich the self and the other in helping relationships.

Pastoral Diagnosis Interview and Report (Due May 31): Using standard "best practices" for mental health interviewing, DSM-IV-TR diagnostic classifications and the "Samaritan Center of Puget Sound Intake Summary (Individual) Form," conduct a 60 minute comprehensive assessment interview with an adult. Then write an attached 5-7 page double spaced report which concentrates upon the following important areas of inquiry: mental health and medical history issues, a psychosocial history including relevant family, social, school, occupational, and religious historical data, and, a clinical and theological assessment of your client. This SCPS form will be handed out in class.

COURSE CALENDAR

Session One (March 29, 07): Introduction to Pastoral/Clinical Diagnosis

Readings for Session One:

Course Syllabus (bring printed copy to class).

- Merle R. Jordon, *Taking* on *the Gods*, Chapters 1 & 2.
- Michael A. Fauman, *Study Guide to DSM-IV-TR,* Chapter 1.

Assignments Due for Session One:

- Be prepared to discuss these questions: (a) According to Jordon, what is the task of the pastoral counselor? (b) How do you respond to Jordon's understanding of the ministry of pastoral counseling? (c) What have been some of the "gods" in your own life/ministry that needed to be taken on? and (d) What is "operational theology?" (consider also "practical atheism").
- Case examinations in class of "Eleanor" (in Jordan) and "Sue Lin" (instructor case presentation).
- From Fauman be prepared to discuss (a) The problem of diagnostic fit and diagnostic uncertainty (b) The case for formalized clinical diagnosis (c) The complications of "differential" and "co-morbid" diagnostic issues, and (d) The distinction and aid to the clinician of the five axes-is it enough?

Session Two (April 5, 07): Mood Disorders and the "Pastoral" in Pastoral Counseling

Readings for Session Two:

- Merle R. Jordon, *Taking on the Gods*, Chapters 4 & 5.
- Nancy Ramsey, *Pastoral Diagnosis,* Introduction.
- Michael A. Fauman, *Study Guide to DSM-IV-TR,* Chapter 7, Mood Disorders (Part One), pp. 171-192.

Assignments Due for Session Two:

- Be prepared to discuss Jordan's views of "hope", "depression" and "unhope," and, his take on "My Yoke is difficult and my burden is heavy."
- Discuss in class Ramsey's notion of the importance of the *person* and *perspectives* of the Pastoral Counselor in her/his diagnostic role.
- Examine in class the concepts, criteria and specifiers of Axis I mood disorders. Be familiar with the vignettes of "Elaine" and "Sandra."
- By this date you should have selected, and received permission from, a person to interview for your Pastoral Diagnosis Interview and Report.

Session Three (April 12): Pastoral Models and DSM-IV-TR Mood Disorders

Readings for Session Three:

- Nancy Ramsay, *Pastoral Diagnosis*, pp. 9-31.
- Michael A. Fauman, *Study Guide to DSM-IV-TR.* Chapter 7 Mood Disorders (Part Two) pp. 171-192.
- Merle R. Jordan *Taking on the Gods.* Chapter 6.

Assignments Due for Session Three:

- A brief discussion on Ramsey's notion of diagnosis and the inherent challenges within certain theories/paradigms.
- Case examinations making a DSM IV-TR mood disorder diagnosis and the clinical vignettes of "Elaine" and "Sandra."
- Preparation to discuss Jordan's "Incarnational" or "skin on" notion of the "authentic practitioner."
- Do you have a client to interview for your Pastoral Diagnosis Report?

Session Four (April 19): Pastoral Diagnosis and Anxiety in DSM-IV-TR

Readings for Session Four:

- Ramsay, *Pastoral Diagnosis*, Chapter Two.
- Michael A. Fauman, *Study Guide to DSM-IV-TR.* Chapter 8.

Assignments Due for Session Four:

- By this date you should have registered with the instructor the mental disorder that you will present to the class.
- Preparation to discuss Ramsey's holistic paradigmatic perspective in the Pastoral Diagnostic process.
- Overview of concepts, criteria and other necessary clinical data for the diagnoses and common problems in making a diagnosis. Clinical vignette of "Nancy" will be examined in class.

