



## What we can help members with:

#### Health/Medical

- Navigating different levels of transition within healthcare.
- Improving communication between caregivers and physicians.
- Finding resources that specialize in pediatric care needs (home health, behavioral health programs, skilled facilities, hospice, educational care, etc.).
- Finding providers that accommodate care needs (home health, rehab, skilled facilities, hospice, assisted living, etc.).

#### Caregivers/Family

- Providing guidance on how to start difficult conversations with family members (changes in family dynamics, emotional support, etc.).
- Accessing an online support platform for secure document storage and easy communication between family members and Care Coaches.
- Improving peace of mind by offering objective support that makes difficult care decisions less emotional.

#### Financial/Legal

- Understanding the costs associated with care and how to prepare for them.
- Walking through legal documents needed for care and referring to legal experts when necessary.
- Reviewing policies and educating members about how health and personal care are paid for (Medicare, Medicaid, VA, Insurance, Long Term Care Insurance, etc.).

# Health conditions our coaches can assist with

- Cancer
- ♥ Stroke/Traumatic Brain Injury
- ♥ Heart Diseases (COPD, CHF, etc.)
- Special Needs
- Diabetes
- ♥ Behavioral Health
- Diseases of the brain (Alzheimer's, Parkinson's, MS, etc.)

And more...

Stress less and be more present with your loved ones.

We help relieve the anxiety of caring for loved ones with our Caregiver Support Platform.



### Connect with us!

To work with a Care Coach: www.cariloop.com/seattleu

A FREE employee benefit provided by

