STMM 563
History of Christian Spirituality
Fall Quarter, 2007
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Class meets in: Hunthausen 100 1:30-4:20 Mondays

Course Description

This course provides an introduction to the history of Christian Spirituality by examining different periods and perspectives within the tradition. In addition to a general overview of the major movements, concerns and personalities, selected texts and images will be studied to examine experiences of conversion and spiritual growth, mysticism and prayer, community and compassion. The course will also consider the wisdom of the tradition as a resource for contemporary issues.

Course Goals

*That students will have a general overview of the history of Christian Spirituality with an awareness of its major movements, personalities and issues;

*That different styles of prayer, community, and engagement with the world will be examined in various eras, cultures and religious perspectives;

*That students will have read significant primary texts in Christian Spirituality and make use of secondary source material in exploring the historical/spiritual trend under study;

*That students will explore how the collective wisdom of the tradition continues to offer insights today;

*That students will explore contemporary appropriations (written, experiential and creative expressions) of some of the historical traditions being studied.

Required Reading

Holt, Bradley, *Thirsty for God*, Fortress Press, 2005.
OR
Shaldrake, Philip A Brief History of Spirituality, Bladwoll By

Sheldrake, Philip. A Brief History of Spirituality, Blackwell Publishing, 2007.

A booklet of primary source reading will be distributed for each class session. Immediacy of reading the primary source material is paramount for engaging the texts. These resources will be reproduced by SU Reproduction Department and will be distributed by the instructor. The cost of reproductions will be incurred by the student.

Recommended:

Cunningham, L. and Eagan, K. *Christian Spirituality: Themes from the Tradition.* Paulist Press, 1996.

Mursell, Gordon, ed. The Story of Christian Spirituality, Fortress Press, 2001.

Sheldrake, Philip. Spirituality and History. Crossroads, 1992.

Selected Bibliography on Spirituality

Crossroad History of Christian Spirituality

McGinn, Bernard, Meyendorff, John and Leclercq, Jean eds. *Christian Spirituality: Origins to the Twelfth Century.* 1985.

Raitt, Jill, McGinn, B.and Meyendorff, J. Ed. *Christian Spirituality: High Middle Ages and Reformation*. 1987.

Durpe, Louis and Saliers, Don, eds. *Christian Spirituality: Post Reformation and Modern.* 1989.

McGinn,	Bernard.	The Foundations of Mysticism: Origins to the Fifth Century. 1992.	
	. The Grow	th of Mysticism: Gregory the Great through the 12^{th} Century. 1994.	
	The <i>Flowe</i>	ring of Mysticism: Men and Women in the New Mysticism-1200-1550. 199	98.

The Classics of Western Spirituality: A Library of the Great Spiritual Masters. New York: Paulist Press. This series provides informative introductions to selected texts in critical translations. If you have a favorite classic, you can not go wrong in purchasing the Paulist edition of the text!

See attached bibliographies to the texts for other helpful resources.

Accountability

- 1. 60% of the class will be evaluated on active participation in class discussions and processes and reading of assigned material.
- 2. Written Work: 40% of the evaluation.
 - **a.** Journaling/scrape booking key quotes, ideas, images from the class sessions. The last five minutes of each class session will be devoted to this form of synthesis. This record can be integrated into the final integration project. You may find it helpful to trace a theme, issue, image or concern through the readings. This can be done in whatever creative style works for the participant.
 - **b.** A synthesis/ appropriation-either written/other form of artistic expression which reflects the student's attempts to integrate the course material into his/her own life and ministry. While the final synthesis project should demonstrate a mature and

intellectually credible grasp of the material (i.e. a sense of historical context, interpretative skill, critical appreciation and appropriation etc.), the project/synthesis paper should also demonstrate the student's creative integration of the material into the particulars of his/her ministry or work. Synthesis assignments due Dec. 10. Further information will be given in class.

Tentative Schedule of Class Sessions

This outline is tentative and can be modified according to need at the Instructor's discretion.

Session 1:	Focus: Getting Started Introduction to the course and each other Review of the proposed plan Getting our feet wet!					
Preparation	for Session 2:					
	Prayer:					
		rly Christian Spiritualities				
	Reading:	Martyrdom Martyrdom of Perpetua and Felicity packet Sheldrake, pp. 1-39 OR Holt, 1-54				
Session 3: Praye	er					
	heme: Dese Reading: I packet	ristian Spiritualities ert Spiritualities: Spiritual Direction Prayer and Spiritual Direction in Desert Mo pp.40-72 OR -69	onasticism			
Session 4: Praye	er		_			
Focu		ristian Spiritualities esert Spiritualities: Evagrius and the Inner life	e of			
Session 5:	271					
Flaye	zı		_			
Focu	ıs: Celtic Sn	iritualities and Augustine				

Theme: Grace and Journeys

Packet on Celtic spiritualities and Augustine and Pelagius

Holt, 69-87

Session 6: Prayer:
Focus: 12 th and 13 th centuries: The Beguine and Mendicant Movements Packet on the Beguines and Clare Sheldrake, pp. 73-105 OR Holt, 87-98
Session 7:
Prayer: Focus: Medieval Spiritualities and Sensibilities Theme: Apophatic and Kataphatic Spiritualities; Labyrinth
Packet on 14 th c. English writer of <i>The Cloud of Unknowing</i> Julian of Norwich, Showings
Session 8:
Prayer:
Focus: Reformation Theme: Freedom in Luther and Ignatius; Protestant Spiritualities Packet on Luther and Ignatius and Church Affiliation in the 16 th Century: Missionary Movements Sheldrake, pp.106-138 OR Holt, 99-115
Session 9: Prayer:
Focus: Carmelite Spiritualities Theme: Spiritual Ups and Downs in John and Teresa and Spiritual Marriage in Teresa Packets on Carmelite Spirituality Sheldrake, pp. 204-209 OR Holt, 203-208
Synthesis Work: Dec. 10th