N.B. THERE WILL BE NO CLASS ON APRIL 26, DUE TO S.U. MISSION DAY!

Session Five (May 3): Pastoral Diagnosis and the Personality Disorders in DSM-IV-TR

Readings for Session Five:

- Nancy J. Ramsey, *Pastoral Diagnosis,* Chapters 3 and 4.
- DSM-IV-TR, *Personality Disorders* pp. 685-729.
- Michael A. Fauman, *Study Guide to DSM- IV- TR,* Chapter 17.
- Wiger & Huntley, *Essentials of Interviewing*, pp.199-209.

Assignments Due for Session Five:

- Preparation to discuss "Who am I… Really"? in light of Ramsey's formulations of "Pastoral Identity" and it's role in the process of Pastoral Counseling.
- Discussions of each personality (characterological) disorder and its impact upon symptomatic or (Axis I) diagnostic concerns.
- In Frances and Ross - Case Study: A bad man. pp. 291-5.
- In Frances and Ross – Case study: A Woman with an Unstable Life. pp. 295-8
- Familiarity with Wiger and Huntley's "Overview of Selected Diagnoses." These will include some of the most encountered maladies within pastoral/clinical practice.

Session Six (May 10): Class Presentations and also The Psychotic Disorders.

Readings for Session Six:

- Wiger and Huntley, *Essentials of Interviewing*. Read chapters 1-4.
- Michael A. Fauman, *Study Guide to DSM-IV-TR,* Chapter 6.
- Allen Frances and Ruth Ross, *DSM-IV-TR Case Studies,* Chapter 4.

Assignments Due for Session Six:

- Mental Disorder Presentations 1, 2, 3, and 4 (You will be assigned a presentation number by the instructor).
- Class discussion. Psychoses; to treat or not to treat. The challenges of diagnosing and dealing with psychotic persons in psychotherapy.
- Review the cases of "The Woman Who Believes She has Telepathic Powers," (Schizophrenia) p. 74, and the case of "A Restaurant Owner Under Siege," (Delusional) p.91.

Session Seven (May17): Class Presentations and also Substance Related Disorders

Readings for Session Seven:

- Wiger and Huntley, *Essentials of Interviewing.* Chapters 5-8.
- Michael Fauman, *Study Guide to DSM-IV-TR,* Chapter 5.
- Nancy J. Ramsey, *Pastoral Diagnosis,* Chapter 6.

Assignments Due for Session Seven:

- Mental Disorder Presentations 4, 5, 6, and 7.
- Class Discussion regarding Pastoral counseling and the Substance Related Disorders.
- Review the case of "A Young Mother Whose Drinking is Out of Control."
- Preparation to examine Ramsey's ideas around responding to sin as the universal human condition/tragedy. How does this compare/contrast to Jordan's Ideas about "The gods?"

Session Eight (May 24): Class Presentations and the Adjustment Disorders.

Readings for Session Eight;

- Nancy J. Ramsey, *Pastoral Diagnosis,* Chapter 7.
- Michael A. Fauman, *Study Guide to DSM-IV-TR,* Chapter 16, "Adjustment Disorders."
- Wiger and Hunley, *Essentials of interviewing,* Chapter 9.

Assignments Due for Session Eight:

- The "I Believe" Reflective Report.
- Mental Disorder Presentations 9, 10, 11, and 12.
- Understand the core concepts, necessary clinical information and also the making of the diagnosis.
- Review the case in Fauman, "Nuts to You Please." pp. 367-8.
- Understand the importance of mental health documentation and it's ramifications

Session Nine (May 31): Class Presentations and Mental Disorders Due to a Medical Condition.

Readings for Session Nine

- Merle R. Jordan, *Taking on the gods,* Chapter 3
- Michael A. Fauman, *Study Guide to DSM-IV-TR.* Chapter 4.
- Merle R. Jordan. *Taking on the gods.* Chapter 3.

Assignments Due for Session Nine

- Pastoral Diagnosis Interview and Report.
- Mental Disorder Presentations 13, 14 and 15.
- Understand the core concepts, core criteria and other necessary clinical data for making the diagnosis and *how to refer* persons to appropriate medical professionals.
- Professional boundary and competence discussion.

Pastoral Diagnosis Report due during class on May 31st. You may send the report thru E-mail (by May 31st before class time) on two conditions: (a) you follow HIPPA regulations and have no identifying information in the report, and (b) you confirm that I have received the file. Until confirmation of receipt from me, an electronic submission has NOT been received.

Evaluation/Grading

Grading for the required reports and assignments will be assessed according to Seattle University's Grading System: A = Superior Performance; B = Good Performance; and C = Minimal Performance for graduate courses. Your final grade will be based on your participation and cumulative growth in achieving the goals and objectives of this course and the STM program in which you are enrolled.

Each requirement for this course will be weighted as follows:

25% ***Reading*** **and** ***active*** **participation in course exercises and discussions**
25% **Mental Disorder Presentation**
25% **The "I Believe" Report**
25% **Pastoral Diagnosis Interview & Report**

Bibliography

Barlow, David H., Editor. *Clinical Handbook of Psychological Disorders*. 3rd Ed. New York: Guilford Press, 2001.

Ciarrocchi, Joseph W. *A Minister's Handbook of Mental Disorders*. New York: Integration Books, 1993.

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Dziegielewski, Sophia F. *DSM-IV-TR in Action.* Hoboken: John Wiley and Sons, 2002

First, Michael B. and Tasman Allen. *Clinical Guide to the Diagnosis and Treatment of Mental Disorders.* Hoboken: John Wiley and Sons, 2006.

Jongsma, Arthur E., and L. Mark Peterson. *The Complete Adult Psychotherapy Treatment Planner*. 3rd Ed. Hoboken: John Wiley and Sons, 2003.

Kaplan, Harold I., and Benjamin J. Sadock. *Synopsis of Psychiatry: Behavioral Sciences/Clinical Psychiatry.* 10th Ed. Philadelphia: Lippincott Williams & Wilkins, 2002.

Hunter, Rodney J. Ed. *Dictionary of Pastoral Care and Counseling.* 2nd Ed. Expanded, Nashville: Abingdon Press, 2005.

Kok, James R., and Arthur E. Jongsma. *The Pastoral Counseling Treatment Planner*. Hoboken: John Wiley & Sons, 1998.

Maxman, Jerrold S. and Ward Nicholas G. *Essential Psychopathology and its Treatment.* 2nd Ed. Revised. New York: Norton Publishers, 1995.

Millon, Thoedore, Blaney, Paul H., Davis, Roger D. Eds. *Oxford Textbook of Psychopathology.* Washington D.C.: Oxford University Press, 1999.

Morrison, James. *Diagnosis Made Easier.* New York: The Guilford Press, 2007

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Scharf, Richard S. *Theories of Psychotherapy and Counseling: Concepts and Cases*. 4th Ed. Stamford: Brooks/Cole, 2007.

Thomson PDR Staff. *PDR Drug Guide for Mental Health Professionals*. 2nd Ed., Revised, Illustrated. Montvale: Thomson, 2004.

VandenBos, Gary R. Ed., *APA Dictionary of Psychology.* Washington D.C.: American Psychological Association, 2007.

Wicks, Robert J., Richard D. Parsons, and Donald Capps, Editors. *Clinical Handbook of Pastoral Counseling, Volume 1*. Expanded Edition. New York: Integration Books, 1985.

Wicks, Robert J., and Richard D. Parsons, Editors. *Clinical Handbook of Pastoral Counseling, Volume 2*. Expanded Edition. New York: Integration Books, 1993.

Zuckerman, Edward L. *Clinician's Thesaurus: The Guidebook for Writing Psychological Reports*. 6th Ed. New York: Guilford Press, 2005.